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Sermĭ

Gamma-ray Space Telescope

Cosmic Rays, interstellar voyagers





how do cosmic rays travel?

> how do they disperse?

how fast do they travel?





JULY, 1928

SUMNER BLOSSOM Editor

Super-Rays Reveal Secret of Creation





wicked facts & beautiful models

VOL. 113, NO. 1

super rays to reveal gas









local cosmic-ray energy density





cosmic-ray feedback on galaxy evolution

SeeV CRays self or interstellar confinement? diffusion coeff κ(E)? how uneven κ(E)? halo extent? push winds

> added pressure

push fountains

> against cloud collapse

more compressibility

> alter gas accretion

GeV CRays as gas tracers > 100 TeV CRay
acceleration?
sources?

delayed+displaced energy transfer

diffuse-dense gas circulation

> ionisation & . chemistry

> > < 100 MeV CRays
> > sources?
> > diffusion properties?
> > why strong variations?</pre>



AIM



gas-rich dwarf galaxies

• $M_{tot} = 10^{11} \text{ M}_{\odot}, M_b = 10^9 \text{ M}_{\odot}, \text{ SFR} \sim 1 \text{ M}_{\odot}/\text{yr}, \text{ starting from smooth gas } \& \text{ smooth B}$ multiphasic gas down to 9-pc resolution, ideal MHD with RAMSES



3 10²⁸ m²/s

$u_{turb} \& u_{CR} > u_{therm} \& u_B$ on 100-200 pc scales

netic energy 10^{-13}	density [erg, 10^{-12}	$/cm^{3}]_{10^{-11}}$	Turbulent kinetic energy density $[erg/cm^3]$ 10^{-14} 10^{-13} 10^{-12} 10^{-11}				Thermal energy density [e 10^{-14} 10^{-13} 10^{-12}		
ropic diffusion	$\kappa = 3 \times 10^{28}$	$^{8}\mathrm{cm}^{2}/\mathrm{s}$		1120		. 1			
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gas & star-formation response to cosmic rays

• R > 2 kpc : increased P_{CR} pressure => SFR suppressed by < 50% \bigcirc R < 2 kpc : increased P_{CR} and x3.5 where e_{CR} \gtrsim 1-2 eV/cm³ => SFR suppressed by 2.5 not SN-induced turbulence, but role of increased fountains? gal. wind?









low-energy, ionising cosmic rays







low-energy cosmic-ray gradients

• from Voyager CR data : $\zeta_{CR}^{H} = (1.51 - 1.64) \times 10^{-17} \,\mathrm{s}^{-1}$ Cummings+2016



transfer ('m.t.', solid blue; Pinto & Padovani+2022. 20 times larger in the range 7-b2 eV antimes dauger the updated 7- $X^{1}\Sigma_{a}^{+} \rightarrow b^{3}\Sigma_{u}^{+}$ excitation cross section Σ_{a}^{+} for $du^{3}\Sigma_{u}^{+}$ unproperty theorem latter difference is especially important condificerterizeation of thely i spectrum of secondaries below the Hypicon second second december of second second aries below the Hypicon second second december of the second second december of the second december o X.3. Spectrum of secondary electron We extend the solution of the balance vege attend the solution of the balance vege attends the solution of the solution of the balance vege attends the solution of the balance vege attends the solution of the solution o sections adopted for its derivation. sections adopted for Padovani et al. (2018b), $\frac{-18}{E^{\alpha}}$ $IU^{-} = 10^{3} = 10^{4}$ MeV (H, e) or MeV per nucleon (He) $k^{IS}(E) = C$. 2

the different components, and the

$\zeta_{CR}^{H} \approx 0.65 \zeta_{CR}^{H_2}$

Fig. 2. Energy loss function for electrons Figli2 in Farity Hasi function for electron for electrons Figli2 in Farity Hasi function for electrons Figli2 in Farity Hasi function for electrons for the second tesone foorton the property find how in is het been desive for the times the property and the delation of the second rotational transition 18= Galli 2008) idhereotation a Eurghesital or al = 1988; 2v (bodic benden alinitistic Eurghesital or al = 1988; 2v (bodic benden alinitistic Eurghesital or ali = 1988; 2v (bodic benden alinitistic European alinit $v = 0 \rightarrow 1$ (solid red line; Yoon et al. 2008) $\theta_{n} \rightarrow v = (\Omega + v) = (\Omega +$ and singlet states (solid orange and magemal single states weby; Scarlete and magenta, lineis atespe stilled y and itest field a gall a good is training training and magemal single and in a general magemal and magemal and magemal single and magemal single and magemal and mage (solid grey line; Blumenthal & Could 1973al Radoeyaliner 212018b); and Gynchroffon; (Rolidvyellowaline) 18th lie heiseyne hop to a devidi yet low 2018b) Sch Dash-dotted brown lines show the Coulo Dashester book for ionisation lie actions mb, lespes at 100K fordid for a tion are to and 10-7 and 10-7

factor of $\simeq 3$ larger between 0.05 and actor V for the starger different 0.05 by a larger between 0.05 and a low V for the starger different 0.05 by a larger between 0.05 and a low V for the starger difference of the starger between 0.05 and a low V for the starger difference of 0.05 and 0.05 are the starger of 0.05 are the assumption on temperature and orthassupprioration, tend is up to and ortho-to-para ratio, and is up to Eq. (2).

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Species k E_0 [MeV] C 2.1×10^{18} 710 -1.3 2.4×10^{15} $p \pmod{\mathscr{L}}$ 650 0.1 2.4×10^{15} $p \pmod{\mathscr{H}}$ 650 -0.8

et al (2021), down to 0.5 eV to computed the secondary electron V to established to the secondary electron view of the second and the second speckrum at various H₂ column densipteestrukte at scaribecked the upp densities. We also checked the effect of a change in the composition for the for the formation of the medium, including a fraction of He equal to $\simeq 20\%$ (see Table that in Heleganil et al 20% (see Table A 1 in Parts, but the following section protonal due to the following the section protonal due to the following the section of th 2018b). However, the additional contribution How by spectrum of ional contribution to the spectrum of ronton 12 whole (single information) secondaries is on average smaller than 300 danies is the reformation of the show the regard it. For completeness, in Appendizand, its Fohownape energy, in Appendix space is dominated by the acameter by the acame loss sunction for electrons colliding with Henetions and the cross olliding with the excitation and the secondary index these Excitation reason, se ivation consider a single parameterisation for quisider ya Single purantet For the calculation of the secondary Felecheon alperatum, we he secondary electron Fig. strum, we (see right panel of Fig. 3). assumed the analytic form for the intersteller of the speak of the form from for the interstellar GR spectrum from the interested in the this workmove densiting the speak of $\frac{\text{protons}_{\text{vani} et al. (20)}}{6 8} = -20$ $\frac{6}{10} \frac{8}{E} = C \frac{10}{(E + E_0)^{\beta}} eV(2) s^{-1}$ ties typical por molecular cloud corties (Mppical 10f Protecular cloud we first needed to determine M_{PW} [the spectreeded interstellarine ¹ CRs⁻² is attenuated as it propagates within is antelevated about dp. Mapa

where k = e, p. The adopted values of the parameter The, deputed values ing-dowparapproximation, according ing values appropriation









low-energy cosmic-ray induced interstellar chemistry

variations in column densities through the cloud





How do GeV cosmic rays travel?





3 fundamental modes of MHD turbulence

0.5 F

0.4

0.2

0.1

0

 $k^{-(\sim 5/3)}$

2

energy fraction as a function of the sonic and Alfvénic Mach numbers

 $\delta \theta$

 $\delta\theta \sim \frac{\delta B}{\Delta B}$

 B_0

raction Alfvén transverse wave driven by magnetic tension propagating along B at v_A .

 $B_0 = B_{local}$

 $\boldsymbol{\omega}$

k

Large Eddies (II Plane

cascading and anisotropy of the slow mode imposed by Alfvén modes





cosmic-ray transport modes





gyro-resonant pitch-angle diffusion $B_0 = B_{local}$ pitch angle $\mu = \cos \theta_{pitch} = \frac{\vec{p} \cdot \vec{B}}{pR} = \frac{v_{\parallel}}{\cdots}$ $v_{\perp} = v$ $\mathbf{k}_{\parallel}\mathbf{v}_{\parallel} - \boldsymbol{\omega}_{\mathbf{r}} = \pm \mathbf{n}\,\boldsymbol{\Omega}_{\mathbf{gvr}}$ $B_0 = B_{local}$ $\delta \theta_B$ $\delta\theta_B \sim \frac{\delta B}{B_0}$

gyro-resonant scattering on all MHD waves, in particular Alfvén waves, mediated by the Lorentz force

gyro-resonance when the Doppler-shifted rotation rate ω_r of a circularly polarised wave is a multiple of the CR gyro frequency.

=> interaction with the rotating \vec{E} of the Doppler-shifted wave rotating in the same direction and at the same frequency as the CR rotation in its rest frame.

• n = 1 for Alfvén waves propagating // B₀ $\omega_r = kv_A$ hence $k_{\parallel}(v_{\parallel} - v_A)$



described by diffusion with scattering deviation $|\delta\theta| \sim \delta\theta_{\rm B} \sim \delta B/B$

and scattering frequency

diffusion mean free path

$$\nu_{sc} \approx \frac{\left\langle \delta \theta^2 \right\rangle}{\delta t} \sim \nu_{gyr} \left(\frac{\delta B}{B_0} \right)^2$$
$$\lambda_{sc} = \frac{\beta c}{\nu_{sc}} \propto R_{gyr} \left(\frac{B_0}{\delta B} \right)^2$$

$$\kappa_{\parallel} = \frac{1}{3} \lambda_{sc} \beta c = \frac{1}{3} \frac{\beta^2 c^2}{\nu_{sc}} \propto R_{gyr} \left(\frac{B_0}{\delta B}\right)$$

$$(Y_A) = \pm \Omega_{gyn}$$

$$\kappa_{\parallel} = \int_{-1}^{+1} \frac{v^2(1-\mu^2)}{4\nu_{sc}} d\mu$$

$$F \downarrow v_{\perp} = \int_{-1}^{+1} \frac{v^2(1-\mu^2)}{4\nu_{sc}} d\mu$$

$$r_{\perp} = \int_{-1}^{+1} \frac{v^2(1-\mu^2)}{4\nu_{sc}} d\mu$$









transit-time damping (TTD) = transit-time surfing

surfing the wavefront of oblique compressible fast and slow wave modes v_{ϕ} =phase velocity of the compression wave.

- intersection point M between the wavefront and the mean local B moves at speed $v_M = \frac{dl}{dt} = \frac{v_{\phi}}{\sin \alpha}$
- surf if CR moves at $v_{\parallel} = v_M$
- + small range of small α given the large v_{\parallel} of CRs
- \bigcirc n = 0 mode

 - lacksim CR gains/looses p_{\parallel} from the wave \overrightarrow{E} field

 - hence wave damping

• no specific resonant scale : turbulence over all scales $l > R_{gvr}$ contributes to scattering.

- TTD unable to scatter CRs at small pitch angles
- => TTD contributes to scattering, but only if another process has distributed CRs to $heta\gtrsim 60^\circ$



stochastic gain because head-on interactions between CR and wave are more frequent than head-tail interactions (2nd order Fermi acceleration)



B line perpendicular diffusion



• if $\lambda_{\parallel} > L_{inj}$: $\langle y_{cr\perp}^2 \rangle \propto t^3$ $\sim \kappa_{\perp} \propto M_A^4$

 κ_{\perp} diffusion largely due to **B** line wandering

fast gyro-resonant diffusion vs. slow mirroring diffusion

small net µ change if CR remains along the same line bundle

• but super-diffusion of B lines during the CR propagation = CRs follow \neq B lines after bouncing back

gyro-resonant scattering at low pitch angles populates the large-pitch angle domain for mirror diffusion : $\mu_{crit}(E_{cr})$ • mirror scattering for only small fraction of the CR population => the average κ_{\parallel} of the CR population close to the gyro-resonant one



$$\frac{1}{3} \Rightarrow \mu < \mu_{crit}(B) \Rightarrow \mu < \mu_{crit}(E_{CR})$$

CR diffusion in tangled magnetic fields

in super-Alfvénic turbulence, gas turbulent motions drag B lines in complex twists



free gyration around B lines induces an effective diffusion in space mean free path = coherence length of B

slows down CRs in addition to the gyro-resonant scattering

important in

- low-B environments
- molecular clouds



which waves scatter CRs ?





damping of MHD waves

- Landau damping because the wave \vec{E} field tends to synchronise the ions more accelerated than decelerated ions => wave damping
- non-linear Landau damping by ions in the beat wave formed by 2 almost-co-propagating waves mirror force acceleration for $v_i \approx v_{beat}$
- turbulent damping : shearing of two counter-propagating MHD eddies
 - efficient if crossing time \approx turnover time
 - induces the energy cascade to smaller scale
- Goldreich & Sridhar 1995

- depends on M_A and scale
- ion-neutral damping
 - ion-neutral momentum transfer in collisions, but also neutral viscosity
 - dominant in neutral gas phases (WNM, CNM, DNM, H₂)

Landau 1946







scattering on pre-existing MHD turbulence

inefficient scattering on anisotropic Alfvén modes

- small scattering efficiency preserved at small scales from the isotropic fast modes (but $\leq 20\%$ of MHD turbulence energy, if not damped) small role of slow modes
- ion-neutral damping for scales such that $E_k < E_{dam}$
 - + Alfvén modes $E_{dam,A}$
 - slow modes $E_{dam,s}$
 - + fast modes $E_{dam,f}$
- very fast diffusion in the WNM 0.1 **3 10**²⁷ for all Galactic CRs κ_{\parallel} [cm²/s] E_{dam,s} • slow diffusion in $H_2 > TeV$ └dam,A 0.08 2nd-order Fermi (re)acceleration [pc] 0.06 _____ ک 0.04 inefficient scattering for On Alfvén CRs < 10 TeV outside the Galactic halo **6 10**²⁶ 0.02 10³ 10^{2}





scattering on self-excited waves

$$\Omega_0 = \Omega_{class} = \gamma \Omega_{gyr}$$

$$(k) = \frac{\pi^2}{2} \frac{q^2 v_A}{ck} \int \frac{v(1-\mu^2)}{cp} \left[\delta(\mu + \frac{m\Omega_0}{kp}) + \delta(\mu - \frac{m\Omega_0}{kp}) \right] \frac{\partial f}{\partial \mu} p^2 dp dp$$

how fast do cosmic rays travel?

∮ermi

how fast, uneven, anisotropic is diffusion?

- Steady-state approximation often holds
 - + Alfven-wave dark regions where $\overrightarrow{B} \perp \overrightarrow{\nabla} P_{CR}$
- $> \kappa_{\parallel}$ variations by 50 to 1000 in multi-phase ISM

if self-streaming CR transport with waves and CRs fully coupled

- diffusion anisotropy varies with M_A and ionisation fraction
- super-diffusion perpendicular to B, but also often along B

highly uneven & (an)isotropic IF self-excited scattering

HIM

cosmic-ray composition vs. solar abundances

> 99% nuclei (\sim 89% protons, \sim 10% He, \sim 1% heavier nuclei) + 1% electrons Spallation reaction products in the interstellar medium

cosmic-ray composition vs. solar abundances

99% nuclei (~ 89% protons, ~ 10% He, ~ 1% heavier nuclei) + 1% electrons
 spallation reaction & products in the interstellar medium

simplest leaky box model

- steady state between source input and loss + escape
- ISM grammage crossed before escape: $X(p) = n_{ISM} \beta(p) c T_{esc}(p)$
- Spallation reactions in the ISM secondary source input
 - secondary spallation losses

• steady state
$$\Rightarrow M_2 \left[T_{sp2}^{-1} + T_{esc}^{-1} \right] = M_2 \left[n_{ISM} \sigma_{2 \to 3} \beta c + T_{esc}^{-1}(p) \right] = Q_2 = n_{ISM} \sigma_{1 \to 2} \beta c M_1$$

• 2dary/lary ratio $\frac{M_2(p)}{M_1(p)} = \frac{\sigma_{1 \to 2}}{\sigma_{2 \to 3} + X^{-1}(p)}$
 M_2
 $M_$

$$\frac{1}{M_1} \to X(p) \propto T_{esc}(p) \propto \kappa^{-1}(p)$$

$$\frac{M_2}{M_1} \propto p^{-\delta} \Rightarrow D(p) \propto p^{\delta}$$

5 1021

• $X \approx 10 \text{ g/cm}^2 \text{ or } N_H \approx 4 \ 10^{24} \text{ cm}^{-2}$ radioactive secondaries : CR clocks • $T_{esc} \approx 10-20 \text{ Myr}$

$$\frac{M_a(p)}{T_{sp}(p)} + \frac{M_a(p)}{T_{esc}(p)} = Q_a(p)$$

$$Q_2 = \frac{dM_2}{dt} = n_{ISM}\sigma_{1\to 2} \beta c M_1$$
$$T_{sp2} = (n_{ISM}\sigma_{2\to 3} \beta c)^{-1}$$

 $\frac{H^2}{\kappa(p)} = T_{esc}(E) \propto \kappa(p)^{-1}$

 $\int n_{\rm H}.dl \approx 4 \ 10^{24} \ {\rm em^{-2}}$

1D - 2D - 3D diffusion codes

mean uniform diffusion coefficient in the Milky Way

 $\kappa(GeV/n) \approx 10^{28-29} \text{ cm}^2/s, \quad l_{scat} \approx 3\kappa/c \sim 1 \text{ pc}$

cosmic-ray composition vs. solar abundances

but 2 classes of CR primaries, with secondary contamination

but 2 classes of secondaries

AMS-O2 Xu+ ICRC 2023

AIM

total cosmic-ray power

10% of the total power of supernova explosions in the Milky Way Dogiel+2002

outer-space collection

McComas+ 2019

R_{TS}= 117 au, centred on -32 au tail, +12 north, +27 port Auger, IceTop HAWC, LHAASO 1 au FRA ACR MY

Pamela, AMS, CALET, DAMPE 1 au

SERVICE.

Voyager 2 out 5/11/18 now 135.8 au

e± probed by radio synchrotron 30 haloes piled-up by Chan-ges

remote sensing of \gtrsim GeV cosmic rays

radio tracing difficulties

• $B_{ISM} \approx 2 - 20 \mu G$, $v_{radio} = 0.1-10 \text{ GHz} => 0.1 \le E_e \le 50 \text{ GeV}$ in the unknown spectral range where significant change in slope • B_{\perp} variations along the line of sight and in the telescope beam

if
$$n(E_e) = \kappa \left(\frac{E_e}{E_0}\right)^{-p}$$

 $S_{\nu} \propto \int \kappa B^{\frac{1+p}{2}} \nu^{\frac{1-p}{2}} dl$

radio tracing problem

- $^{
 m O}$ collapse of "elongated" clouds along B with $h_{\parallel}>R_{\perp}$ and mass $M\propto
 ho R^2 h_{\parallel}$
 - virial equilibrium $c_s^2 \propto \Phi_g \propto \rho h^2$ and magnetic flux : $BR^2 = cte \Rightarrow B \propto c_s \rho^{1/2}$
- why don't we see the dense clouds in synchrotron emission ?

• equipartition between magnetic and kinetic (thermal+turbulent) energy densities: $\frac{B^2}{2\mu_0} \propto \rho \sigma_v^2 \Rightarrow B \propto \sigma_v \rho^{1/2}$

