



*Cosmic Rays,
interstellar
voyagers*

Isabelle Grenier
Université Paris Cité & AIM CEA Saclay

how fast, uneven, anisotropic is diffusion?

- if self-streaming transport

- steady-state approximation often holds

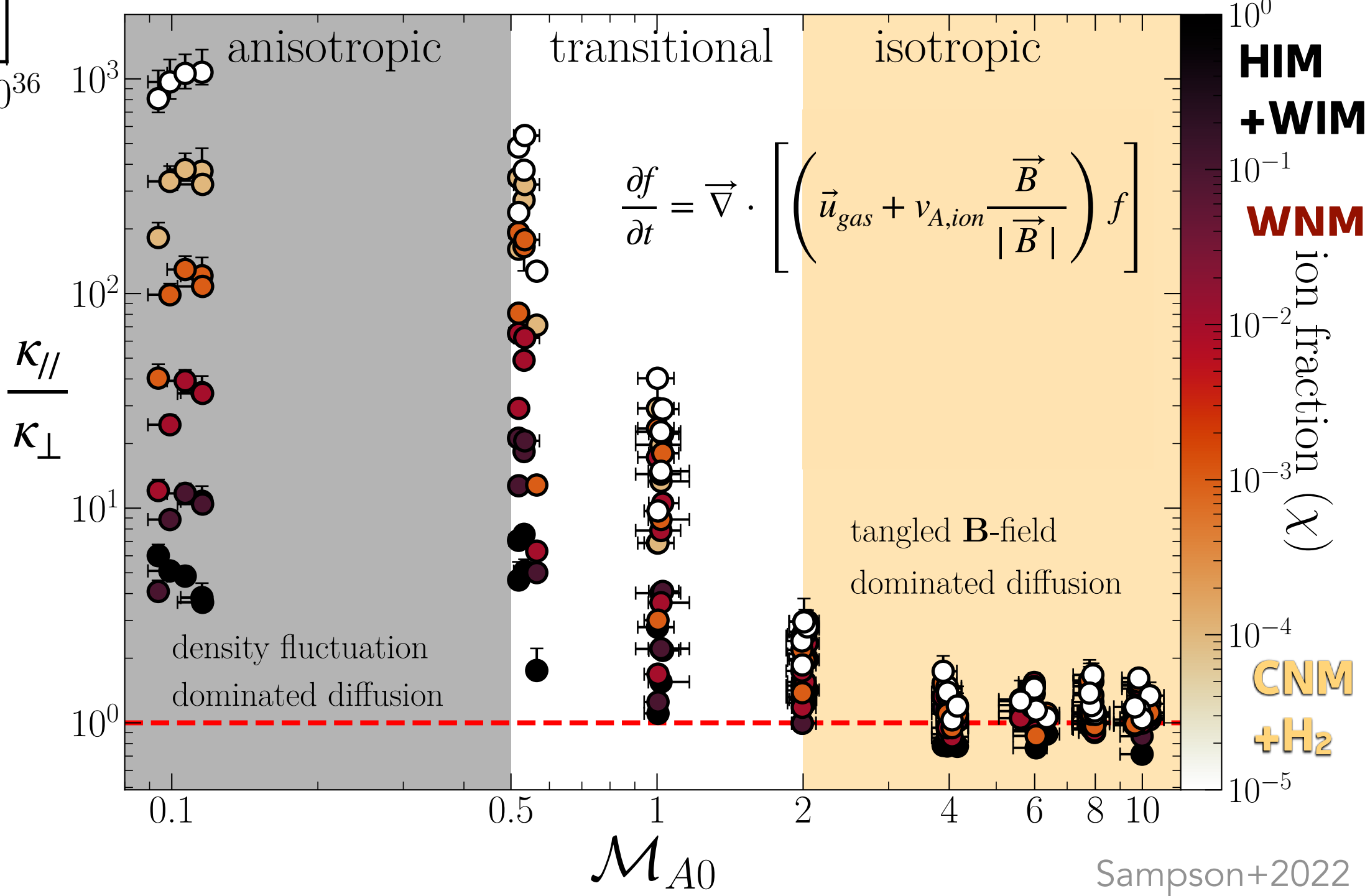
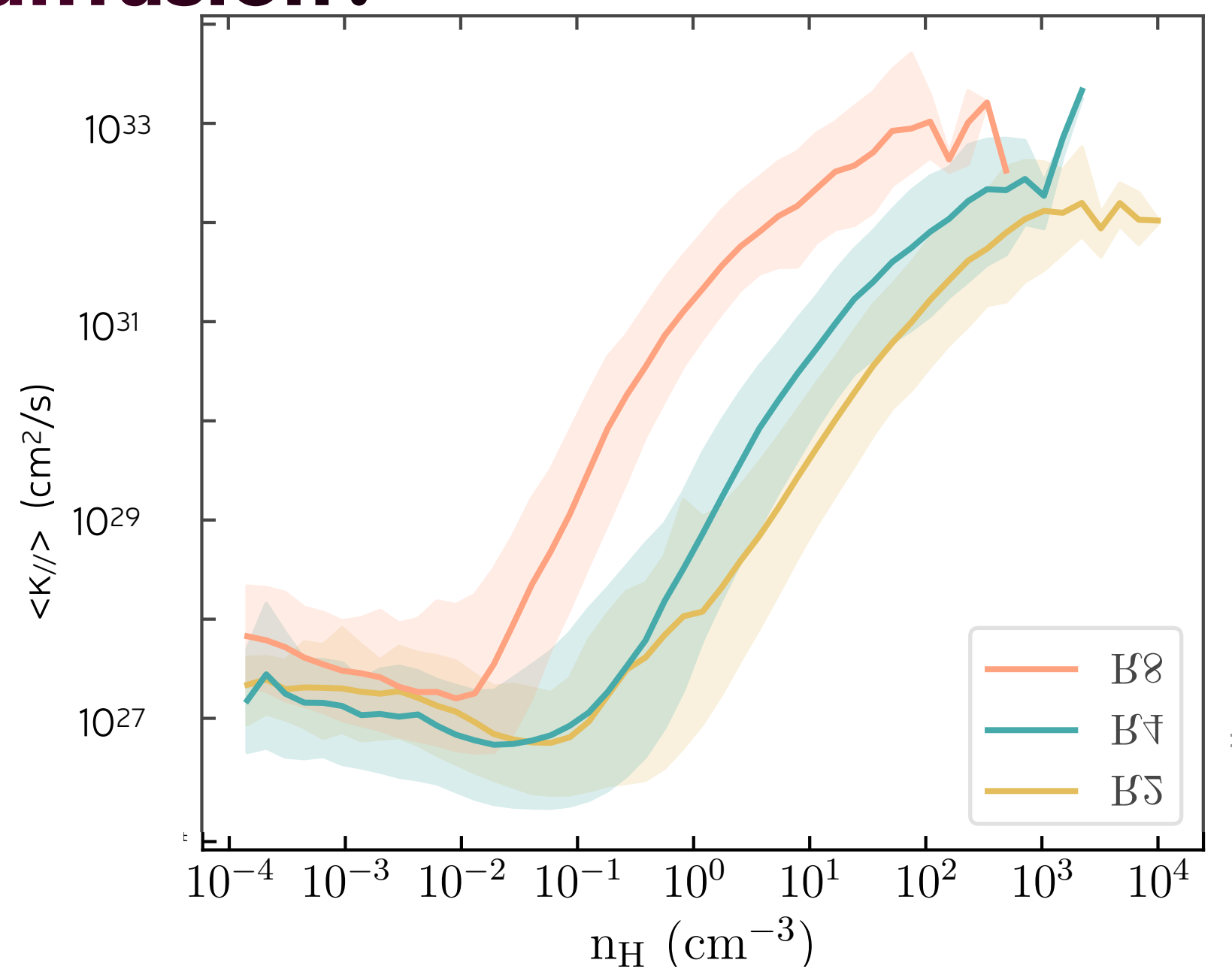
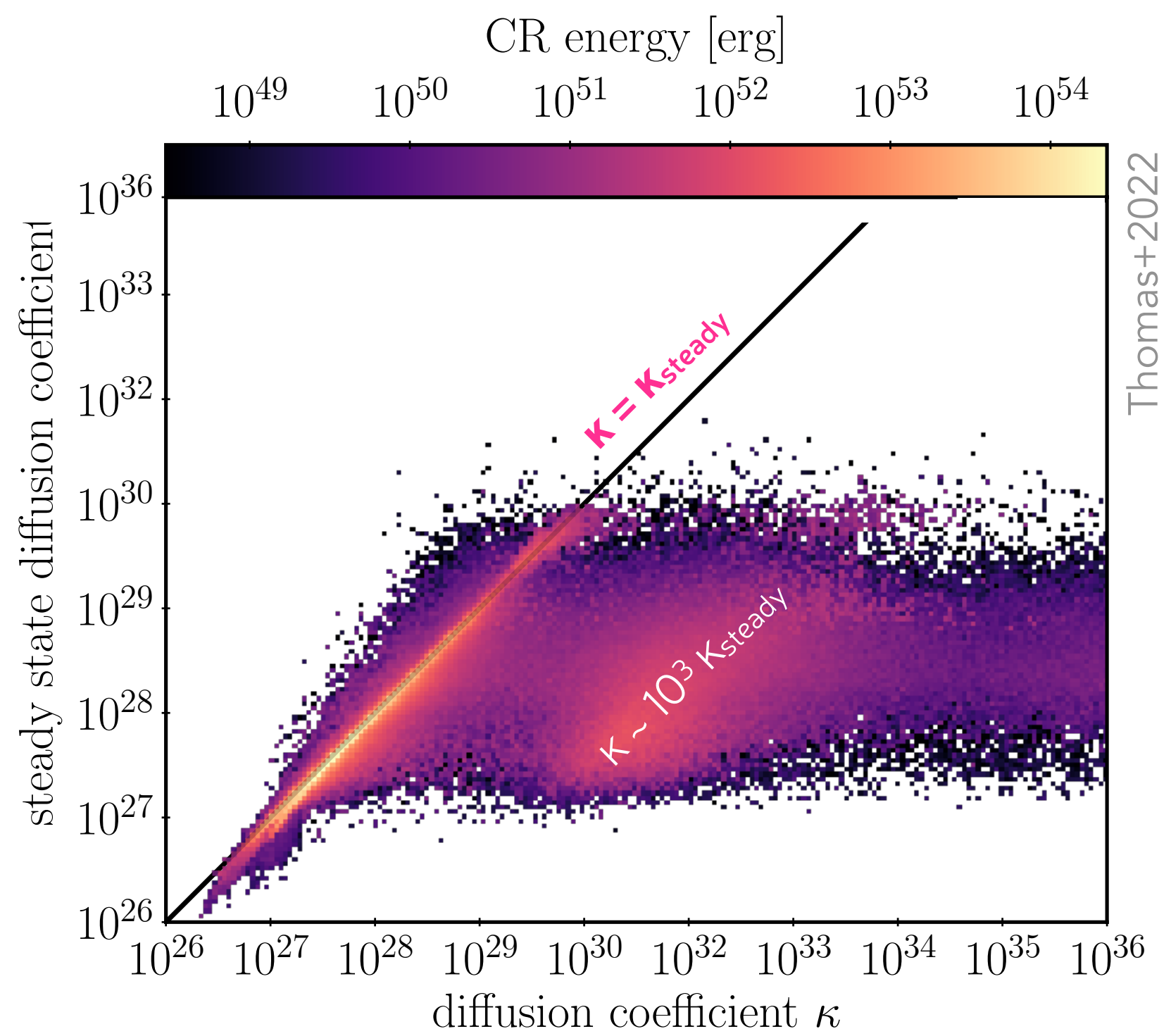
- + Alfvén-wave dark regions where $\vec{B} \perp \vec{\nabla} P_{CR}$

- κ_{\parallel} variations by 50 to 1000 in multi-phase ISM

- if self-streaming CR transport with waves and CRs fully coupled

- diffusion anisotropy varies with M_A and ionisation fraction

- super-diffusion perpendicular to B, but also often along B



highly uneven & (an)isotropic
IF self-excited scattering

Col du Midi cosmic-ray lab (1943-1955)

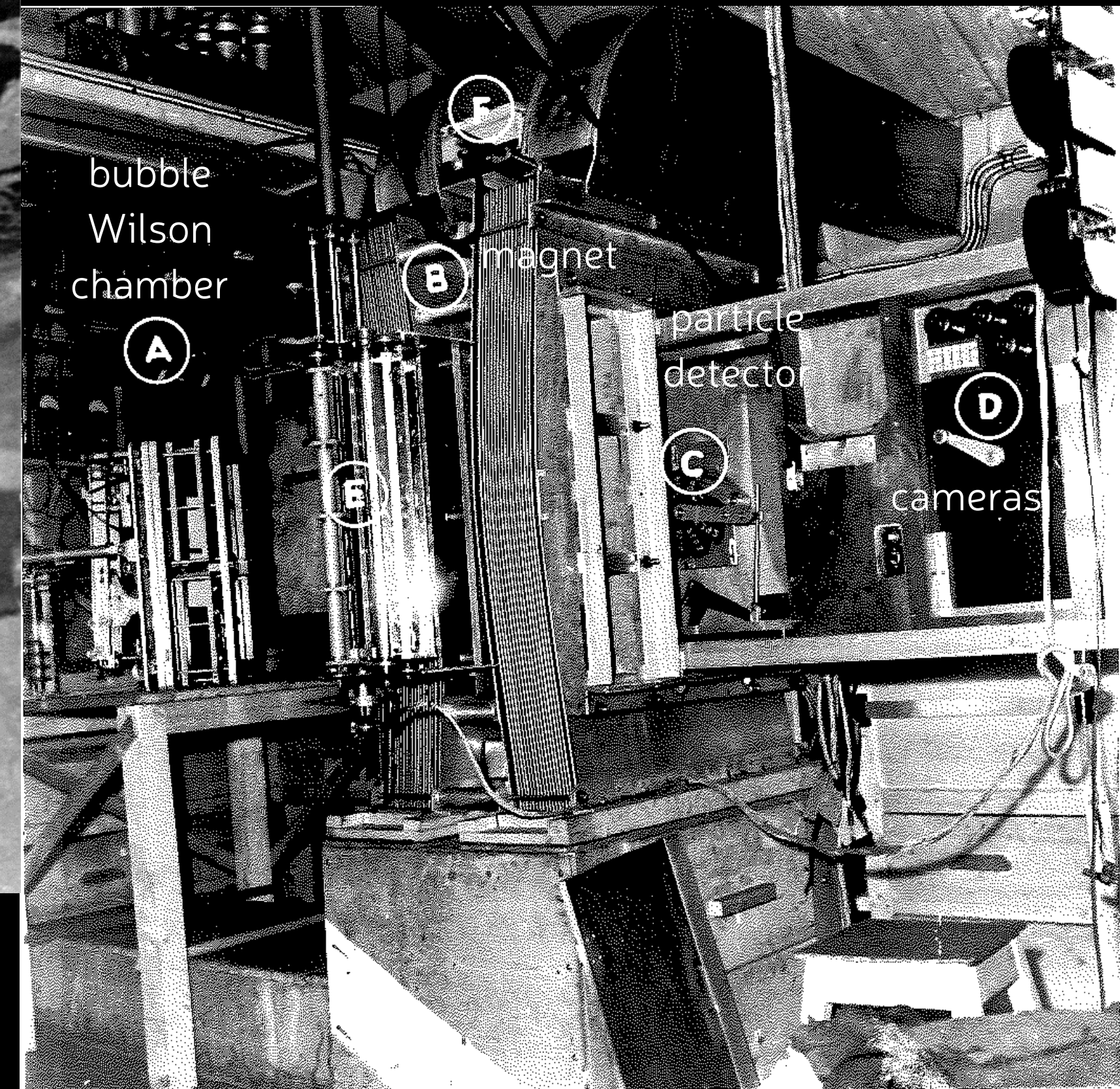
- Louis Leprince-Ringuet



Ancien laboratoire des rayons cosmiques au Col du Midi (3600 m); le nouveau refuge a été construit sur cet emplacement. Sur le balcon, Louis Leprince Ringuet devant le Mont Blanc du Tacul.



Câble de transport aérien entre le laboratoire et le terminus de la benne de service du Col du Midi



bubble
Wilson
chamber

A

B

magnet

particle
detector

D

cameras

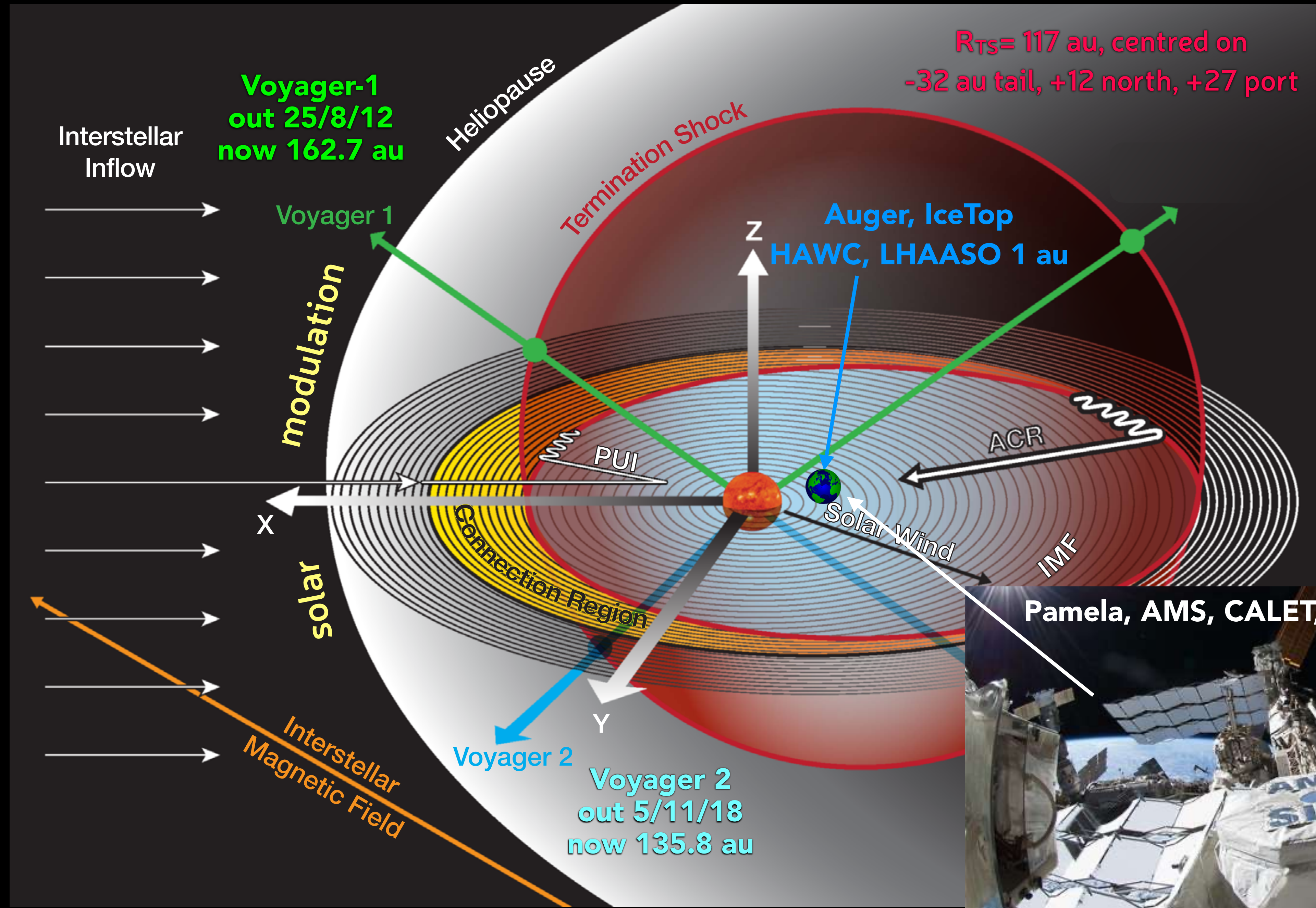
C

E

F

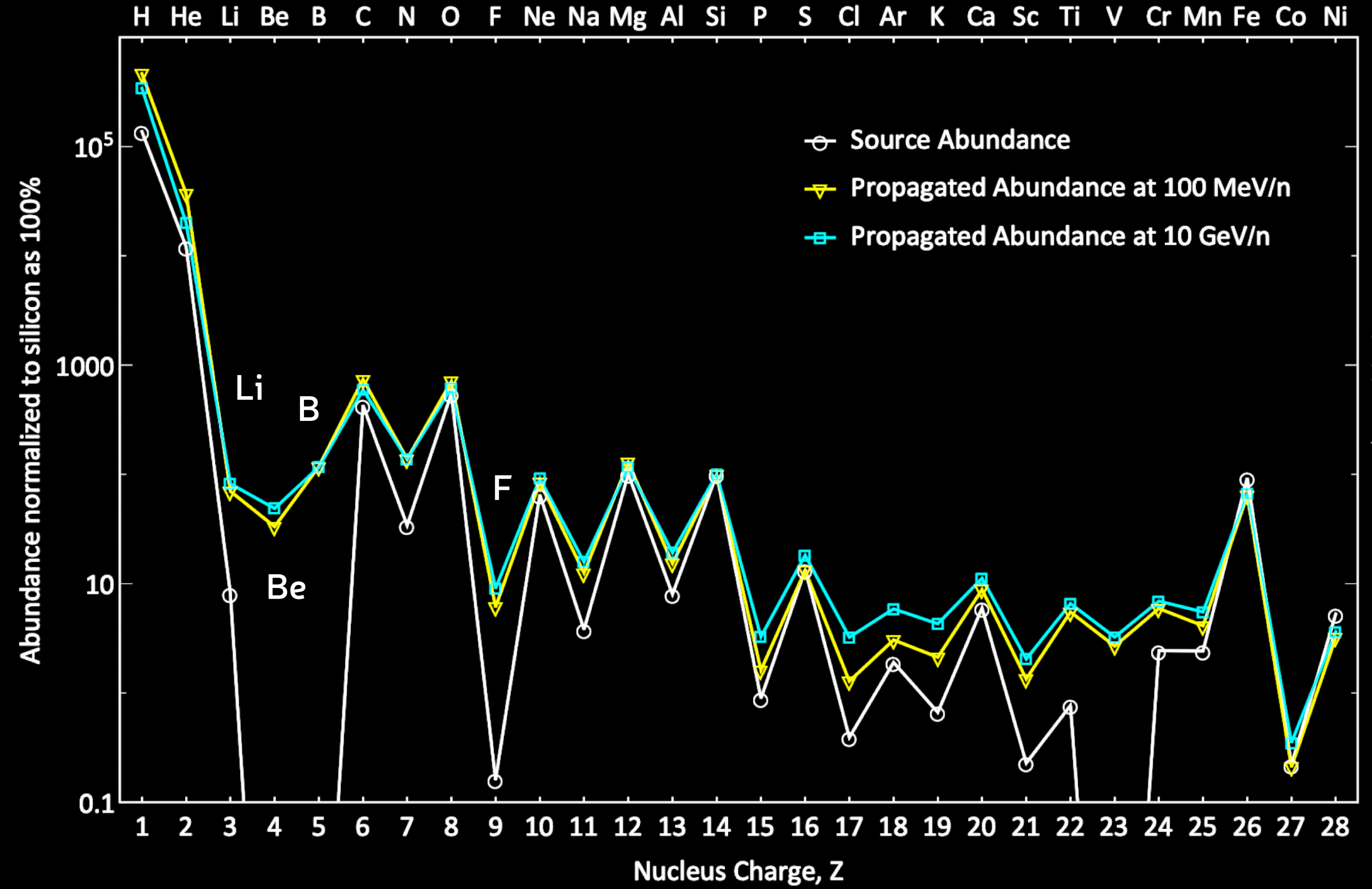
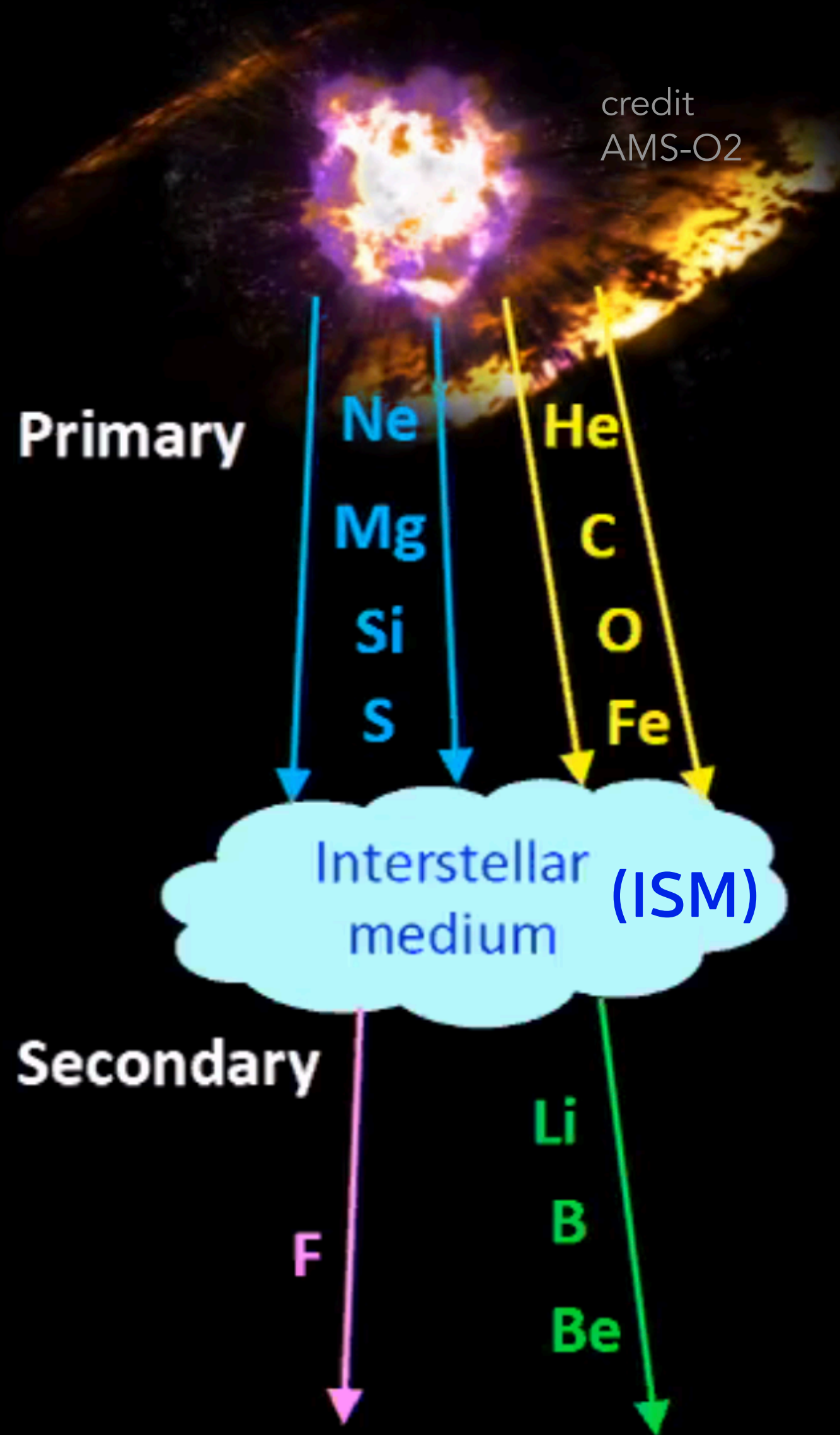
outer-space collection

McComas+ 2019



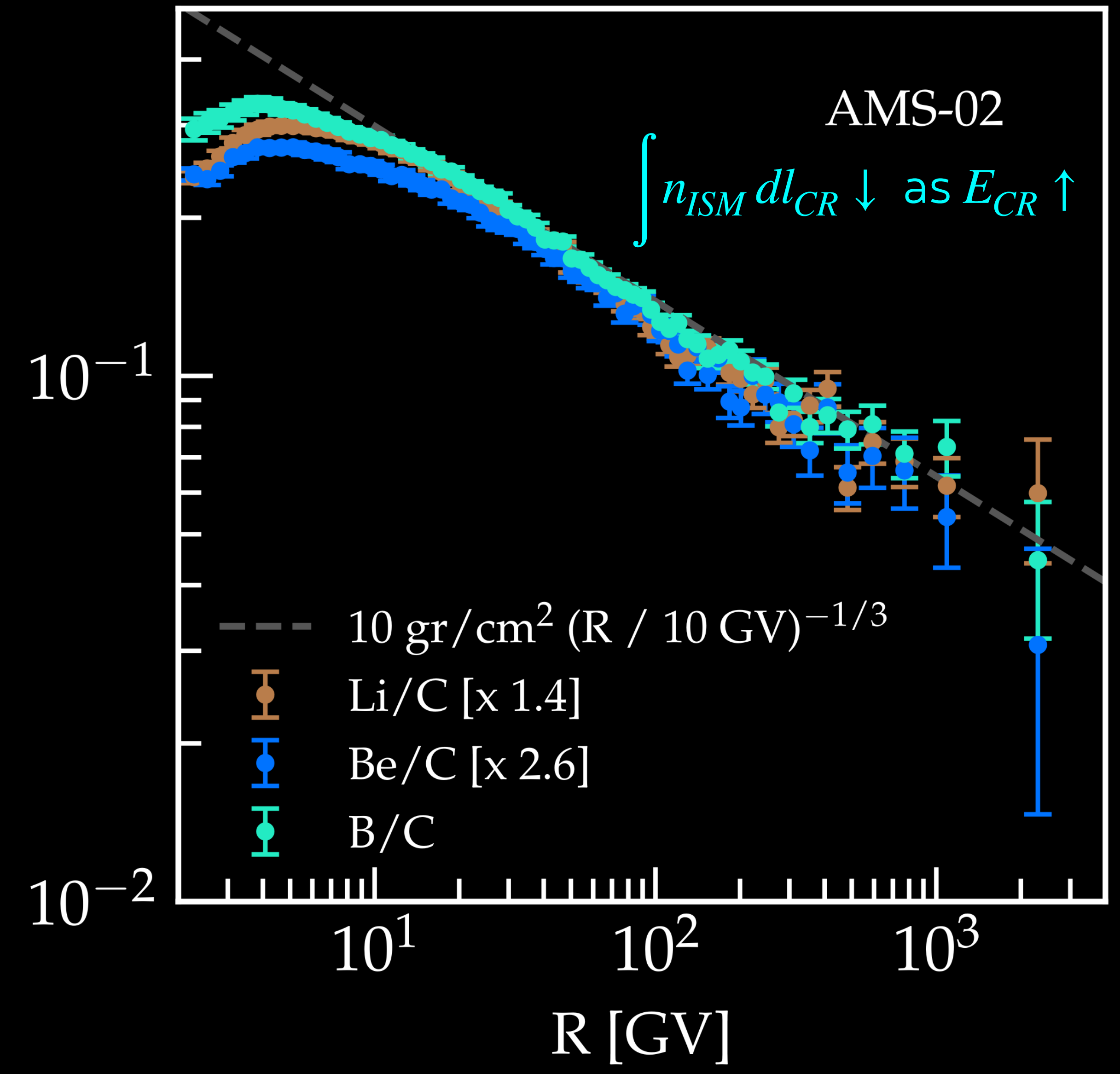
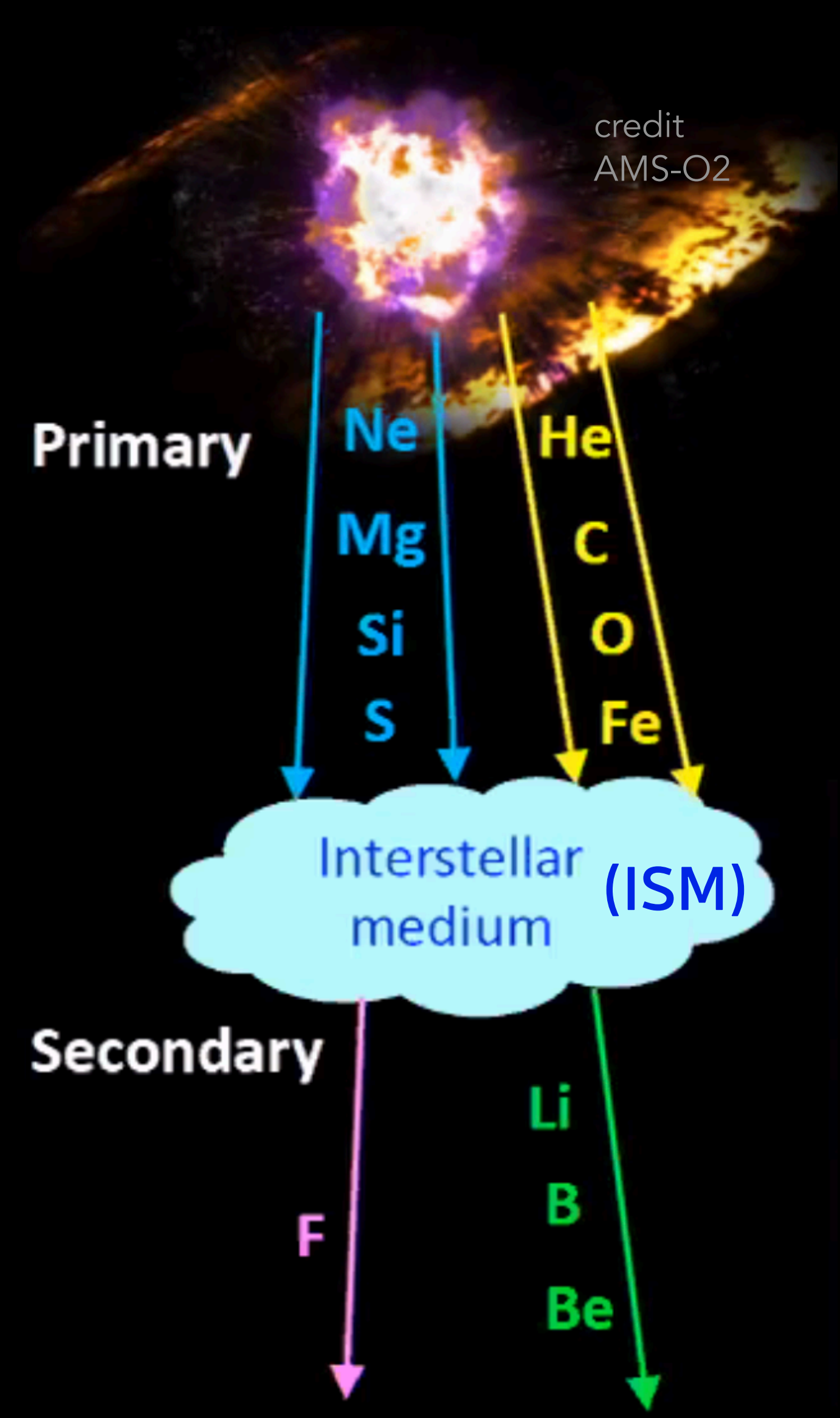
cosmic-ray composition vs. solar abundances

- 99% nuclei (~ 89% protons, ~ 10% He, ~ 1% heavier nuclei) + 1% electrons
- spallation reaction products in the interstellar medium



cosmic-ray composition vs. solar abundances

- 99% nuclei (~ 89% protons, ~ 10% He, ~ 1% heavier nuclei) + 1% electrons
- spallation reaction & products in the interstellar medium



simplest leaky box model

- steady state between source input and loss + escape

$$\frac{M_a(p)}{T_{sp}(p)} + \frac{M_a(p)}{T_{esc}(p)} = Q_a(p)$$

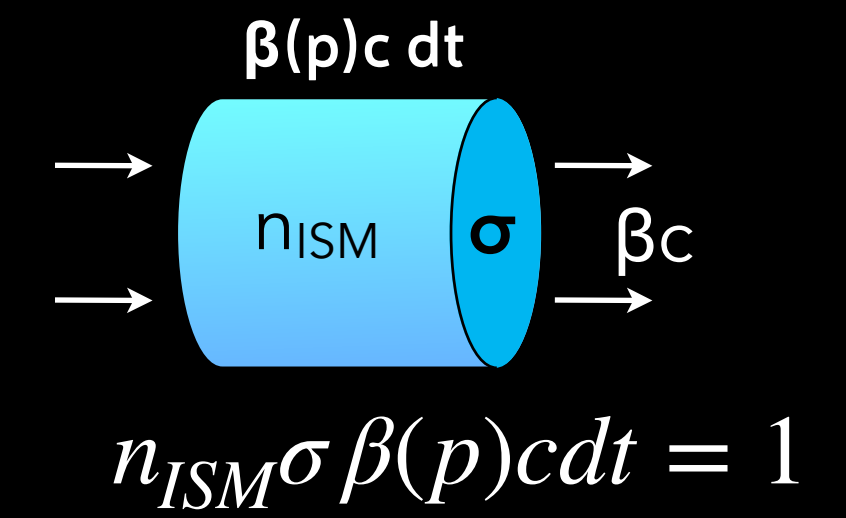
- spallation reactions in the ISM
- secondary source input

$$Q_2 = \frac{dM_2}{dt} = n_{ISM} \sigma_{1 \rightarrow 2} \beta c M_1$$

- secondary spallation losses

$$T_{sp2} = (n_{ISM} \sigma_{2 \rightarrow 3} \beta c)^{-1}$$

- steady state $\Rightarrow M_2 [T_{sp2}^{-1} + T_{esc}^{-1}] = M_2 [n_{ISM} \sigma_{2 \rightarrow 3} \beta c + T_{esc}^{-1}(p)] = Q_2 = n_{ISM} \sigma_{1 \rightarrow 2} \beta c M_1$



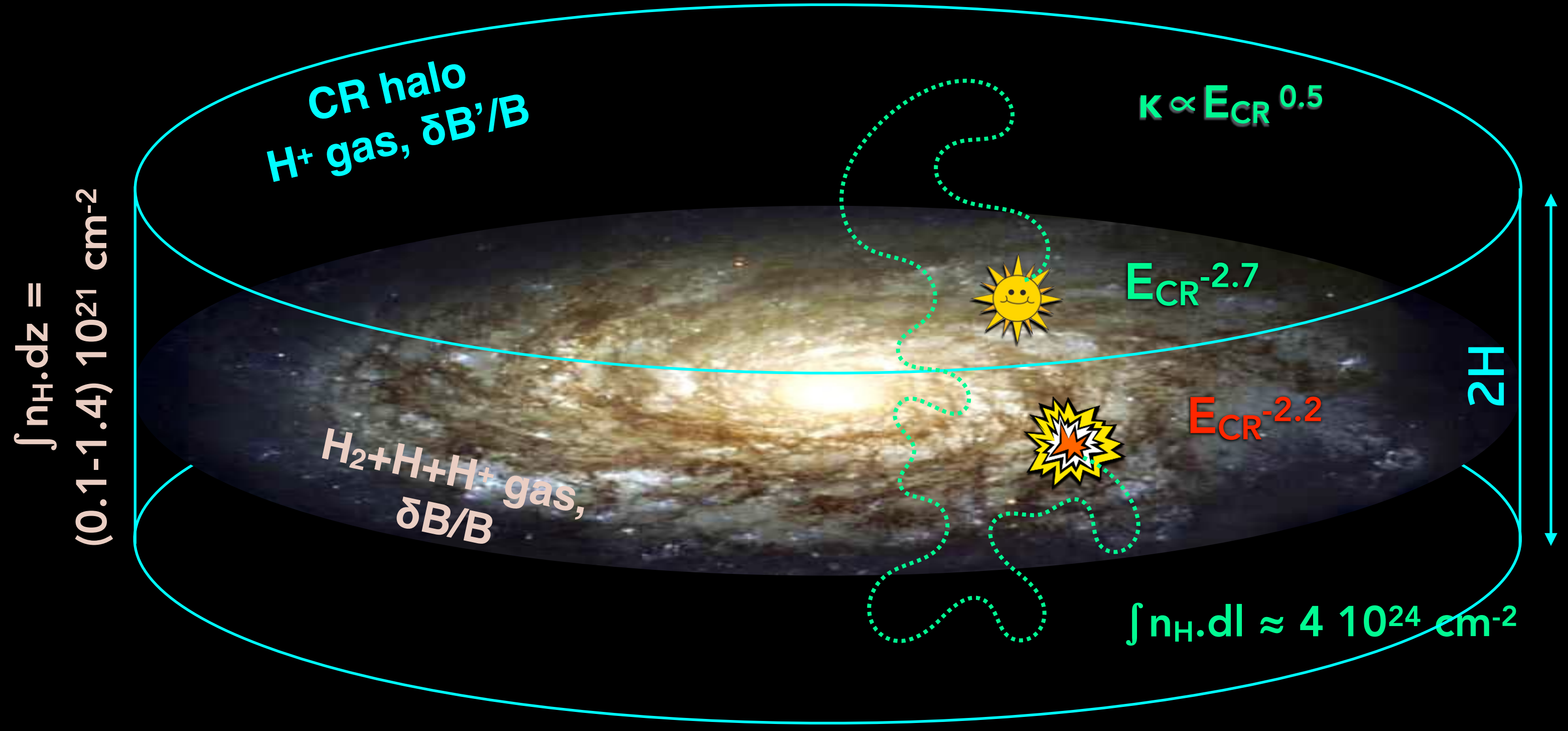
- ISM grammage crossed before escape: $x(p) = n_{ISM} \beta(p) c T_{esc}(p)$

$$\frac{H^2}{\kappa(p)} = T_{esc}(E) \propto \kappa(p)^{-1}$$

- 2dary/1ary ratio $\frac{M_2(p)}{M_1(p)} = \frac{\sigma_{1 \rightarrow 2}}{\sigma_{2 \rightarrow 3} + x^{-1}(p)}$

$$\frac{M_2}{M_1} \rightarrow x(p) \propto T_{esc}(p) \propto \kappa^{-1}(p)$$

$$\frac{M_2}{M_1} \propto p^{-\delta} \Rightarrow \kappa(p) \propto p^{\delta}$$

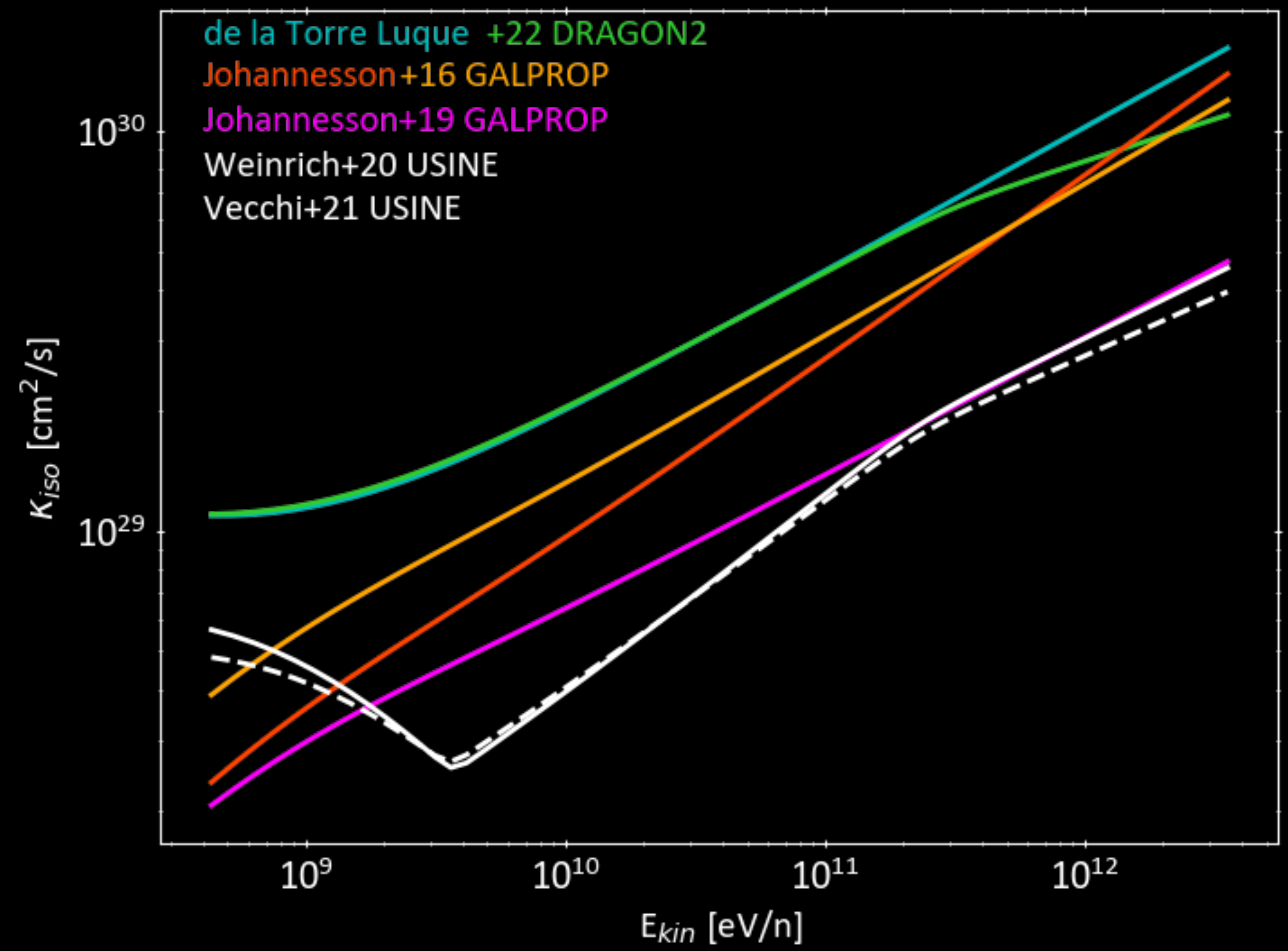


- $X \approx 10 \text{ g/cm}^2$ or $N_H \approx 4 \cdot 10^{24} \text{ cm}^{-2}$
- radioactive secondaries : CR clocks
- $T_{esc} \approx 10\text{-}20 \text{ Myr}$

1D - 2D - 3D diffusion codes

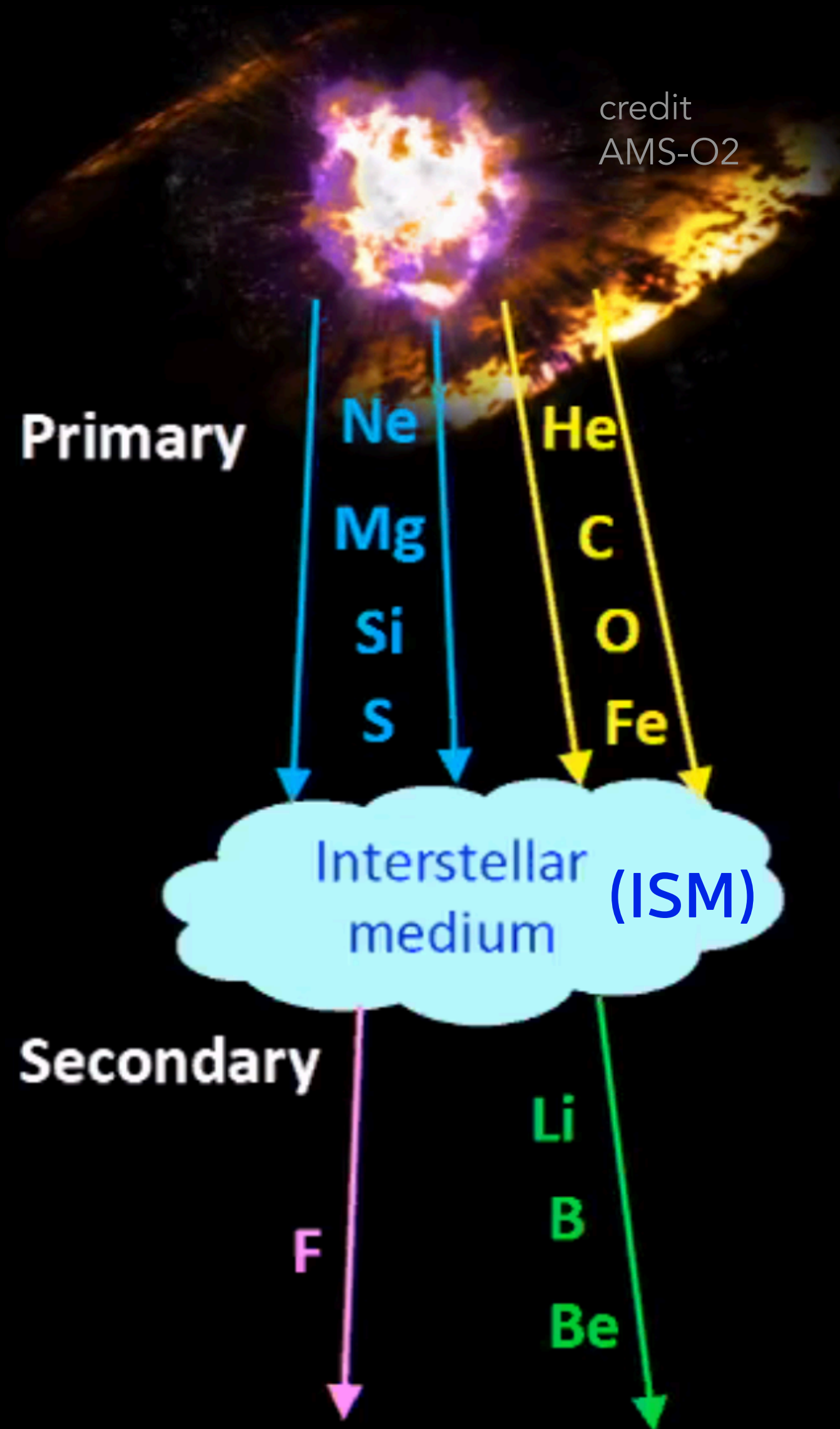
- mean uniform diffusion coefficient in the Milky Way

$$\kappa(\text{GeV}/n) \approx 10^{28-29} \text{ cm}^2/\text{s}, \quad l_{\text{scat}} \approx 3\kappa/c \sim 1 \text{ pc}$$

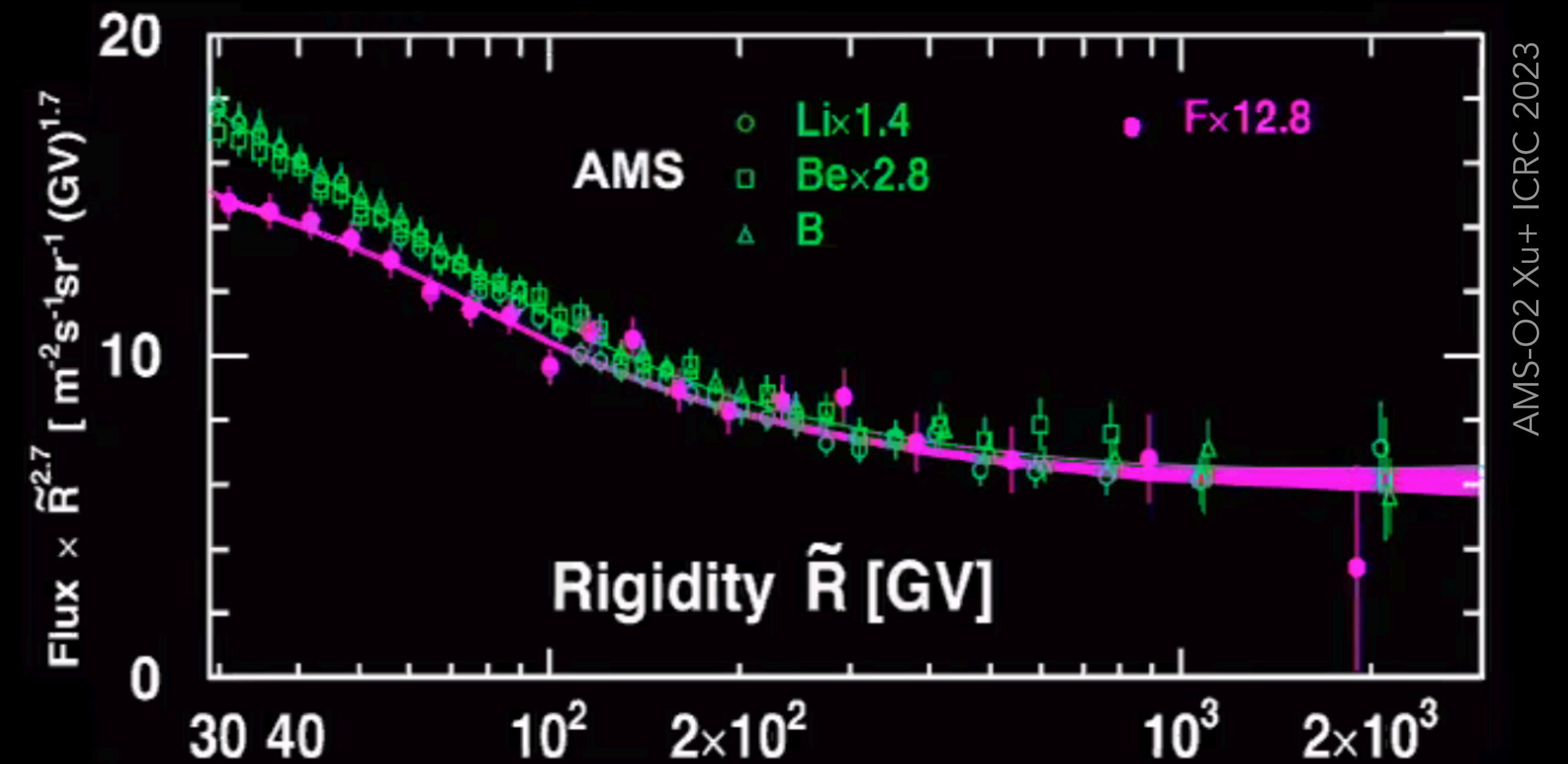
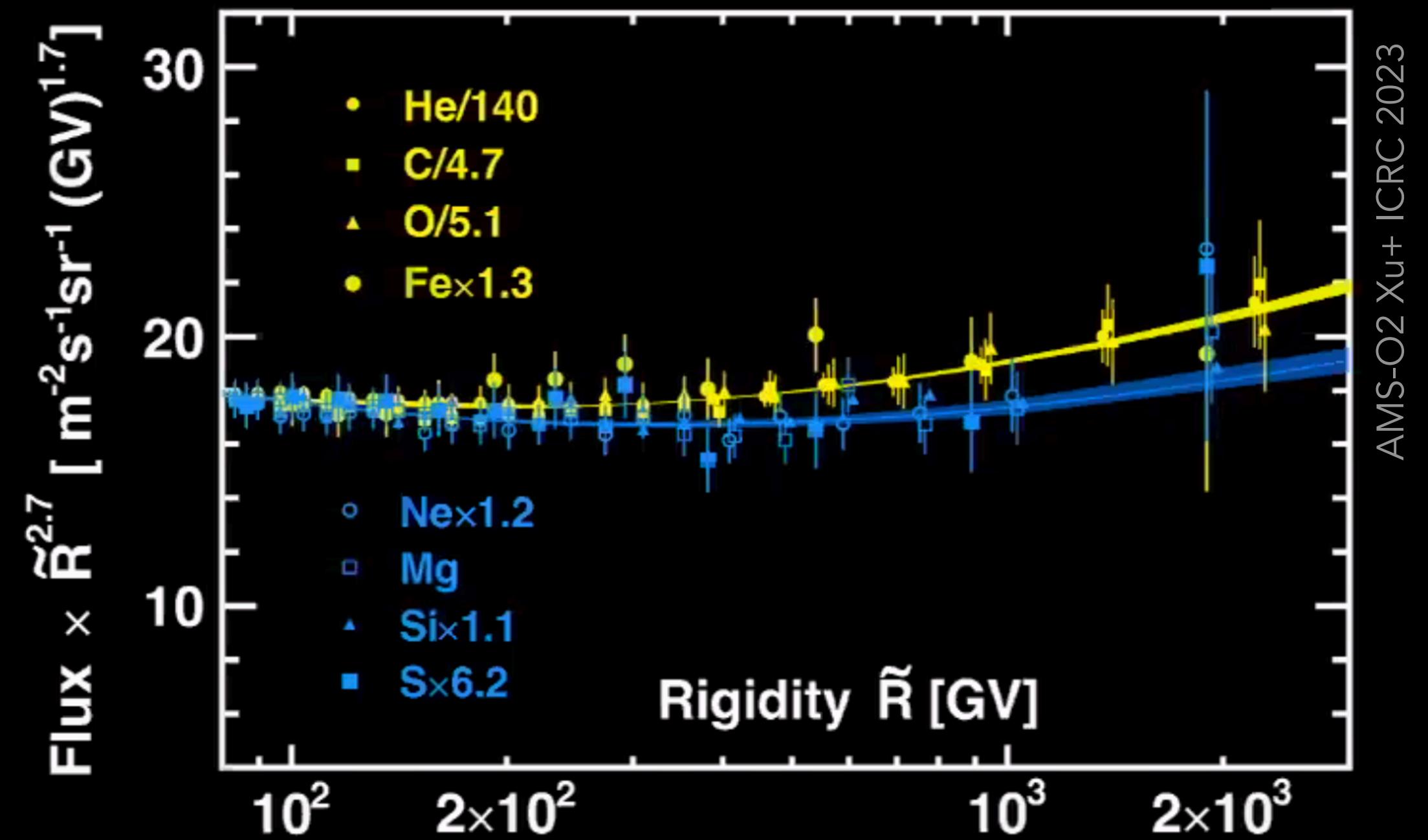


cosmic-ray composition vs. solar abundances

- but 2 classes of CR primaries, with secondary contamination



- but 2 classes of secondaries



cosmic-ray power

- total power \geq GeV
- from spallation residence time $\Delta t_{res} = T_{esc}$
- grammage $X_{cr} \sim \rho_{ISM} c \Delta t_{cr}$

$$P_{cr} \sim \frac{E_{CR}}{\Delta t_{cr}} = \frac{u_{cr} V_{gal}}{\Delta t_{cr}} = \frac{u_{cr} V_{gal} \rho_{ISM} c}{X_{cr}} = \frac{u_{cr} c M_{ISM,gal}}{X_{cr}}$$

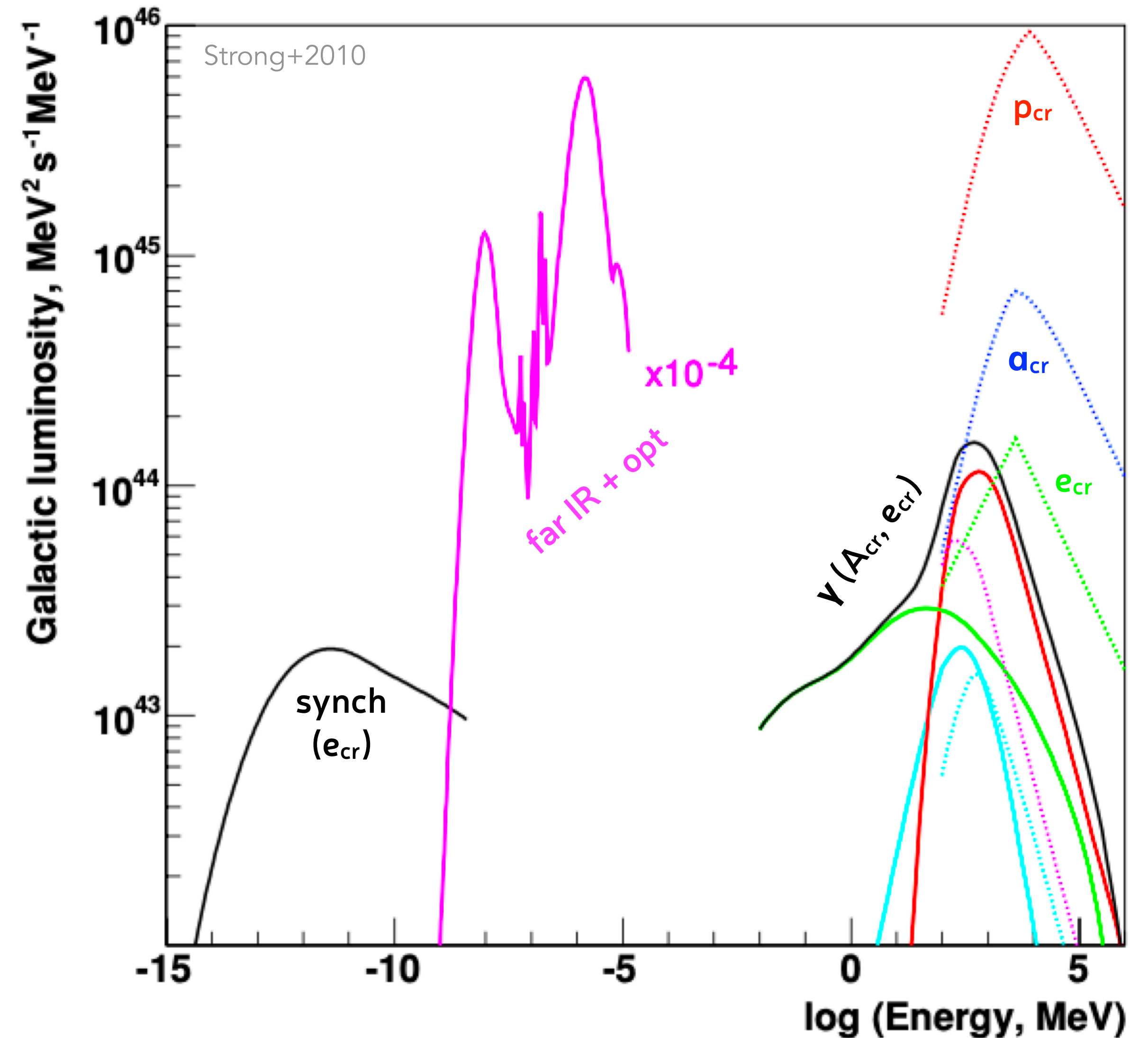
- $M_{ISM} = 10^{10} M_{\odot} \approx 2 \cdot 10^{40} \text{ kg}$, $X_{cr} \approx 10^2 \text{ kg/m}^2$

$$P_{cr} \approx 10^{34} \text{ W}$$

Dogiel+2002

- total Milky Way CR power from GALPROP diffusion model
= (0.7 - 0.8) 10^{34} W

10% of the total power
of supernova explosions
in the Milky Way

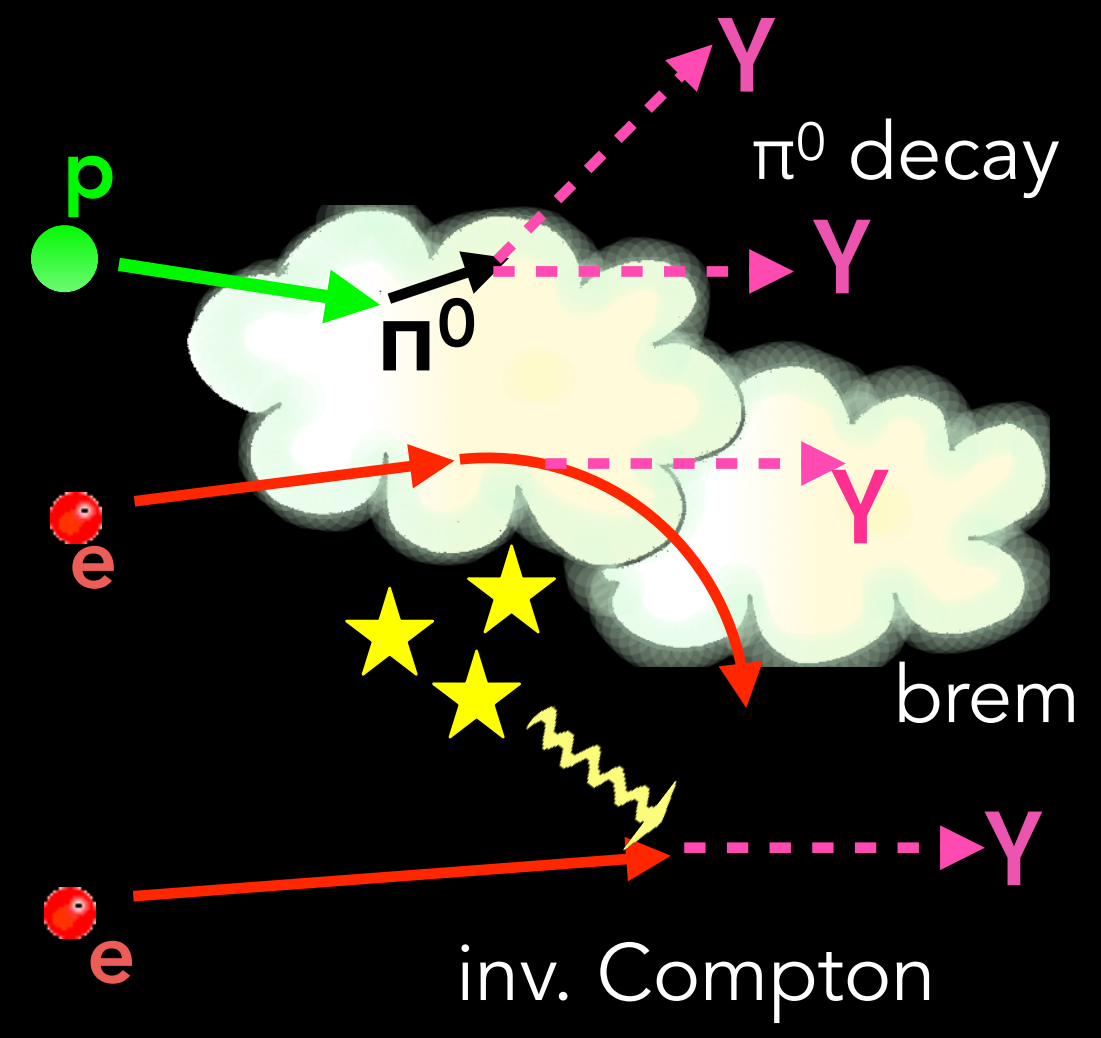


remote
observations

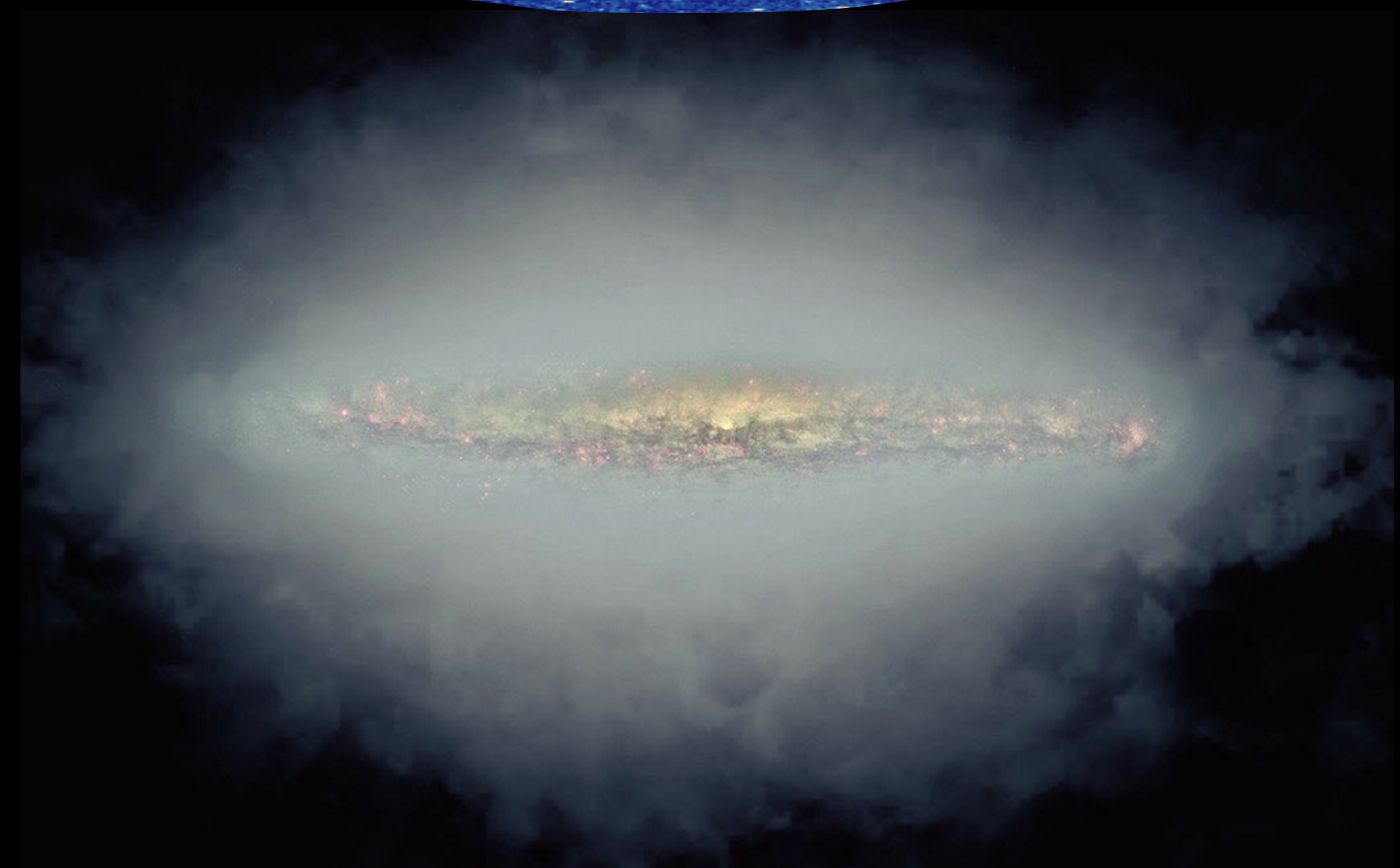
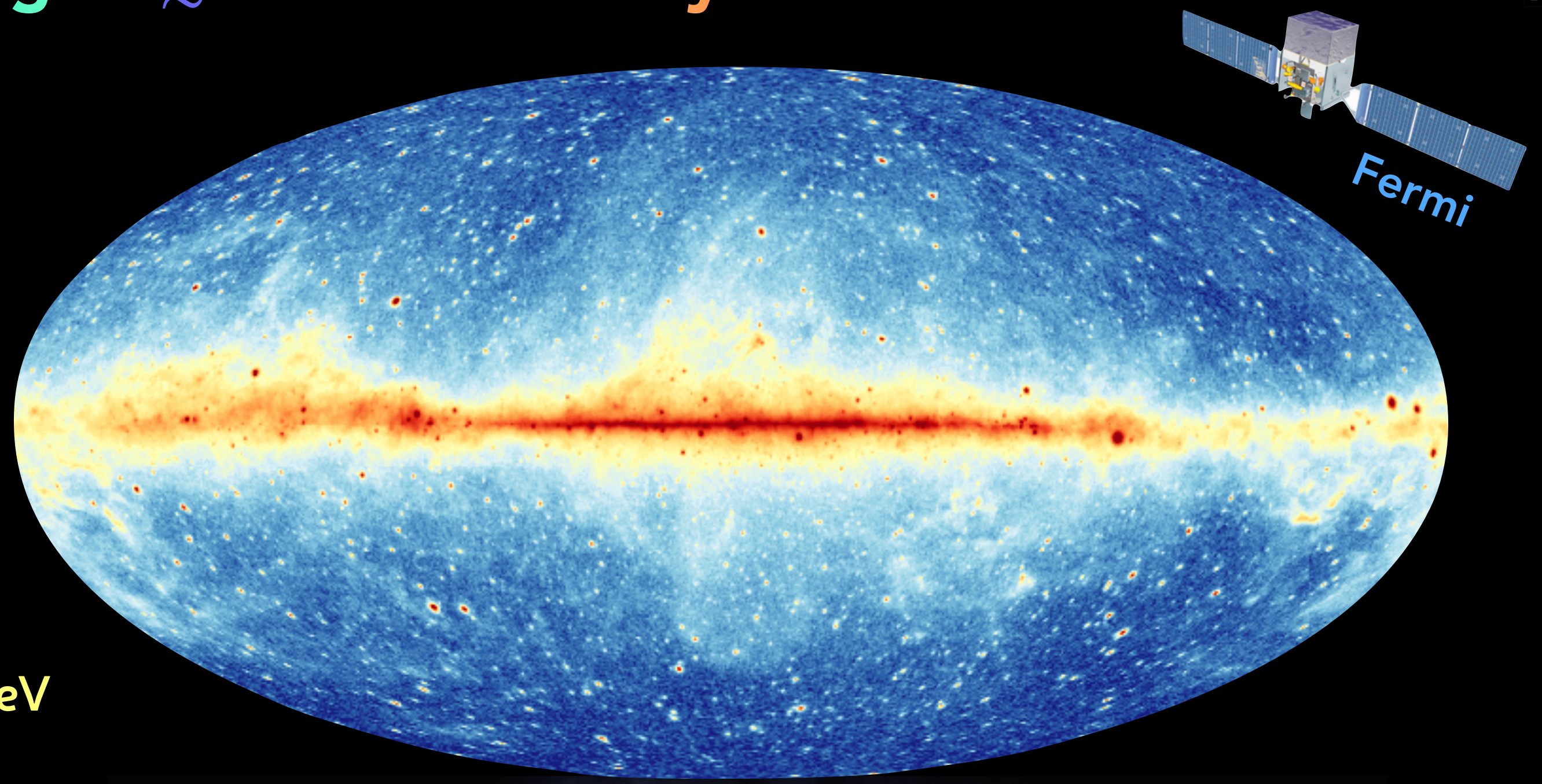
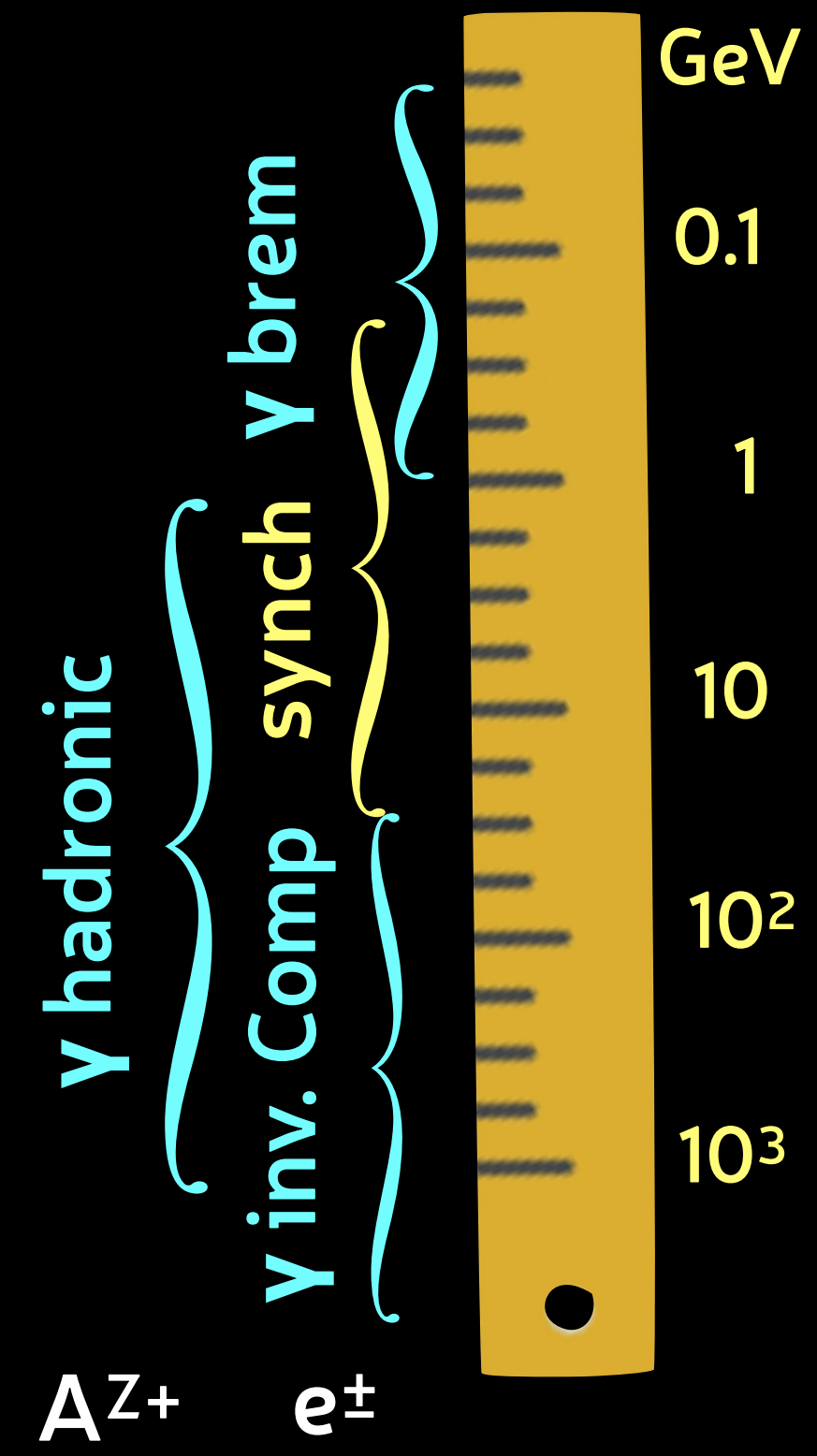
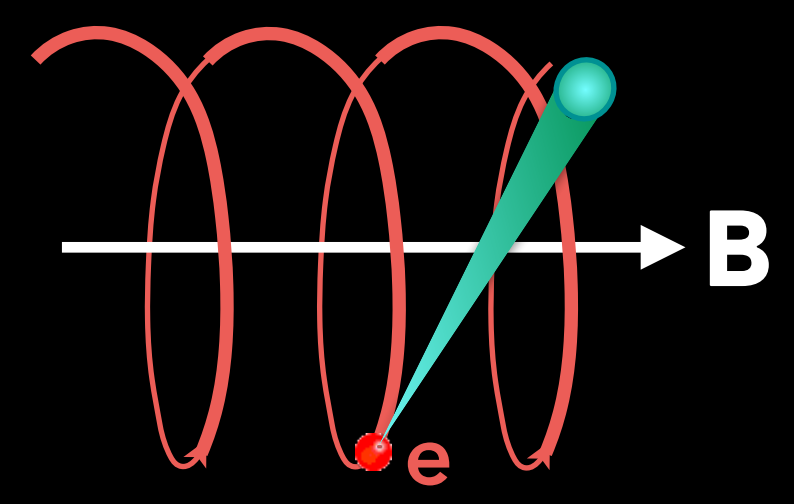


remote sensing of \gtrsim GeV cosmic rays

- $AZ^+ + e^\pm$ probed in γ rays
- Fermi LAT $>$ GeV



- e^\pm probed by radio synchrotron
- 30 haloes piled-up by Chan-ges

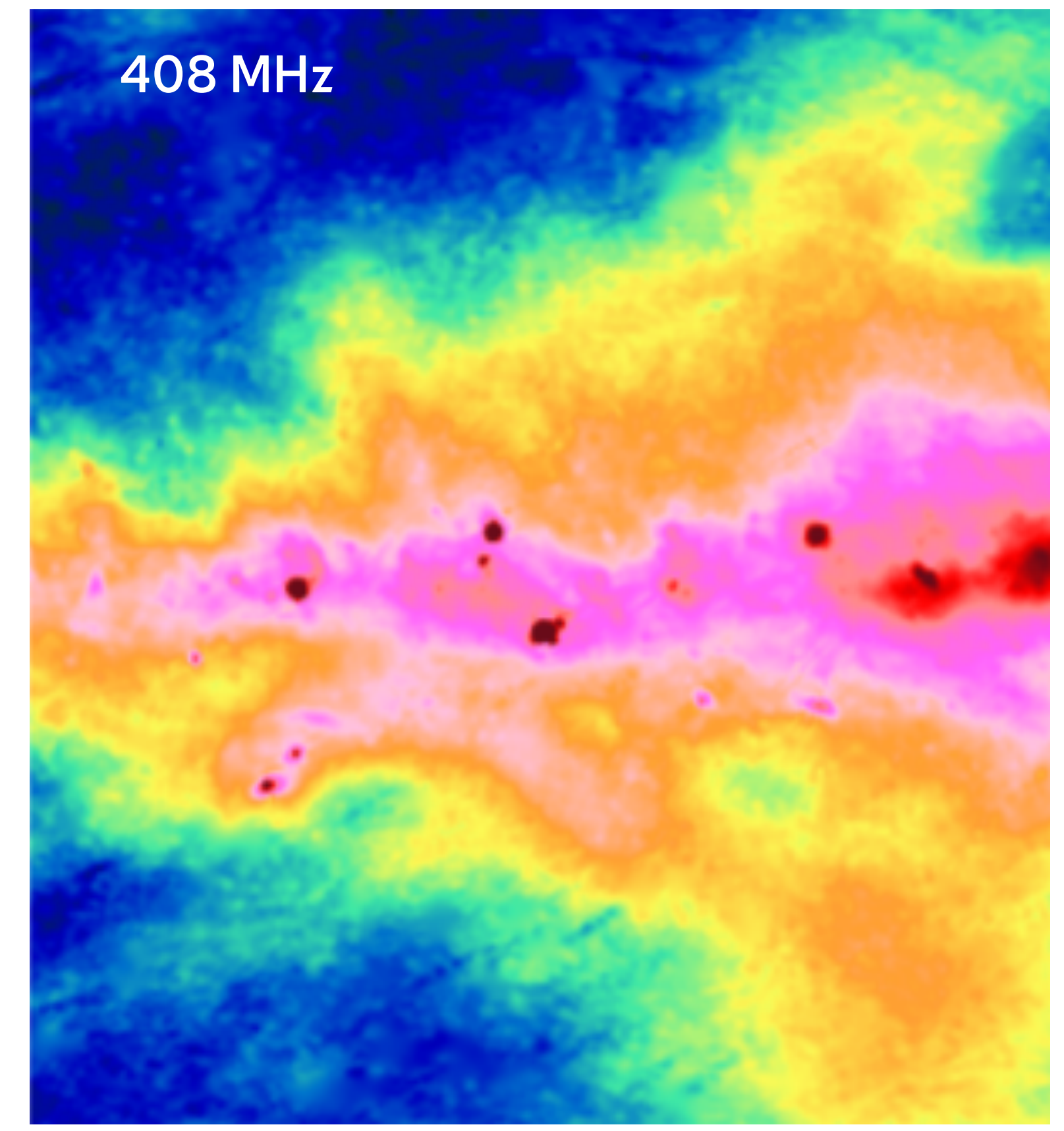
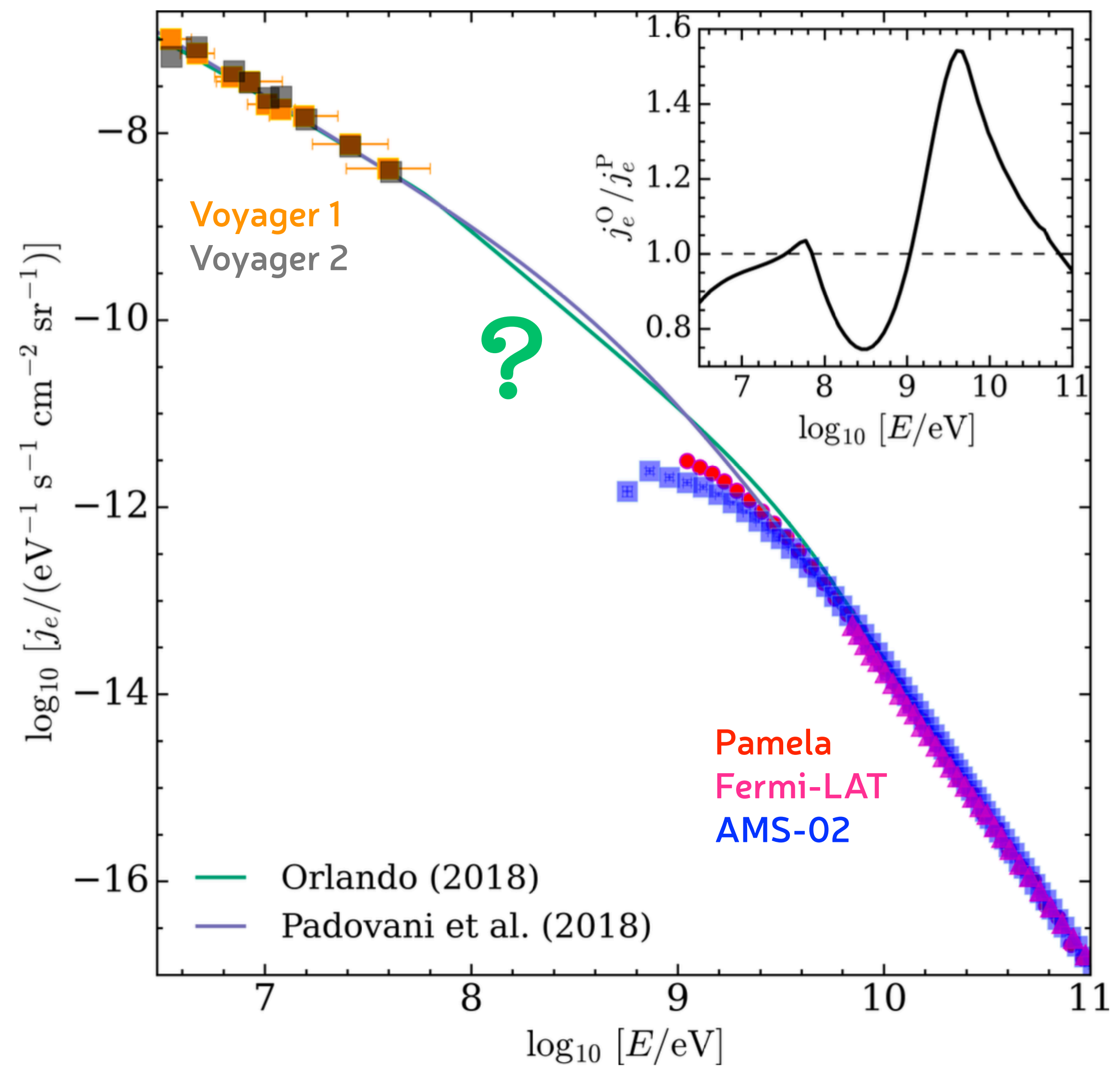


radio tracing difficulties

- $B_{\text{ISM}} \approx 2 - 20 \mu\text{G}$, $\nu_{\text{radio}} = 0.1-10 \text{ GHz} \Rightarrow 0.1 \leq E_e \leq 50 \text{ GeV}$ in the unknown spectral range where significant change in slope
- B_{\perp} variations along the line of sight and in the telescope beam

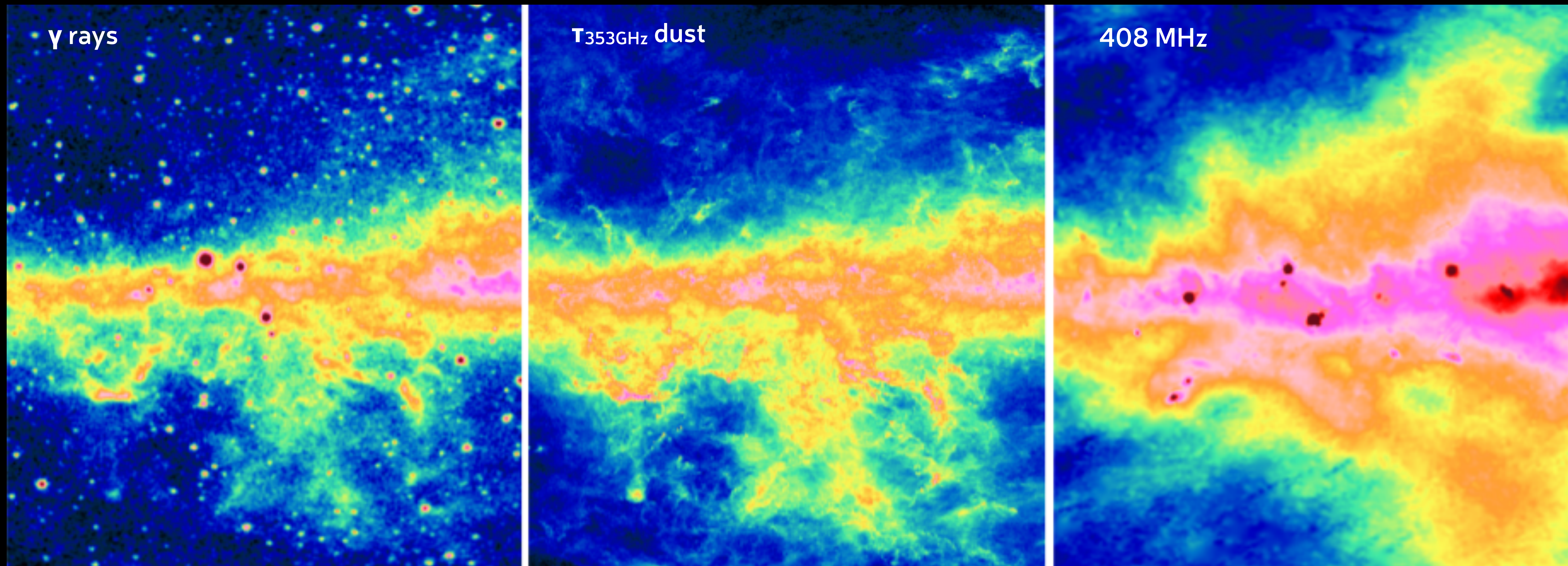
$$\text{if } n(E_e) = \kappa \left(\frac{E_e}{E_0} \right)^{-p}$$

$$S_{\nu} \propto \int \kappa B^{\frac{1+p}{2}} \nu^{\frac{1-p}{2}} dl$$



long-lived radio tracing problem

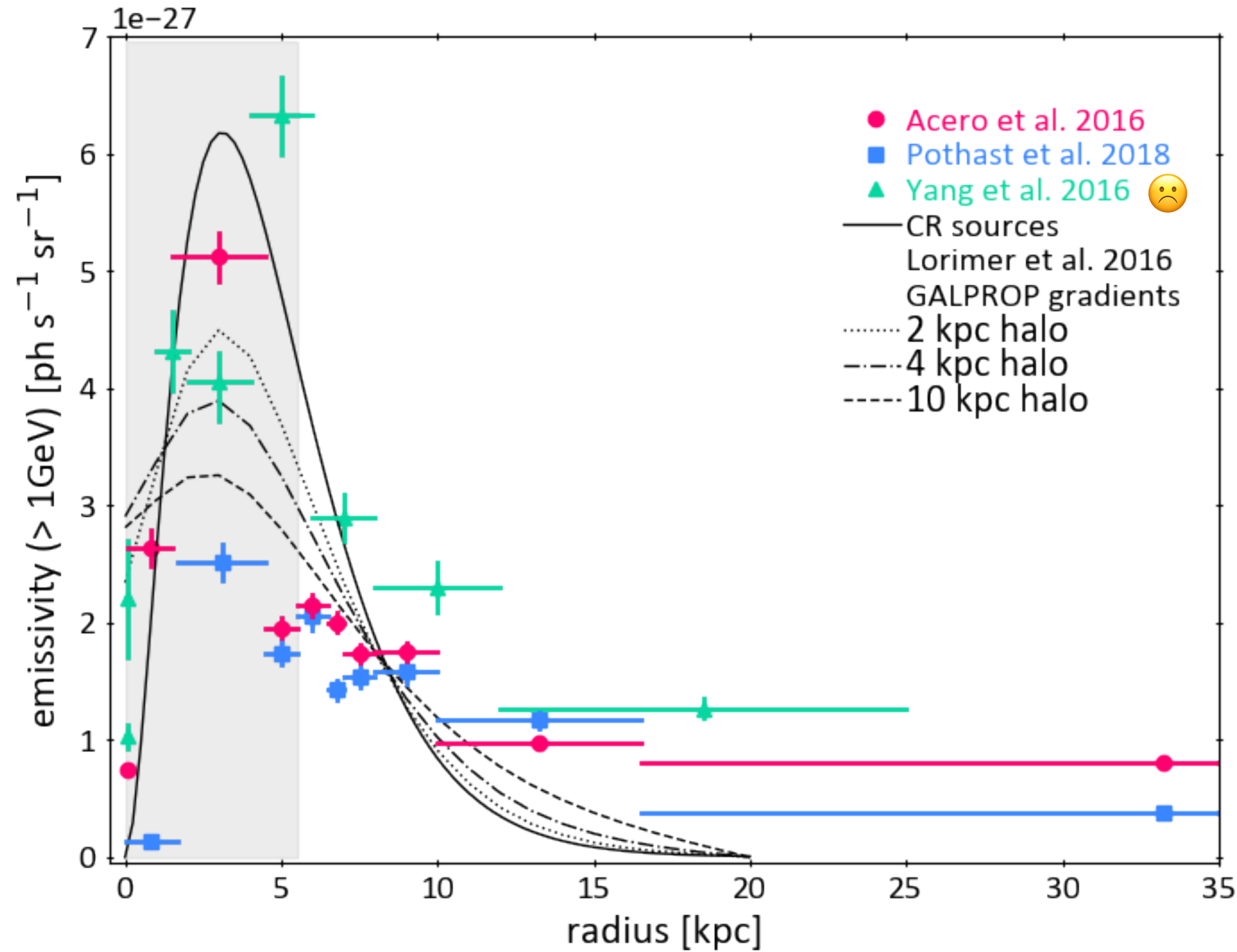
- collapse of “elongated” clouds along B with $h_{\parallel} > R_{\perp}$ and mass $M \propto \rho R^2 h$
- virial equilibrium $c_s^2 \propto \Phi_g \propto \rho h^2$ and magnetic flux: $BR^2 = cte \Rightarrow B \propto c_s \rho^{1/2}$
- equipartition between magnetic and kinetic (thermal+turbulent) energy densities: $\frac{B^2}{2\mu_0} \propto \rho \sigma_v^2 \Rightarrow B \propto \sigma_v \rho^{1/2}$
- why don't we see the dense clouds in synchrotron emission?



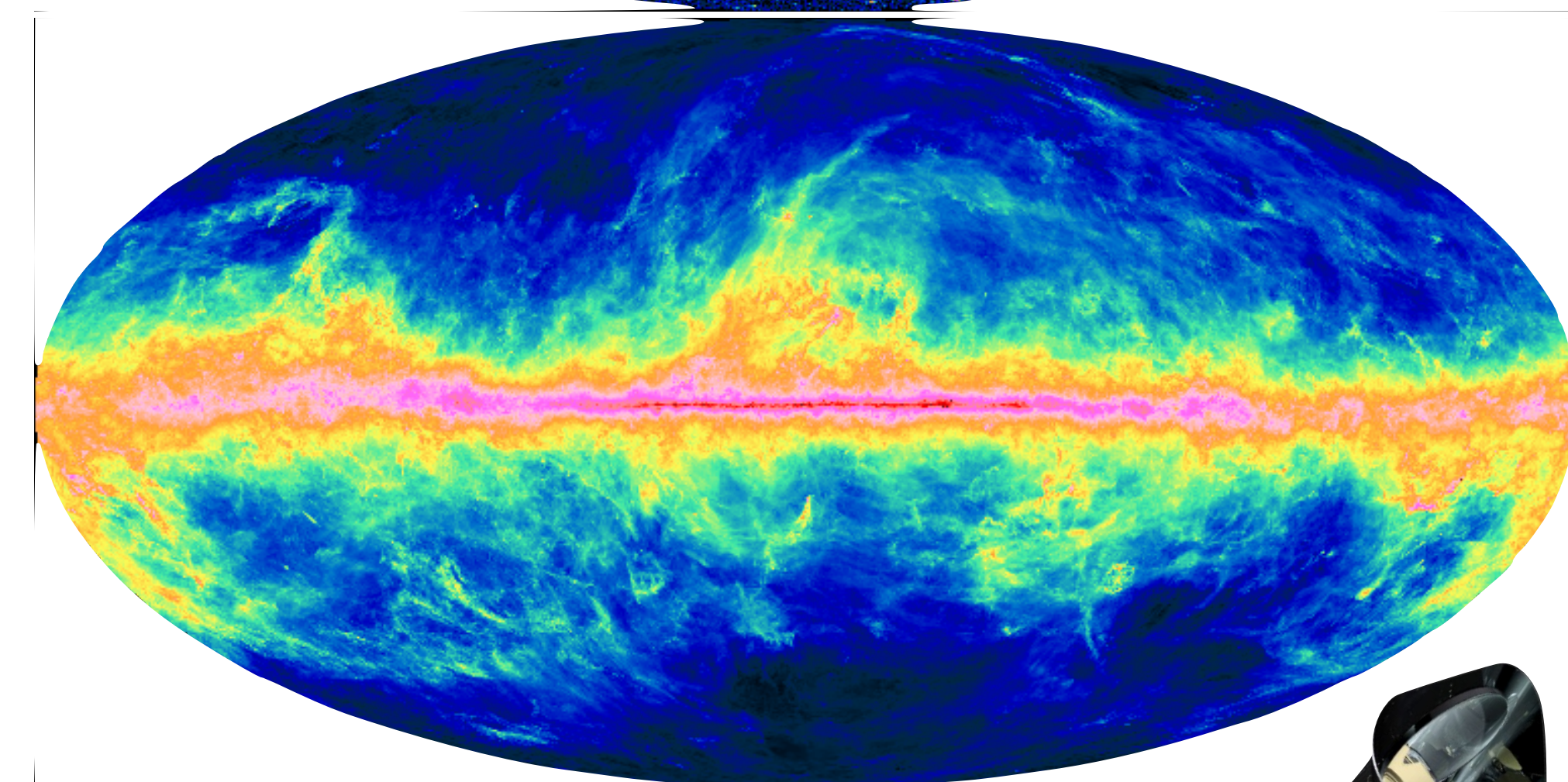
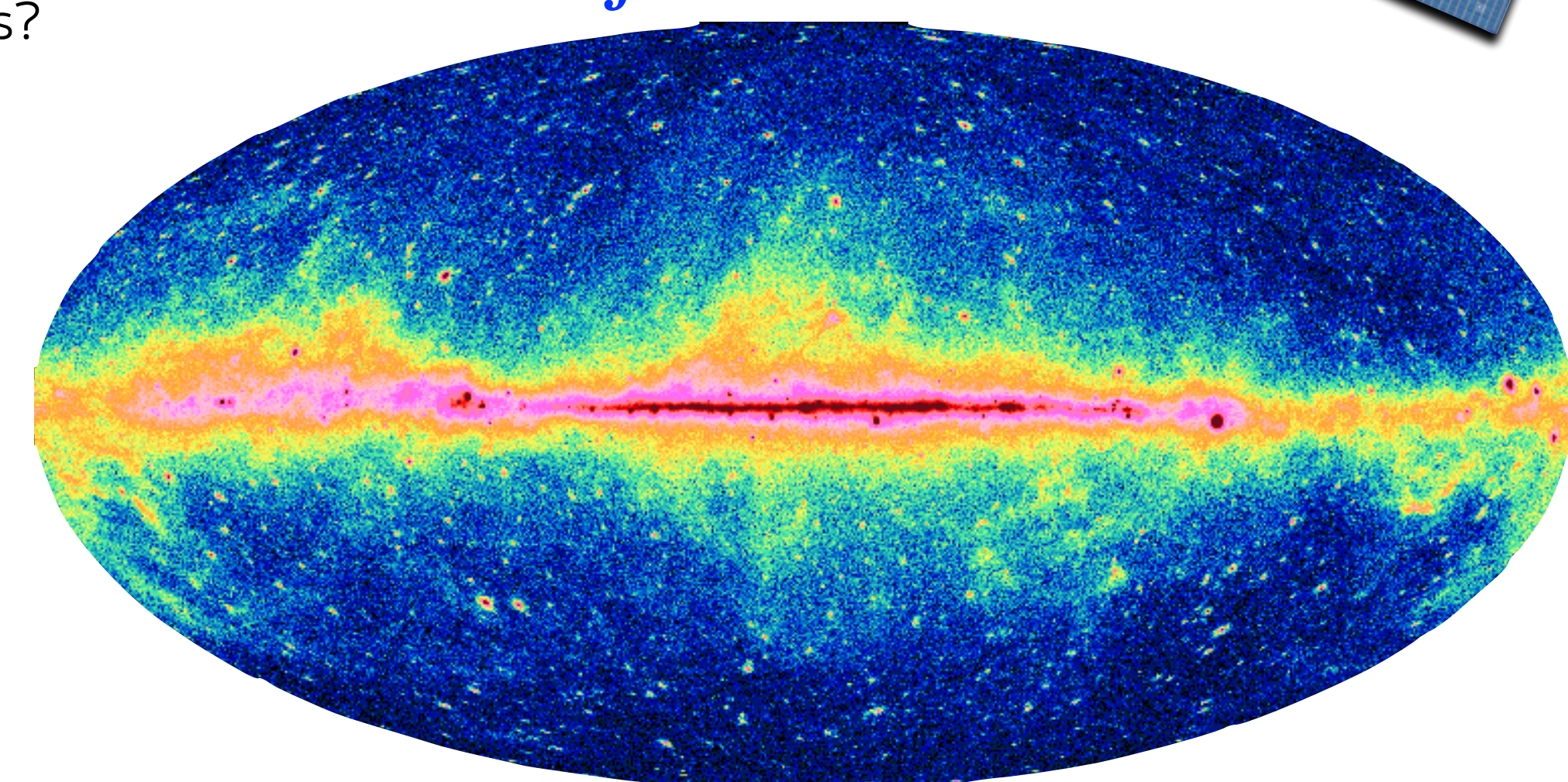
long-lived cosmic-ray radial gradient problem



- few-GeV to TeV CR nuclei flux:
- Galactic profile at variance with transport models
- firm inference from the comparison between the dust & γ -ray skymaps
- increased $\delta B/B$ in spiral arms => smaller κ_{\parallel} and larger κ_{\perp} ? large amount of outer-disc dark gas?



$$\int n_{\text{gas}} n_{\text{CR}} dl$$

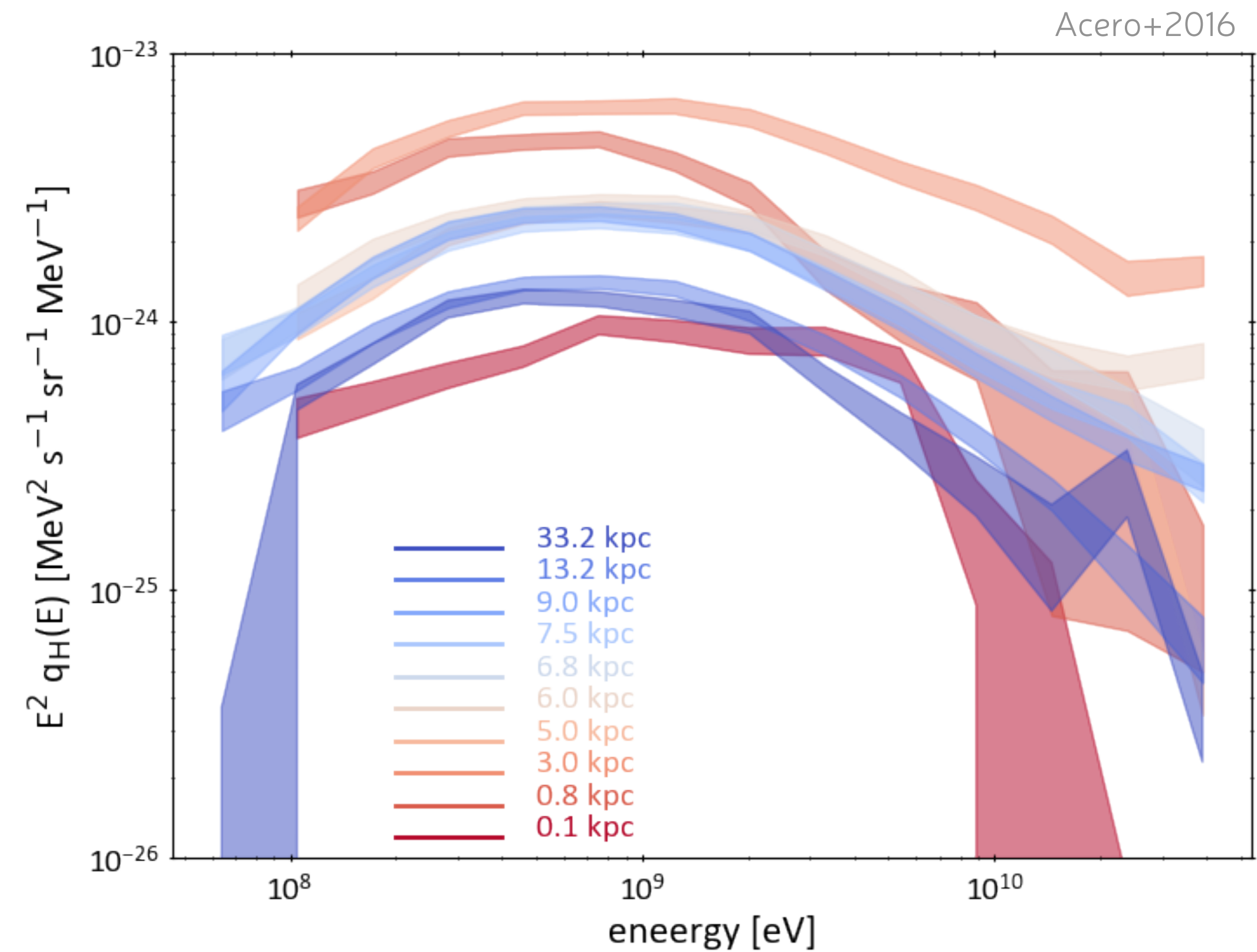
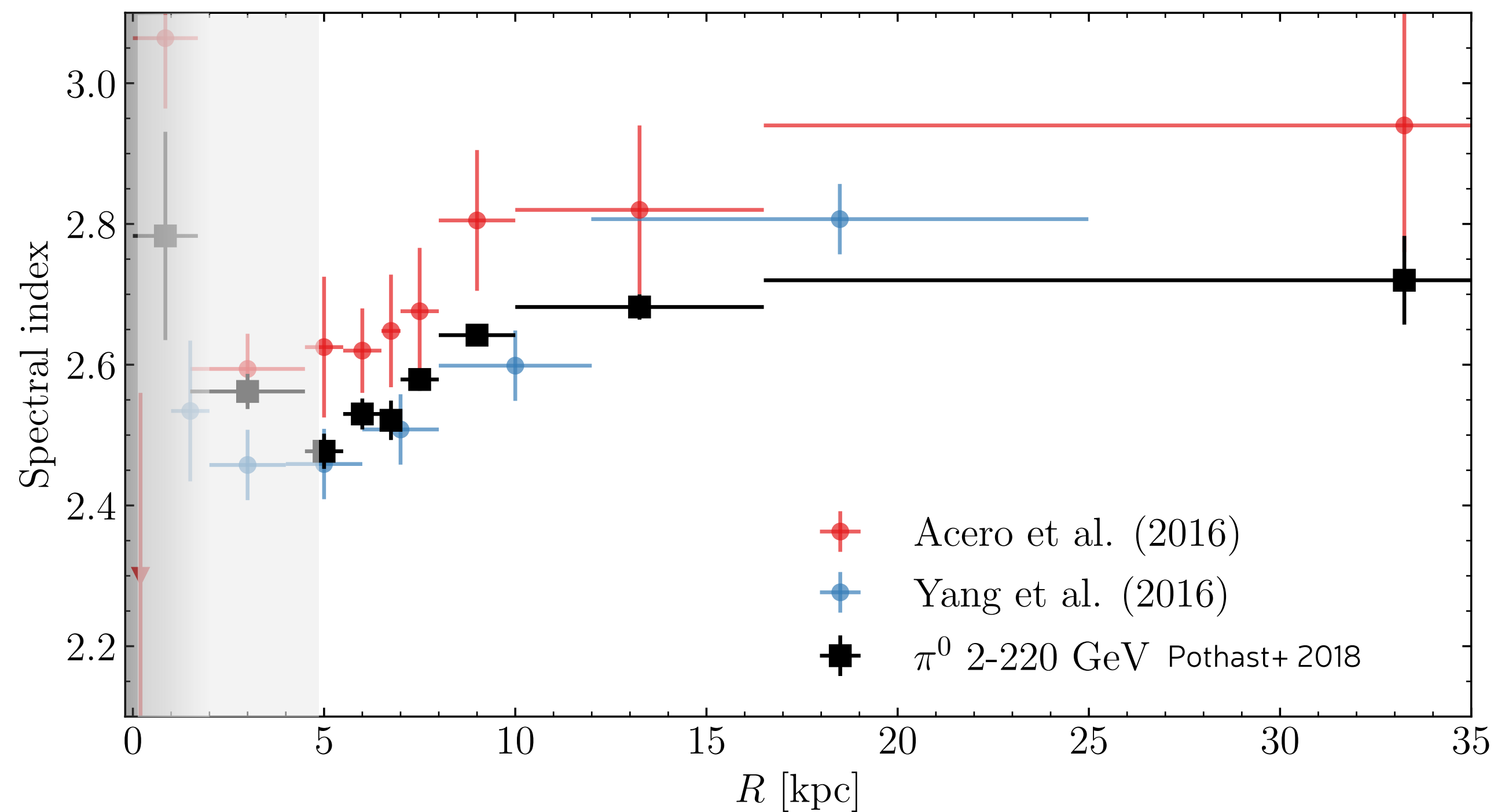


$$\int n_{\text{gas}} \frac{M_d}{M_{\text{gas}}} \kappa_0 \left(\frac{\nu}{\nu_0} \right)^\beta B_\nu(T_d) dl$$



cosmic-ray spectral gradient ?

- slight hardening in the inner Galaxy ?
- source contamination? target gas closer to CR sources?
- more advection (wind) less diffusion, $D(R, B(R))$ variations?
- diffuse emission modelling too smooth?

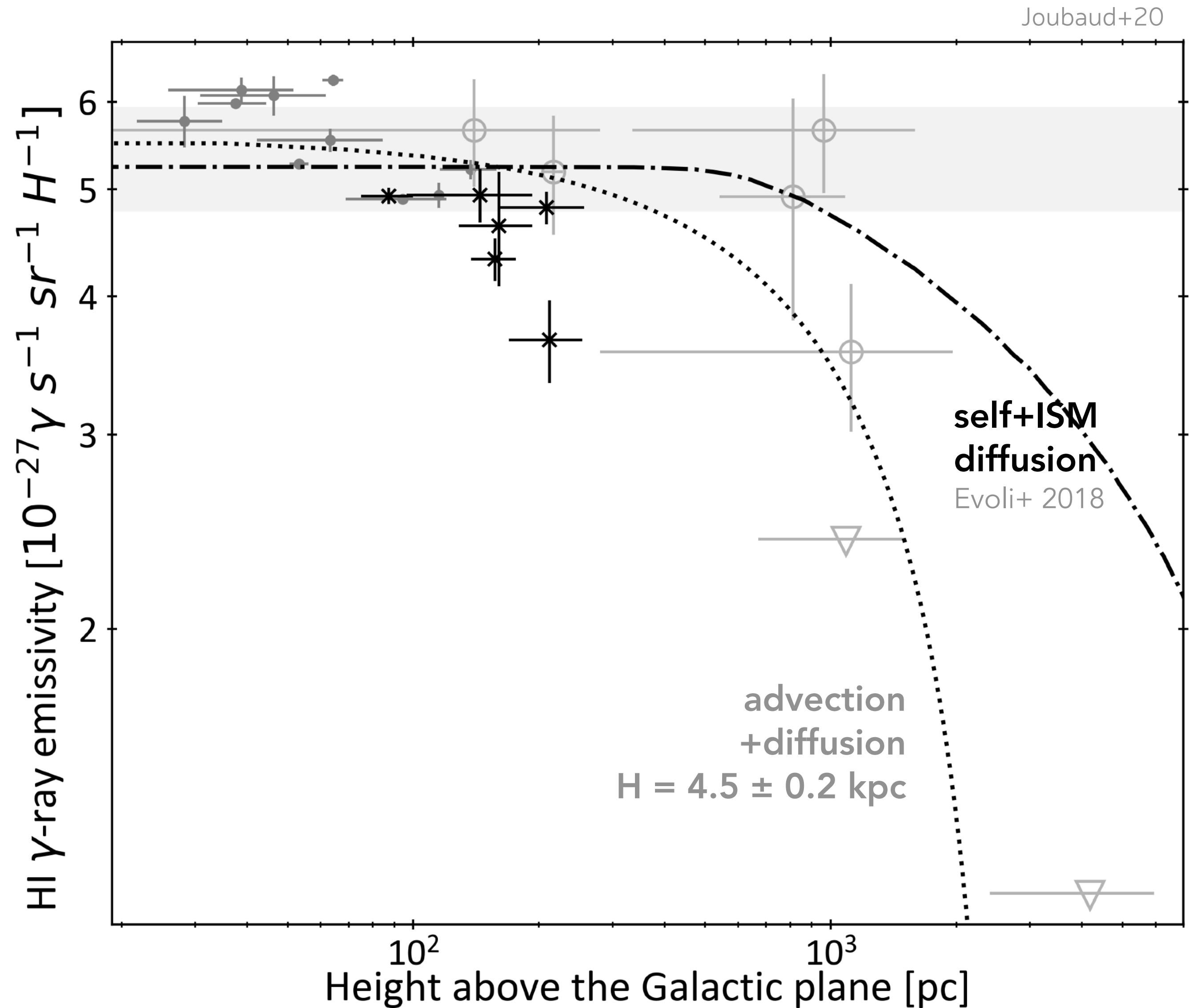


don't bet yet on CR hardening
in the molecular ring

cosmic-ray vertical gradient

- γ -ray measurements of the local CR flux with height
- 1D curve advection+diffusion : $H = 4.5 \pm 0.2$ kpc Joubaud+20
- AMS-02 2nd/1ary spectra
- USINE modelling with advection+reaccel+diffusion or pure diffusion $H = 5^{+3}_{-2}$ kpc Weinrich+20
- DRAGON modelling $H = 7.5^{+1.13}_{-0.95}$ kpc de la Torre Luque+22
- transport changes with height above the Galactic disc?

important assessment for vertical gas outflows in galaxy evolution above a reasonably quiet disc : hopefully wind in the central regions : extreme challenge



CR obstacle course in clouds

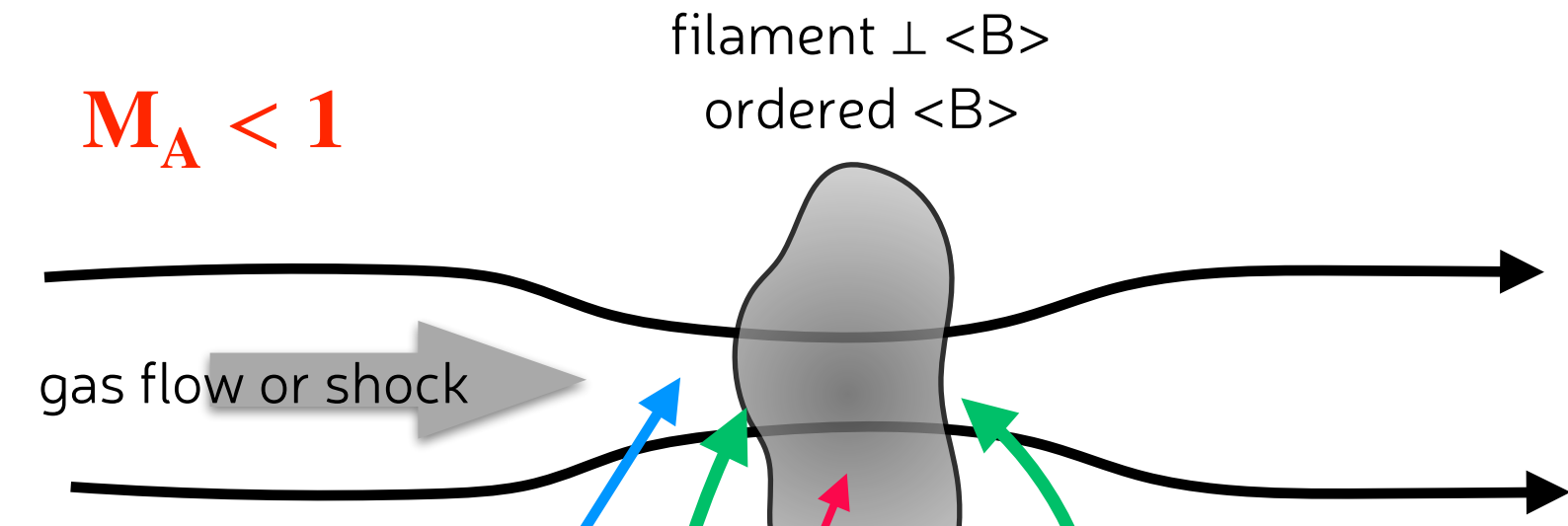
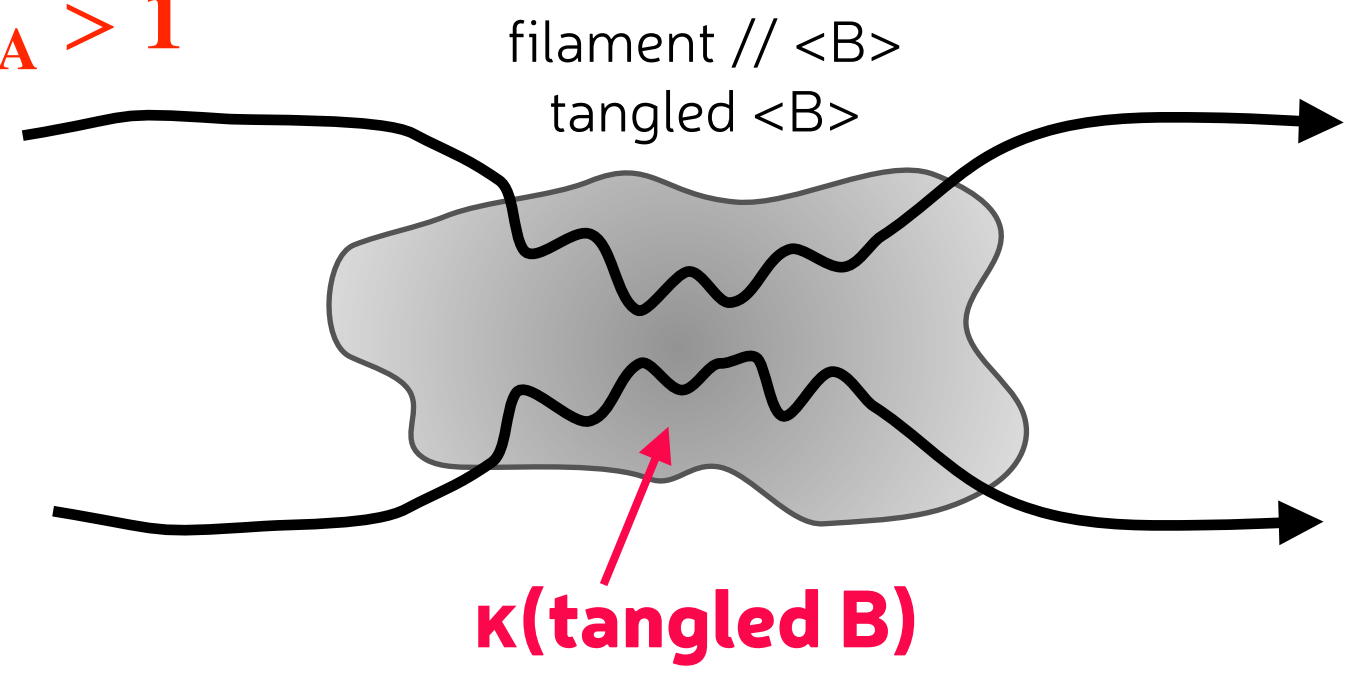
$$\beta = P_{th}/P_B = 3$$

- gas filament alignment // B lines in diffuse HI
- B turns to \perp or mess in dense gas

Planck 2016 XXXV

- obstacle course if self-excited diffusion

$$M_A > 1$$



mirror depression

bottleneck
 $v_A \downarrow$ as $\rho \uparrow \uparrow x_{ion} \downarrow$

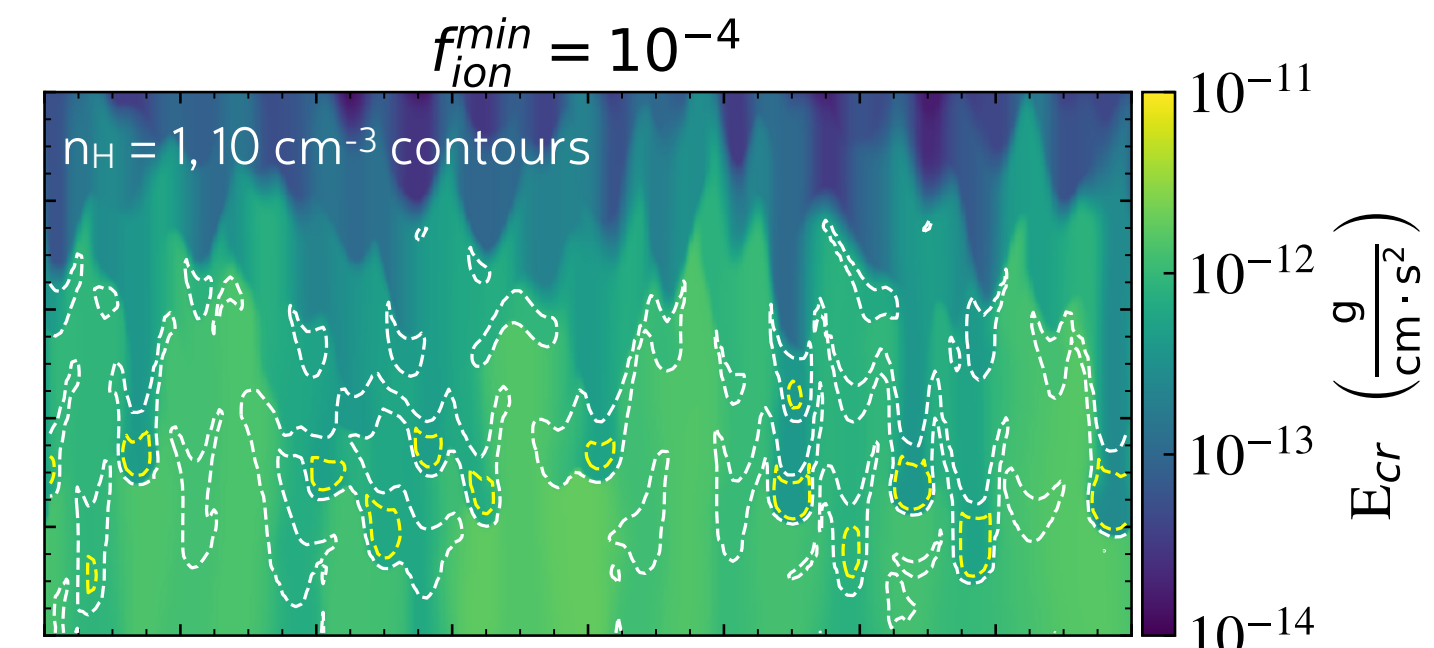
bottleneck
 $v_A(\text{out, large } f_{ion}) < v_A(\text{in, low } f_{ion})$

1 GeV CR shadows

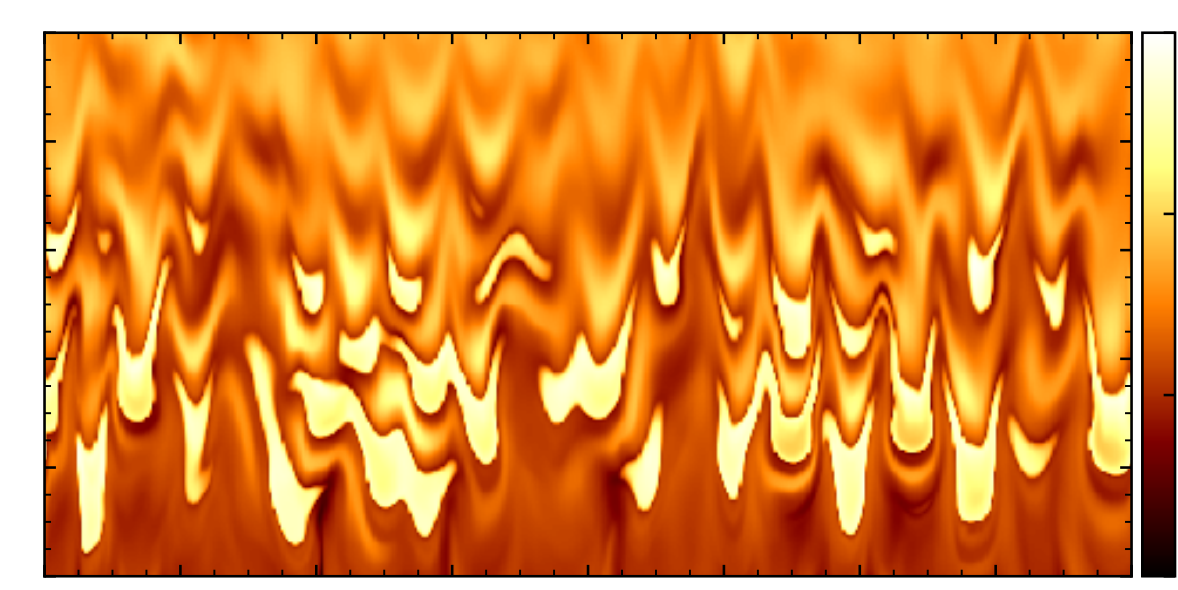
- CR loss < factor 2 to 5
- large $\langle B \rangle$ -dependent factors
- if plasma $\beta = P_{th}/P_B \gg 1$ B lines are draped around the dense clouds and most CRs follow the inter-cloud "escape" ways

- energy-dependent shadows/enhancements
- should **vanish above several GeV in energy**

Cesarsky & Völk 1978.
Skilling & Strong 1976
Schlickeiser et al. 2016
Bustard & Zweibel 2021

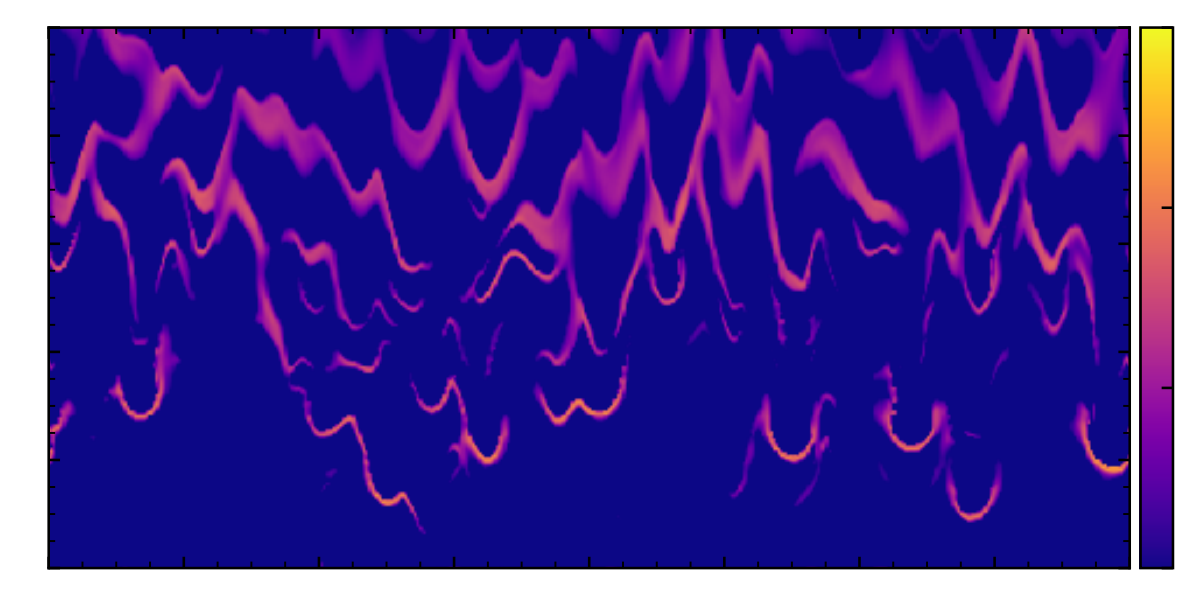


CR flux shadows at 1 GeV

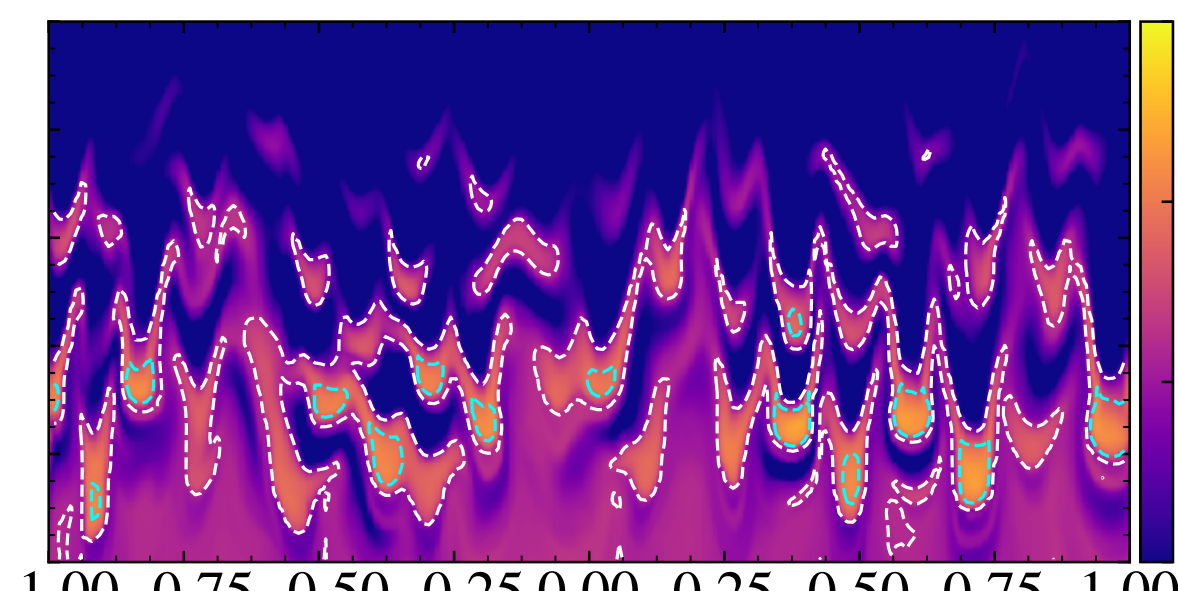


$$v_A^{ion} = \frac{B}{\sqrt{4\pi\rho_{ion}}}$$

add dust charges!



CR loss to waves
 $\propto v_A^{ion} \cdot \nabla_{\parallel} P_{CR}$



pp+Coulomb losses
 $\propto e_{CR} n_{gas}$

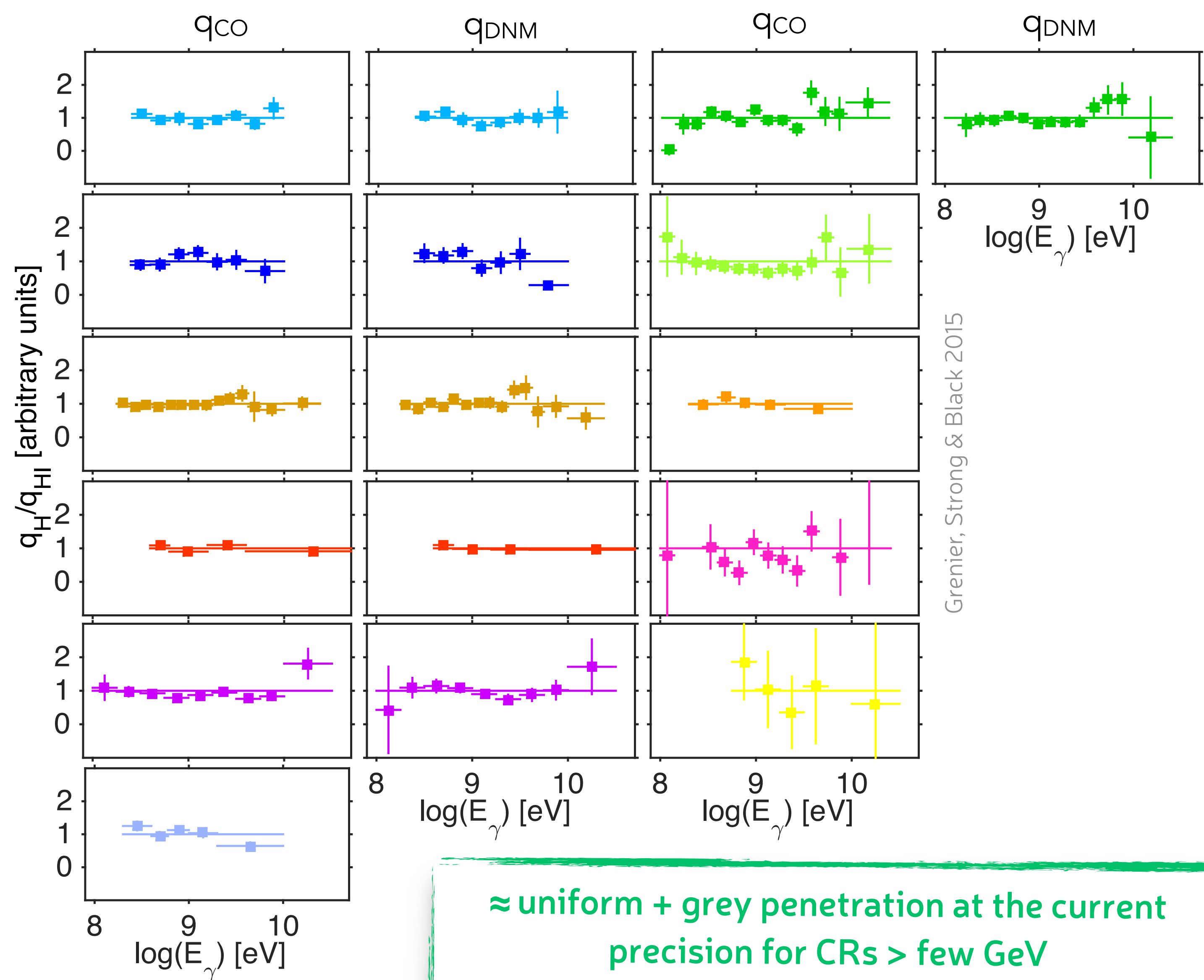
x (kpc)

Bustard & Zweibel 2021

penetration of few-GeV-TeV cosmic rays inside clouds

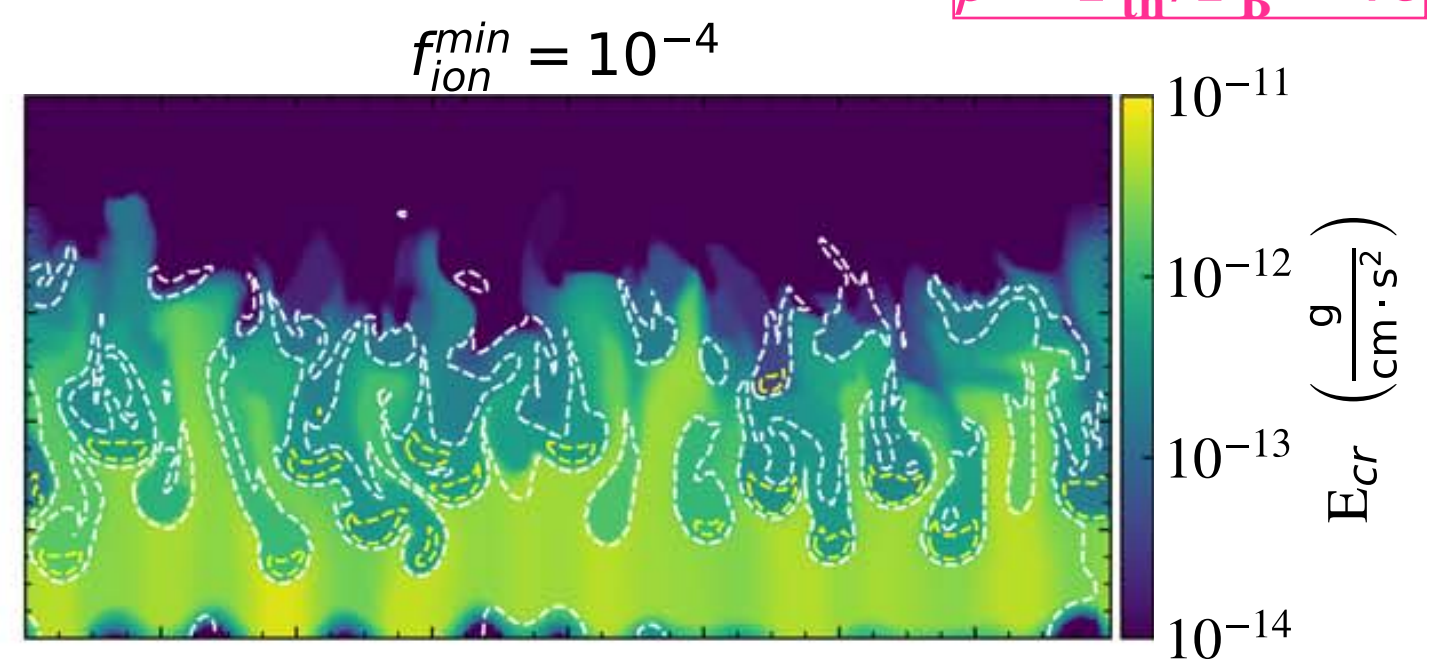
$$\beta = P_{th}/P_B = 75$$

● obs: no spectral deviations seen across the HI, DNM, and H₂ gas phases down to pc scale



Grenier, Strong & Black 2015

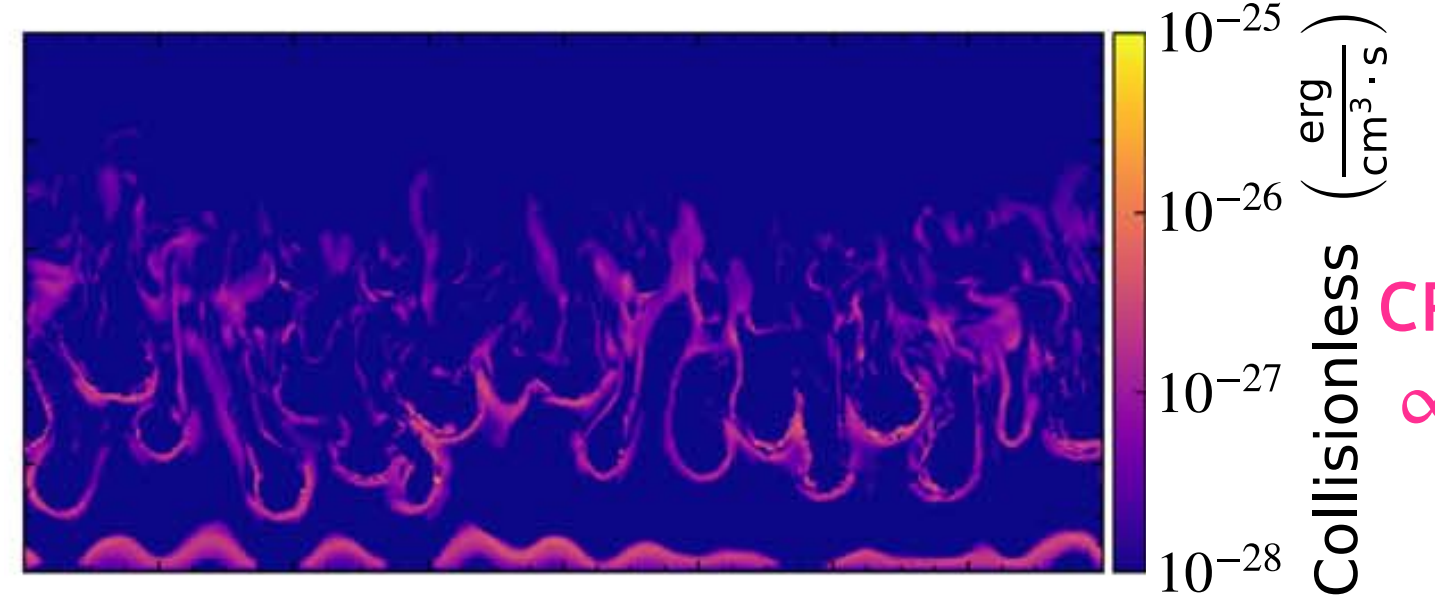
≈ uniform + grey penetration at the current precision for CRs > few GeV
=> reliable CR flux measurements in the HI gas



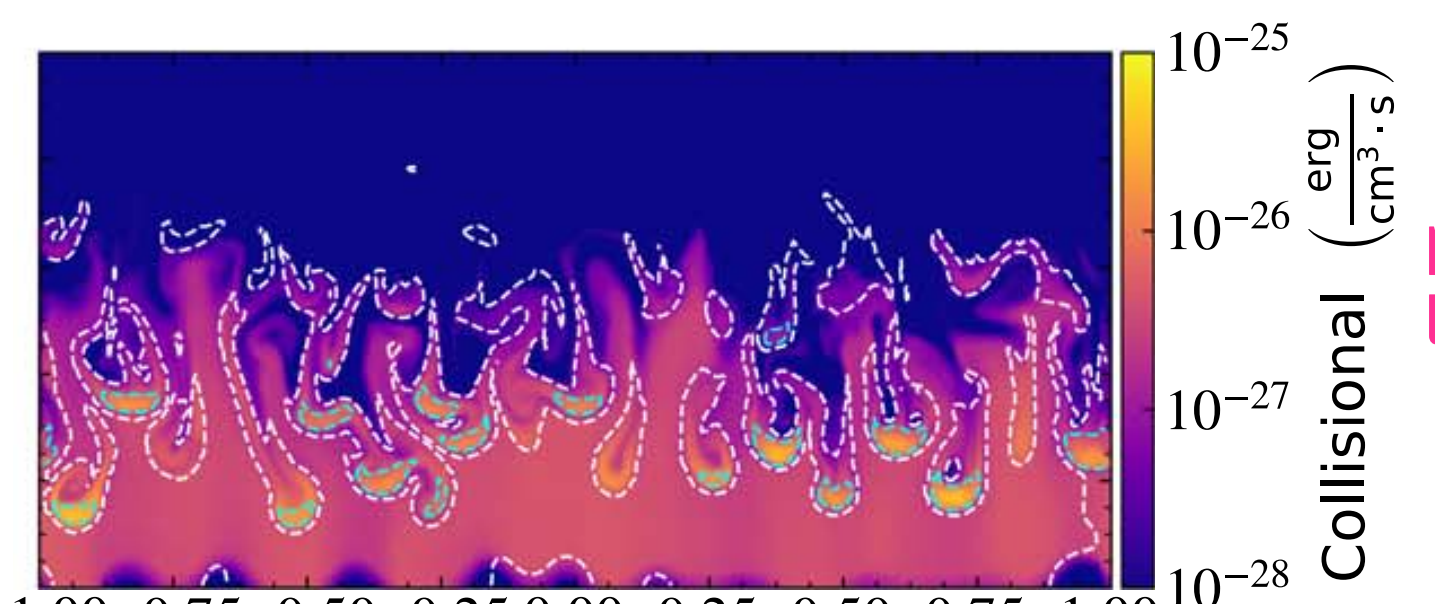
CR flux shadows at 1 GeV



add dust charges!

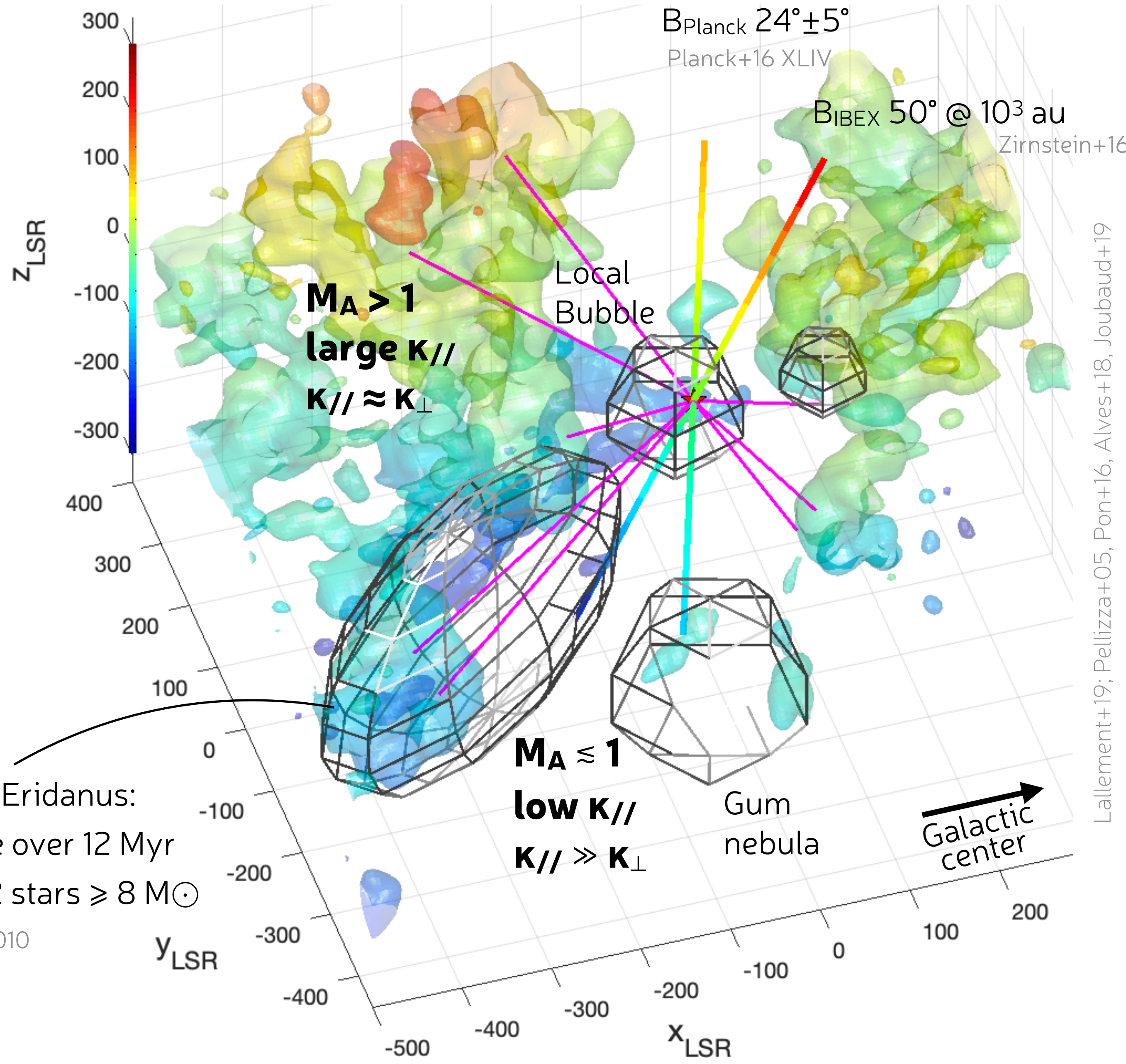
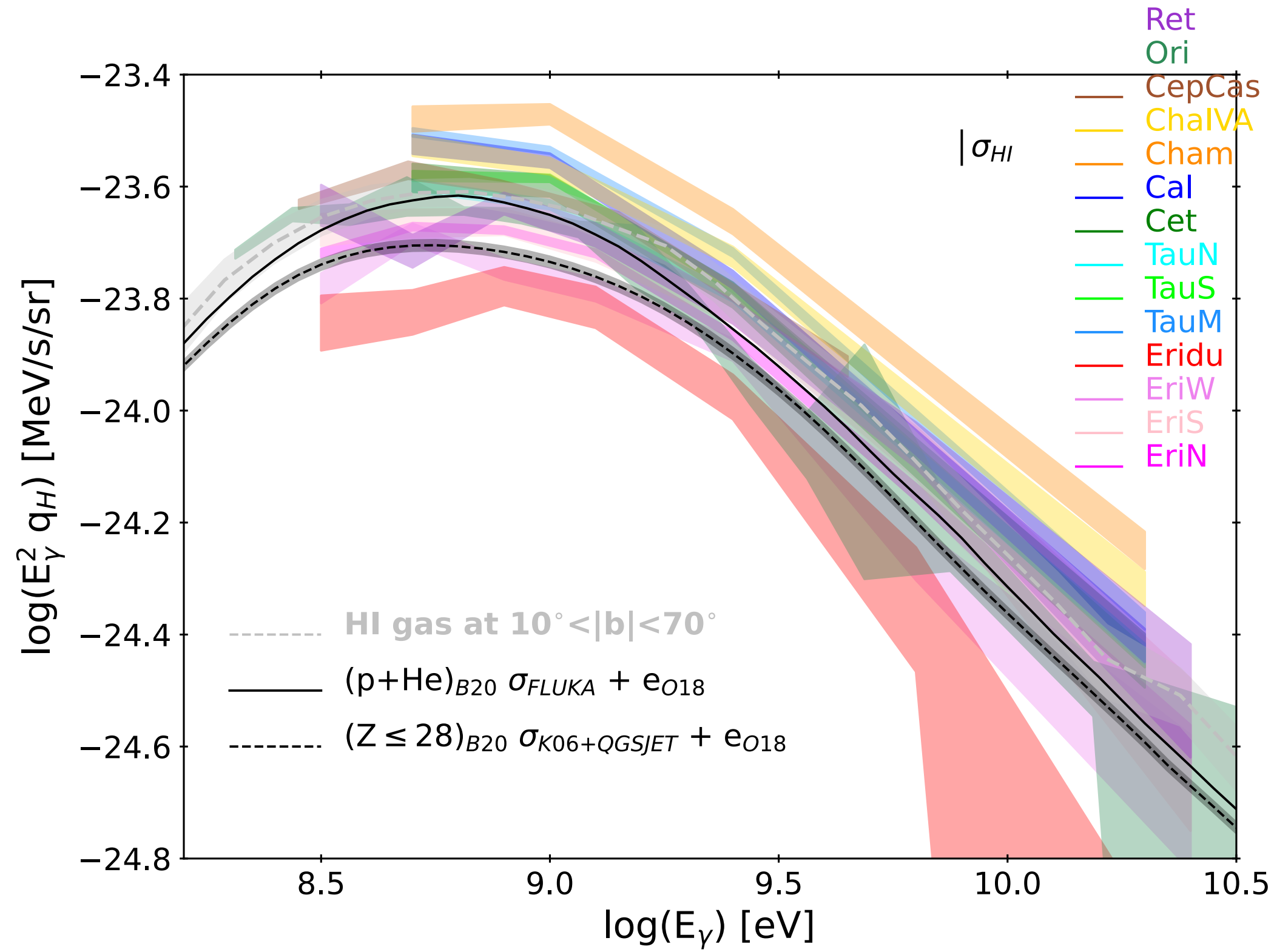
$$v_A^{ion} = \frac{B}{\sqrt{4\pi\rho_{ion}}}$$


CR loss to waves
 $\propto v_A^{ion} \cdot \nabla_{\parallel} P_{CR}$



pp+Coulomb losses
 $\propto e_{CR} n_{gas}$

cosmic-ray uniformity in the Local Valley

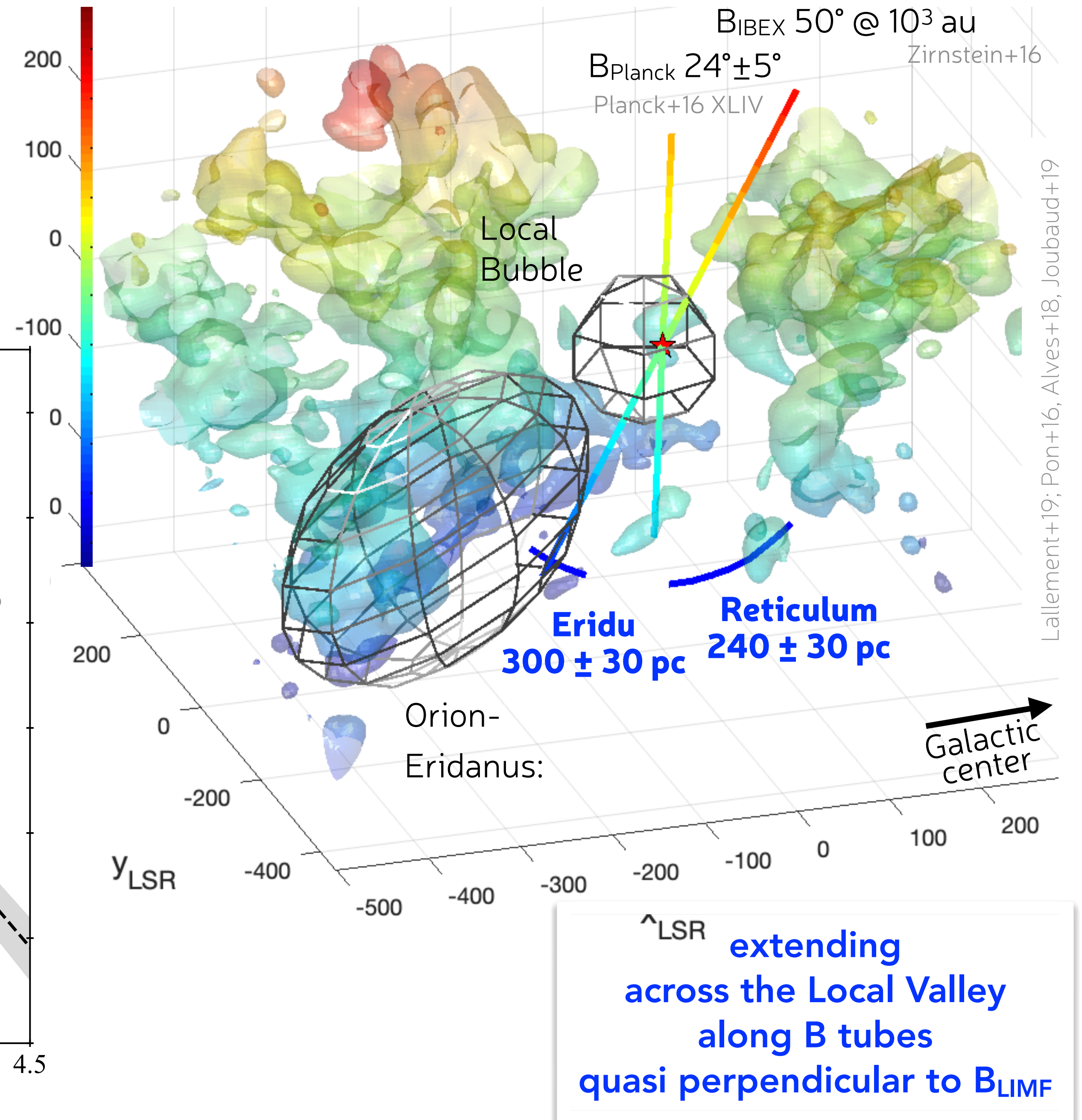
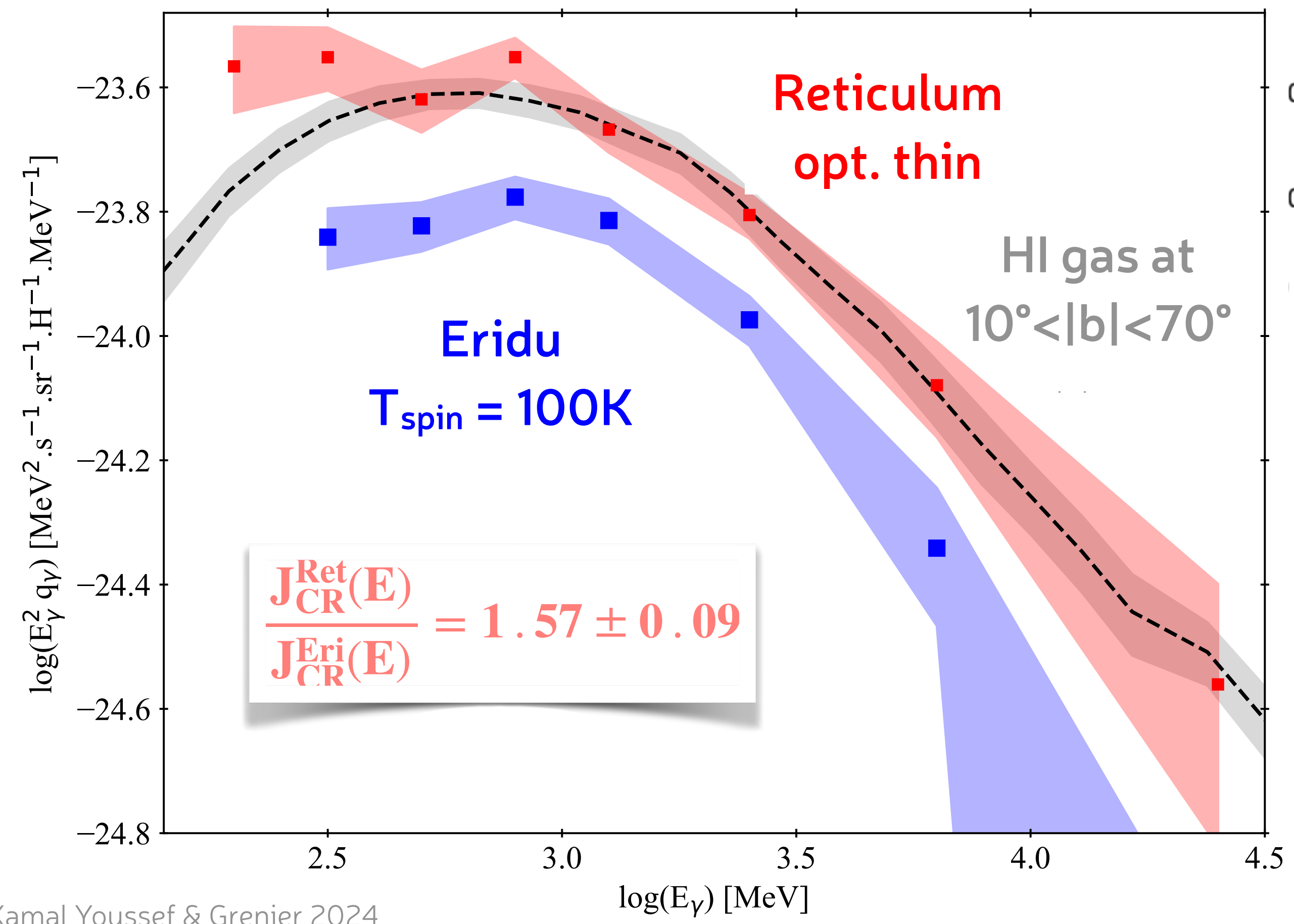


Orion-Eridanus:
 10 SNe over 12 Myr
 still 62 stars $\geq 8 M_\odot$
 Voss+ 2010

CR flux in the local ISM
= near the heliosphere?
why only small differences in flux?
why no change in spectrum?

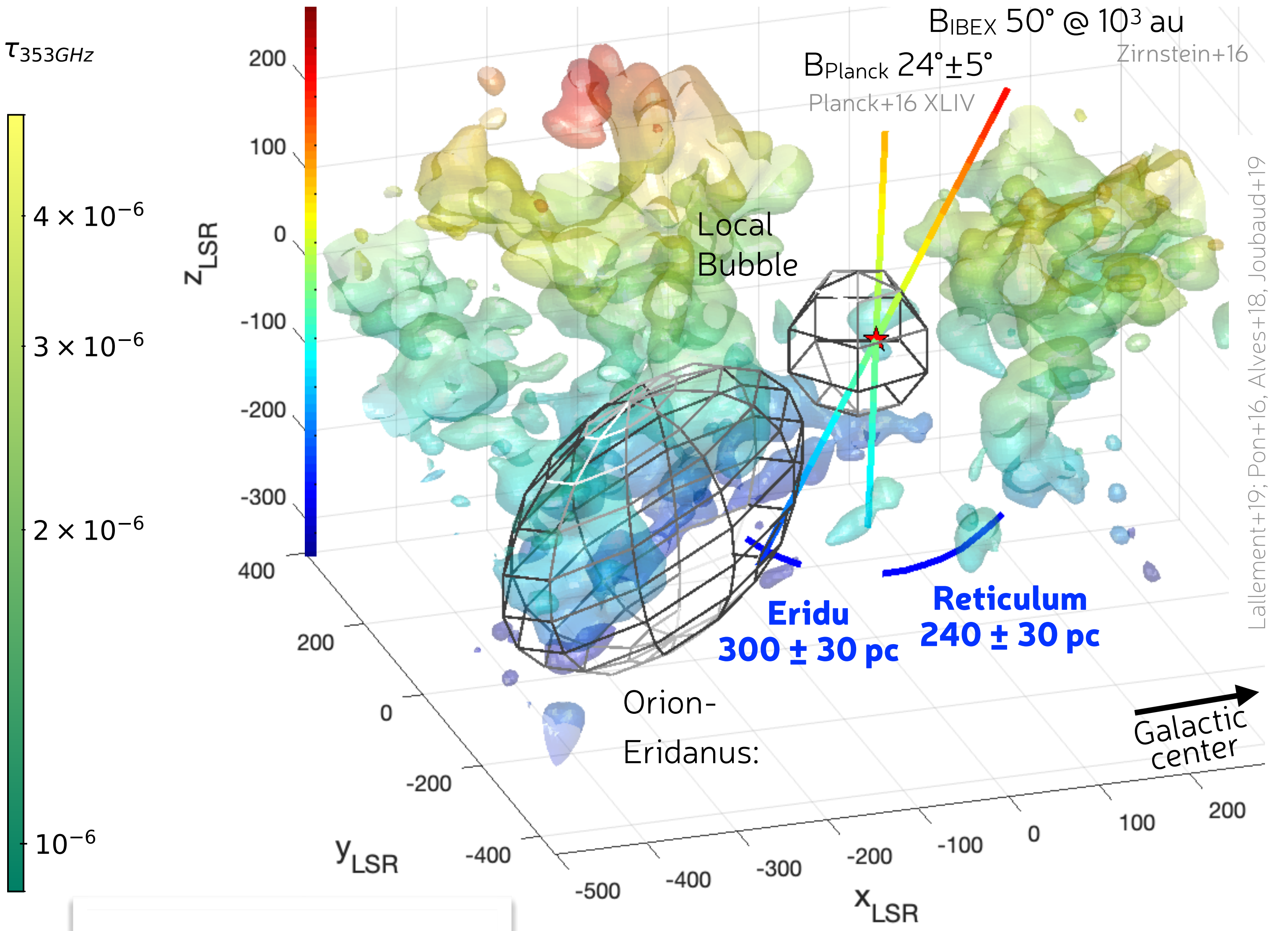
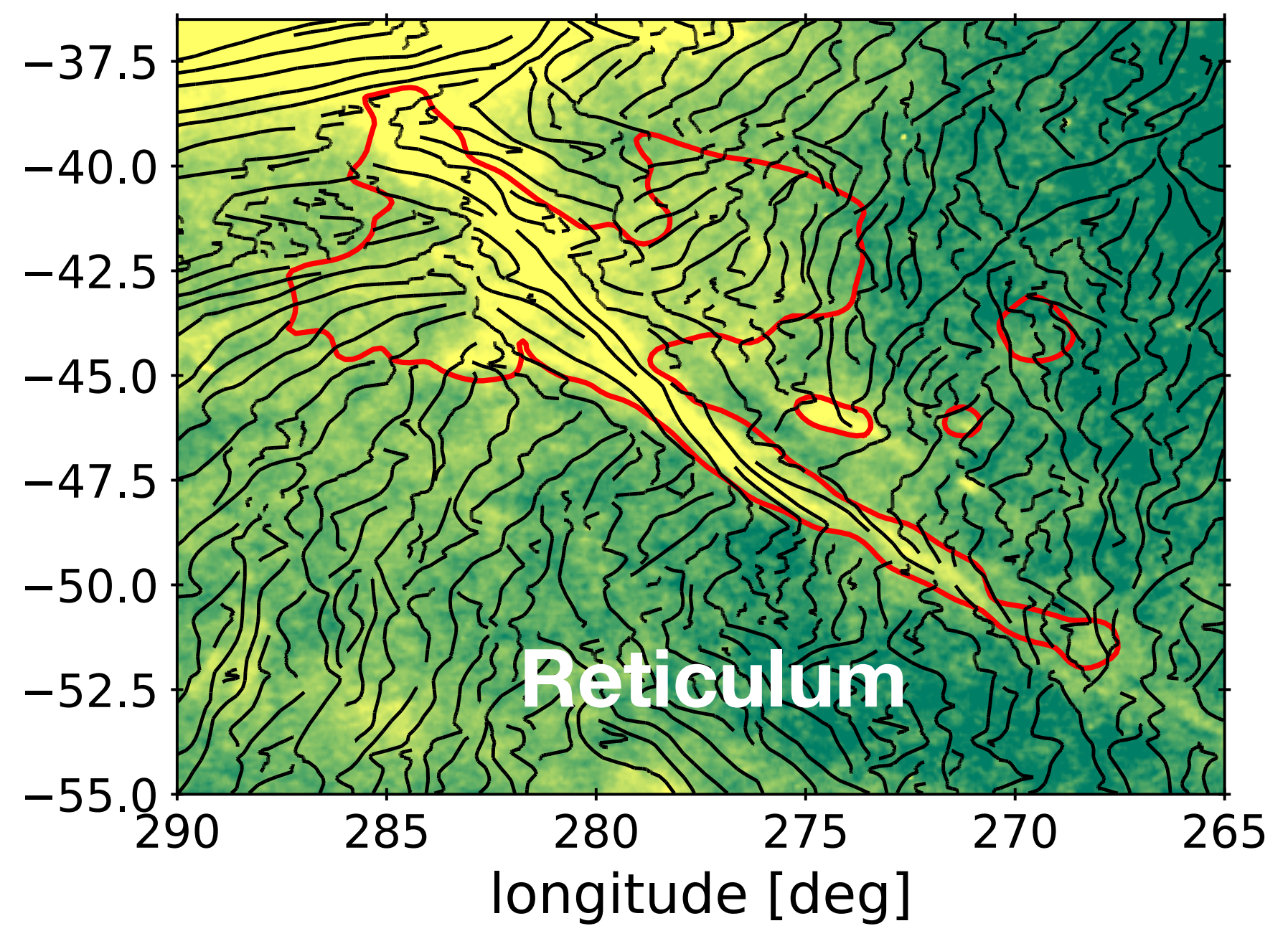
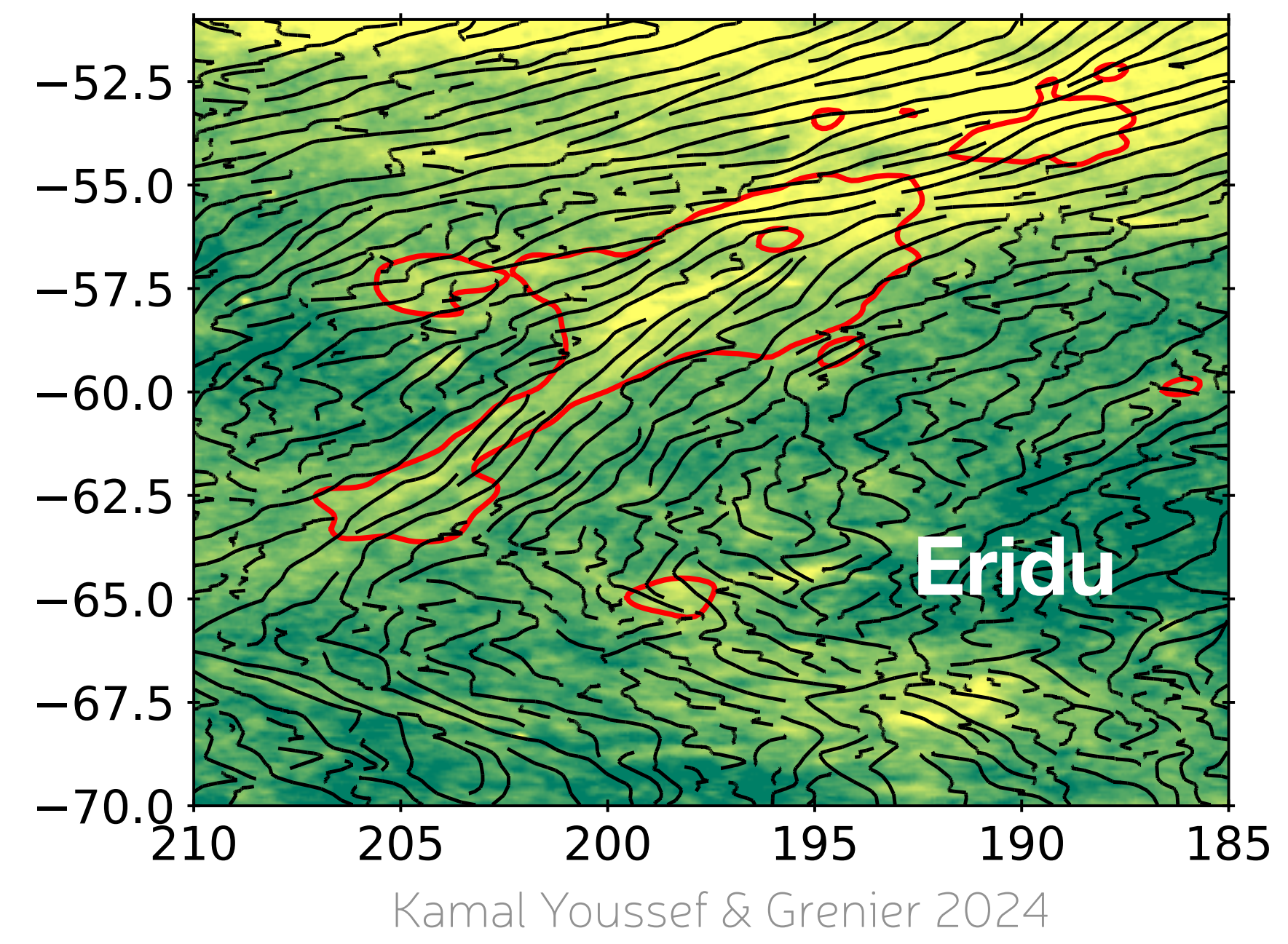
a local cosmic-ray puzzle

● γ -ray emissivity from CR interactions **per gas nucleon** in Reticulum consistent with the local average over a few 100 pc



two comparable HI filaments

Kamal Youssef & Grenier 2024



ordered ($\delta\psi \lesssim 10^\circ - 15^\circ$)
 $B_{\text{sky}} \approx 1 - 4 \mu\text{G}$
in both clouds

two comparable HI filaments

● on 1 pc scale

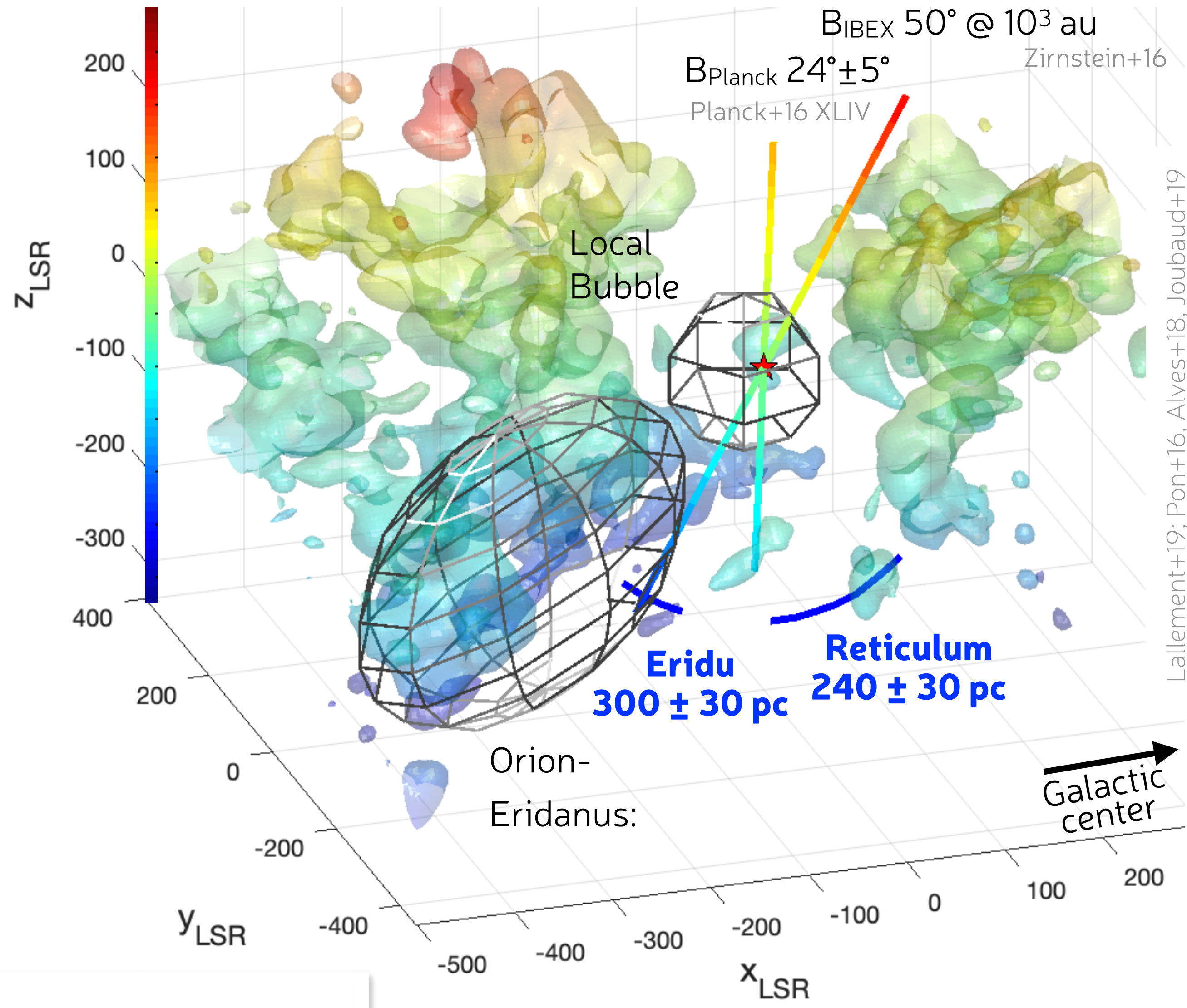
Eridu
WNM + LNM
Reticulum
WNM + CNM + DNM

similar
 pressure balance
 $P_{\text{therm}}/P_B \approx 0.3 - 3$
 in both clouds

$\delta v_{\text{Eri}} \approx 2 \delta v_{\text{Ret}}$
 but same trans-sonic
 turbulence along
 the core of both clouds

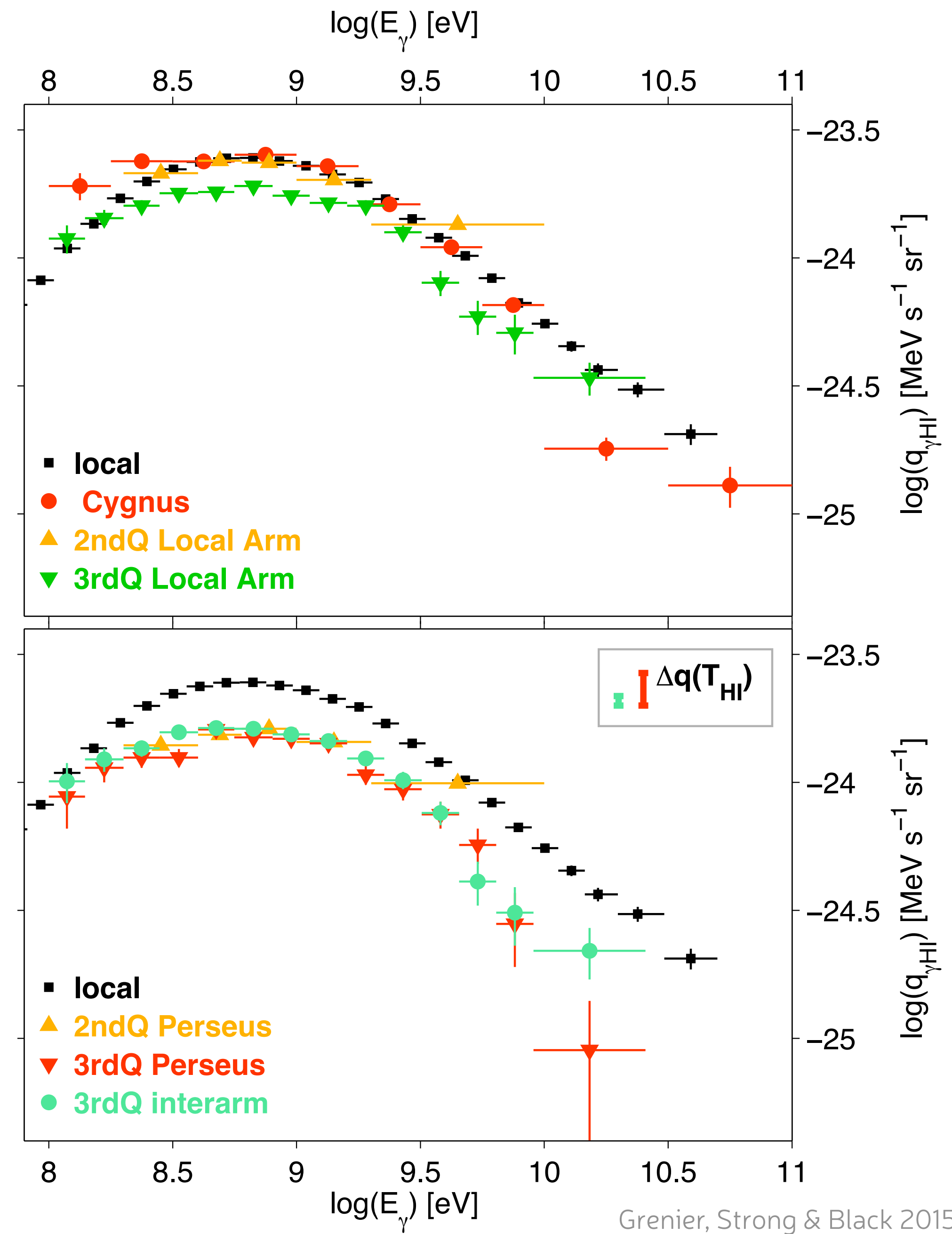
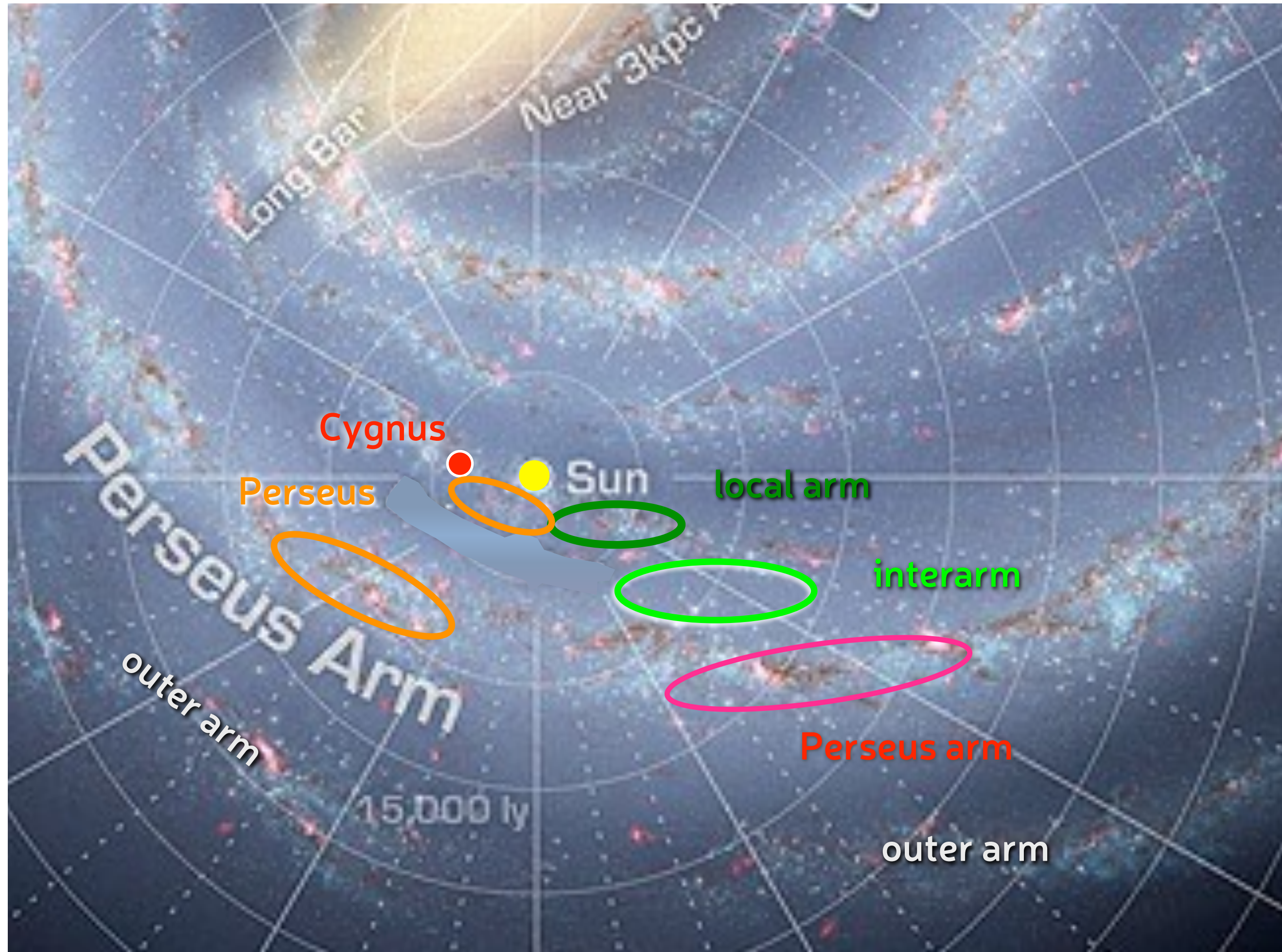
same κ_{\parallel} of few $10^{28} \text{ cm}^2/\text{s}$
 in both clouds if self-streaming
 little change from edge to core

ordered ($\delta\psi \lesssim 10^\circ - 15^\circ$)
 $B_{\text{sky}} \approx 1 - 4 \mu\text{G}$
 in both clouds



no clear contrast with star formation activity

- super-Alfvénic arm (tangled B, isotropic κ) vs interarm sub-Alfvénic (stiff B, anisotropic κ)
- more supernova sources
- yet same average spectrum ...

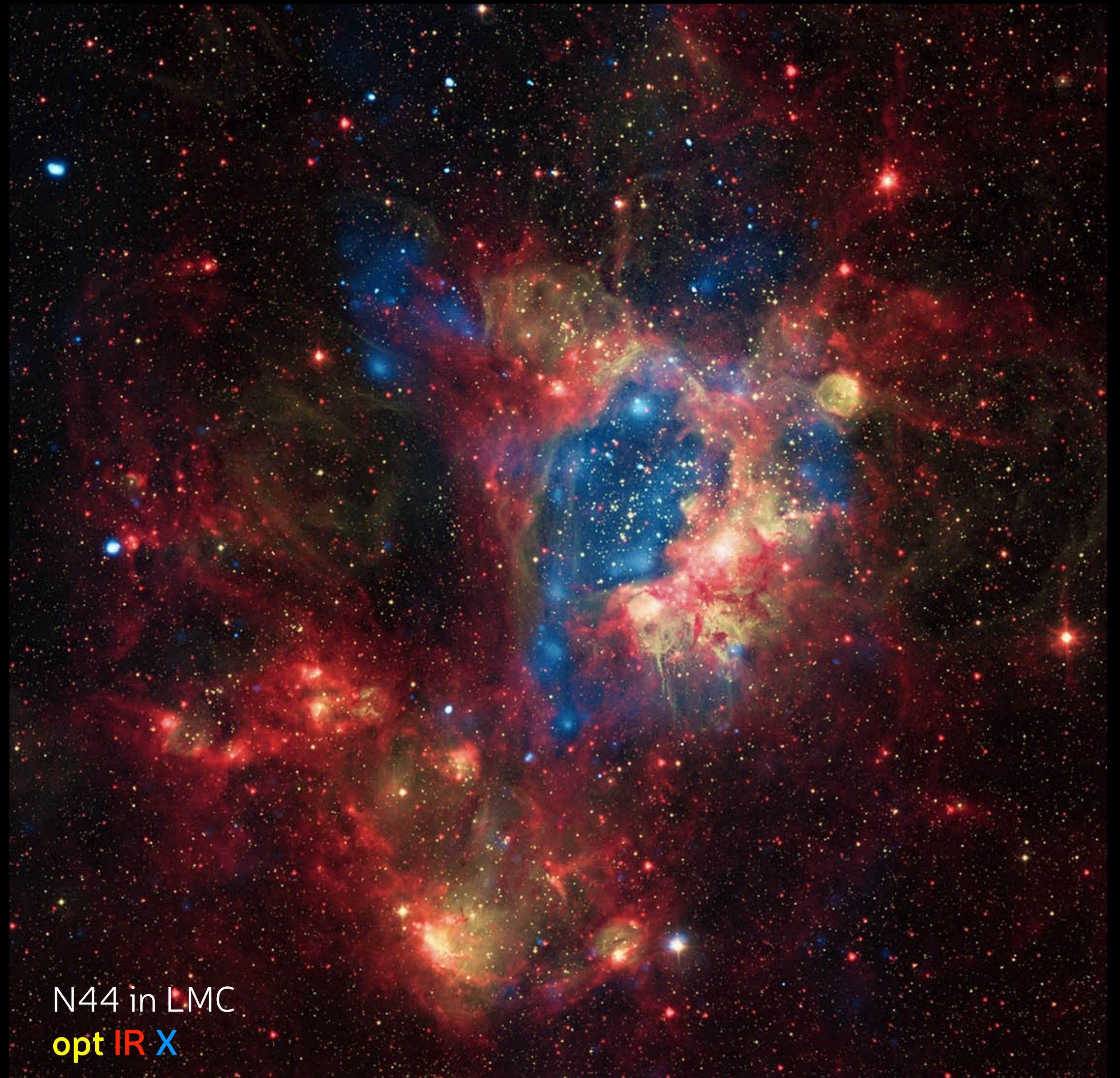


bubbling cosmic-ray nurseries

- Fermi I acceleration by a series (in space & time) of SN shock waves
- Fermi II re-acceleration by stellar winds and reflected shocks
- expansion losses & radiative losses

- CR composition =>
19⁺¹¹₋₆ % of accelerated nuclei from OB+SN ejecta
+ 81 % accelerated from ISM gas

Murphy+2016



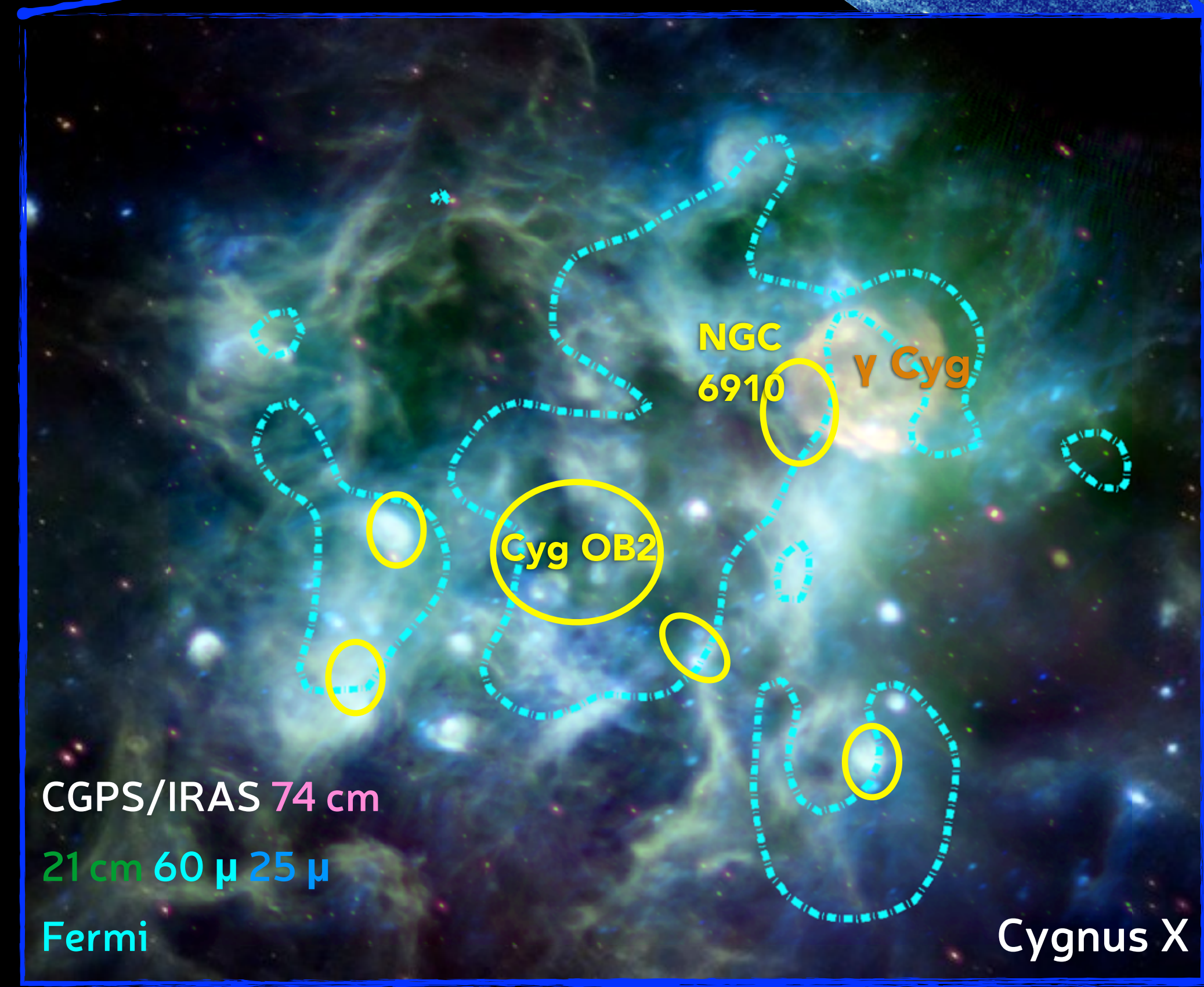
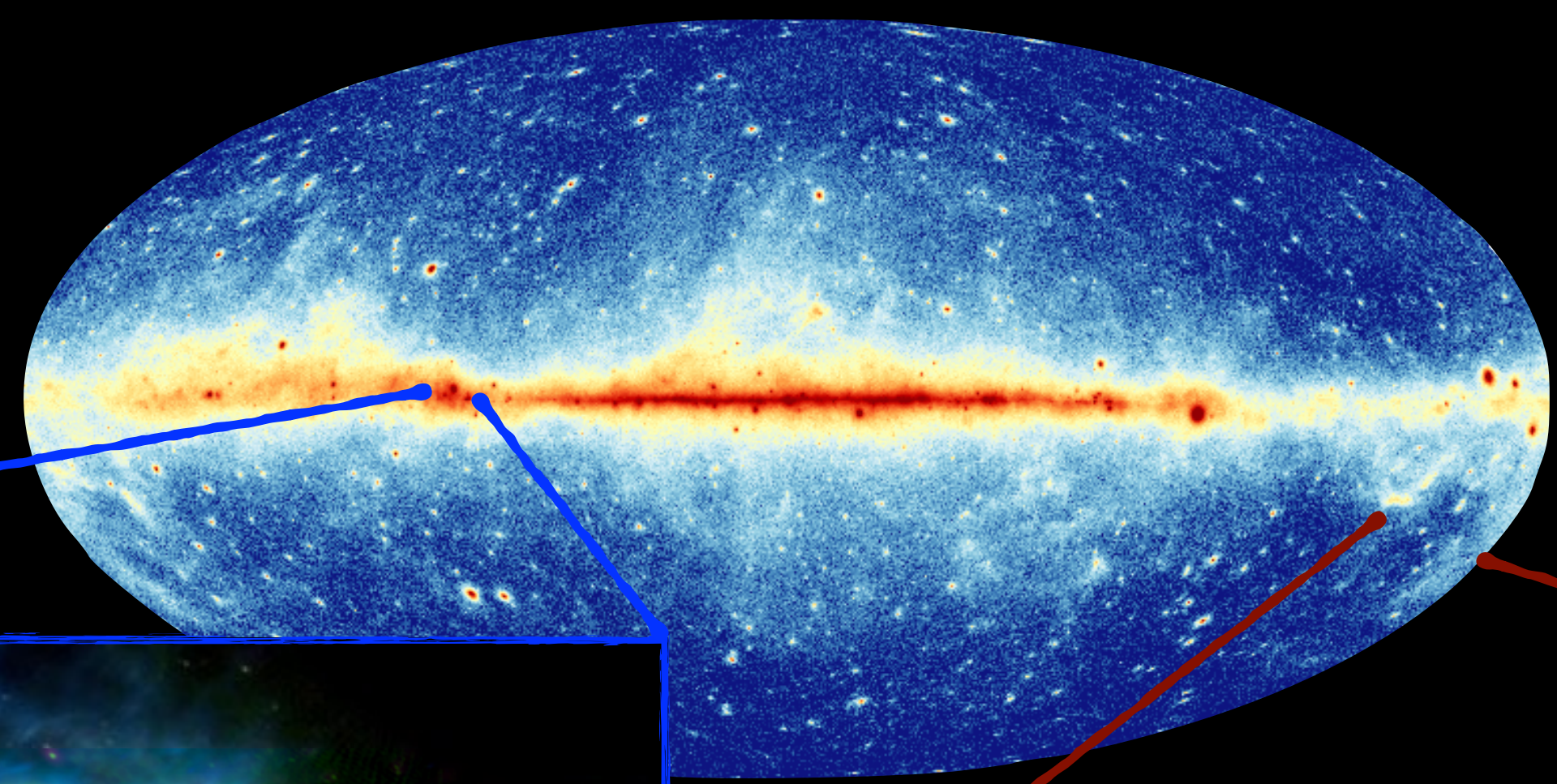
Enrico Fermi and Frank Capra 1957: A strange case of cosmic rays



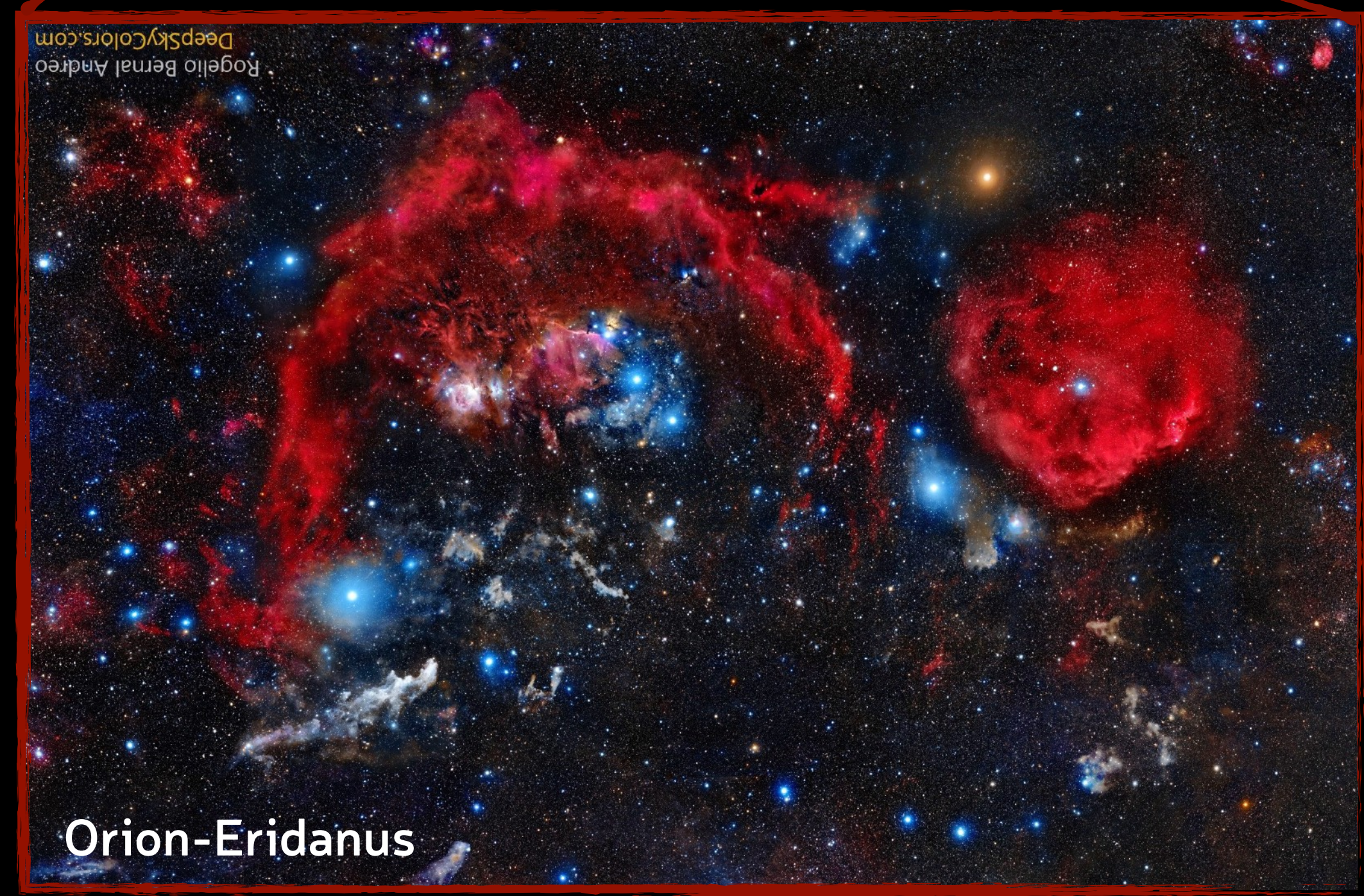
two cases of bubbling cosmic-ray nurseries

● resolved in γ rays

| | OB stars | SN/Myr | R [pc] |
|----------|----------|--------|--------|
| Cyg X | 143 | 6 | 50 |
| Eridanus | 62 +48 | 1 | 100 |



Ackermann+ 2011



Joubaud+ 2020

hard γ rays, $E_{CR}^{-2.4}$ $\kappa(E) \approx \kappa_{ISM}/100$?

no hard γ rays, $E_{CR}^{-2.7} \Rightarrow \delta B_k^2 \propto k^{-5/3}$ or $\delta B_k^2 \propto k^{-3/2}$ & $\frac{\delta B_k^2}{B^2} < 30\%$

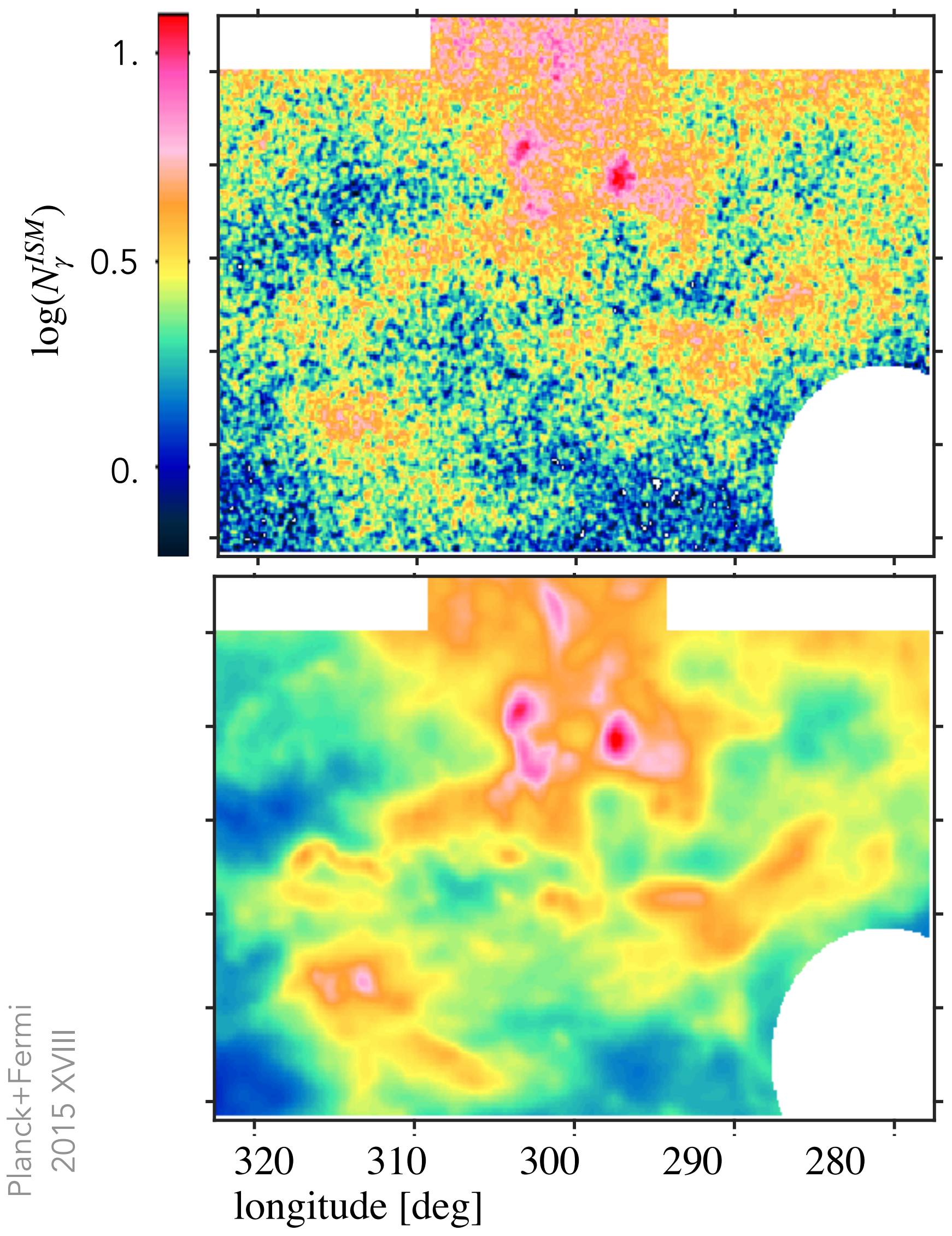
super rays
to weigh interstellar gas



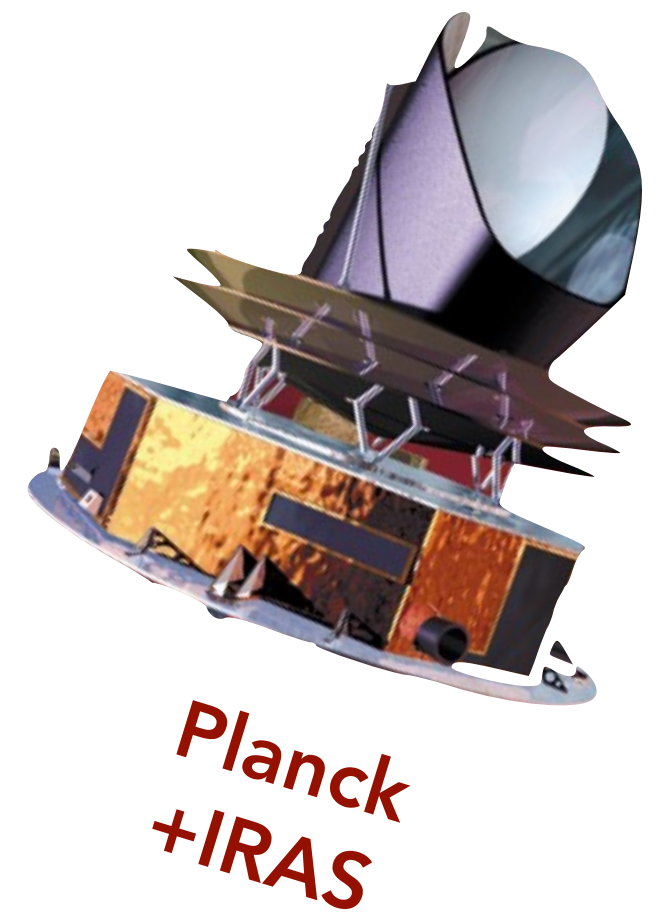
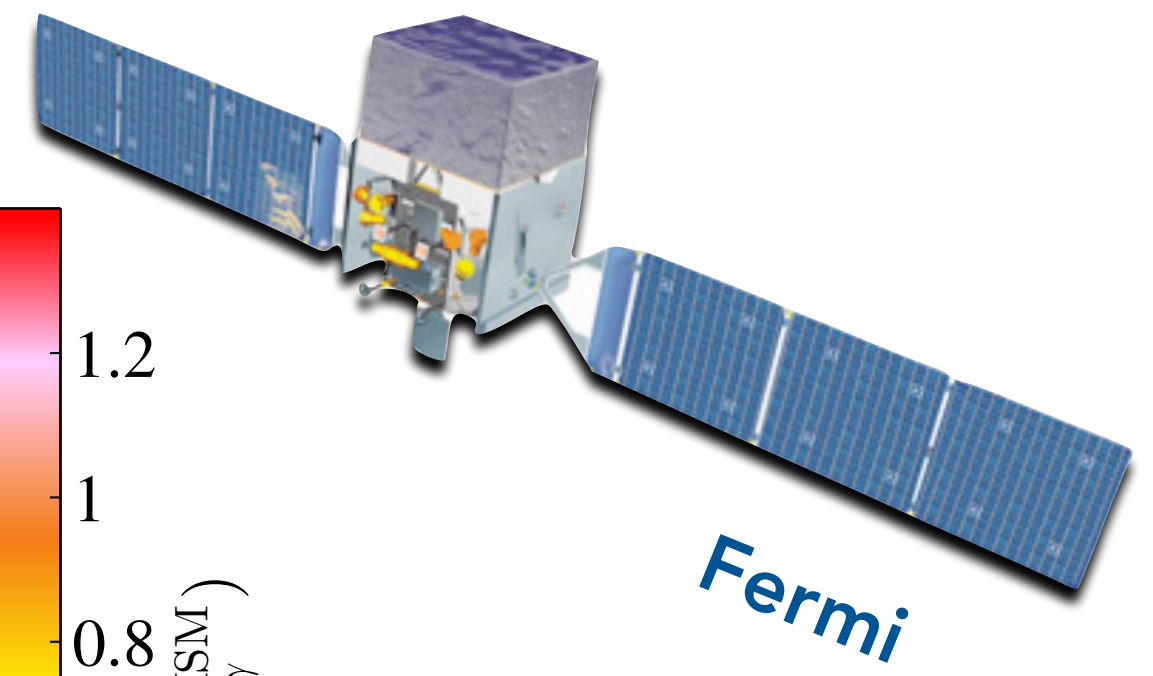
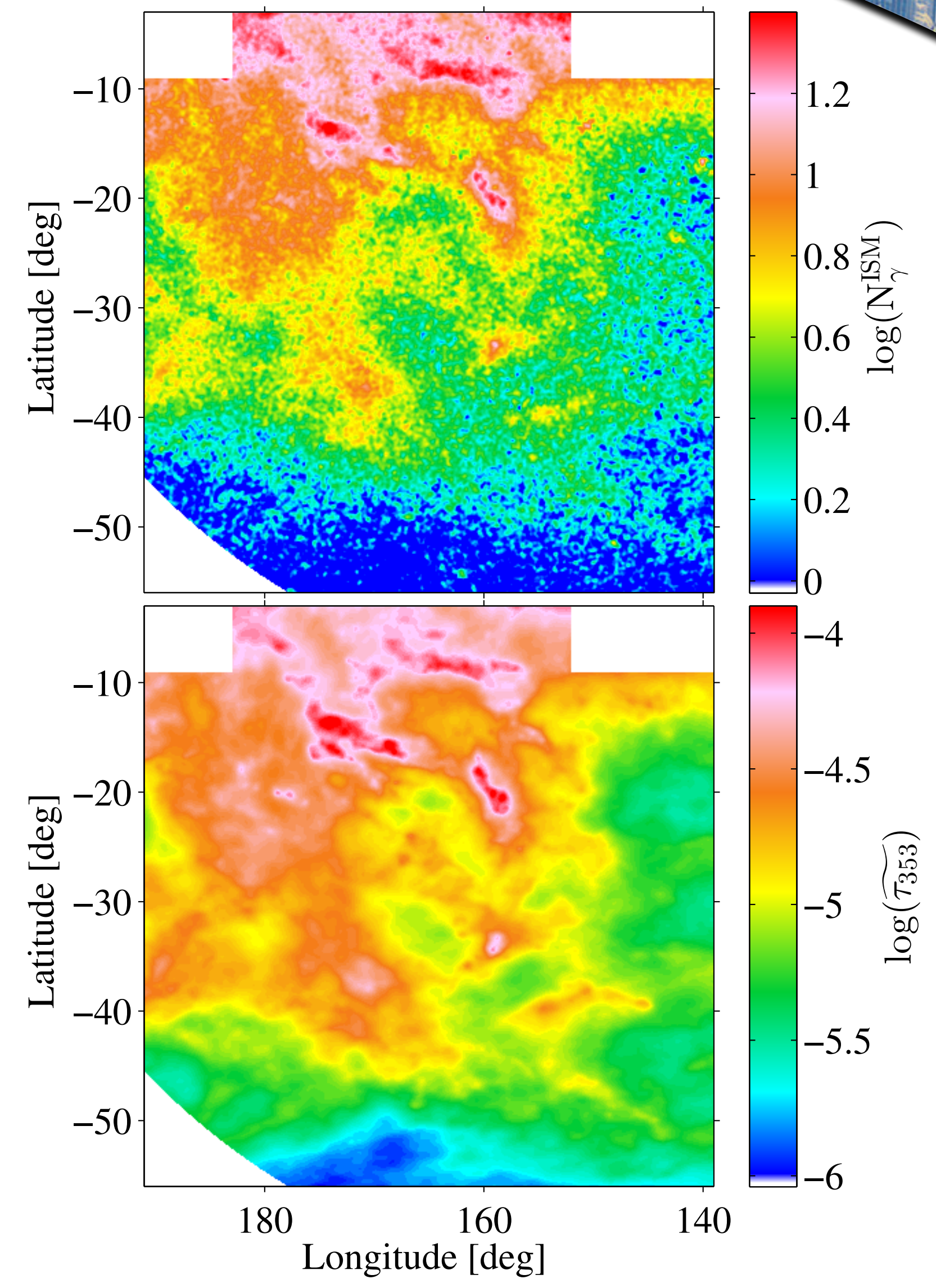
coupling total gas tracers

- γ rays if uniform CR flux ($> \text{few GeV}$) across the HI and H₂ phases of a given cloud complex ✓
- dust if uniform dust emission opacity τ_{353}/N_H ✗

Chamaeleon



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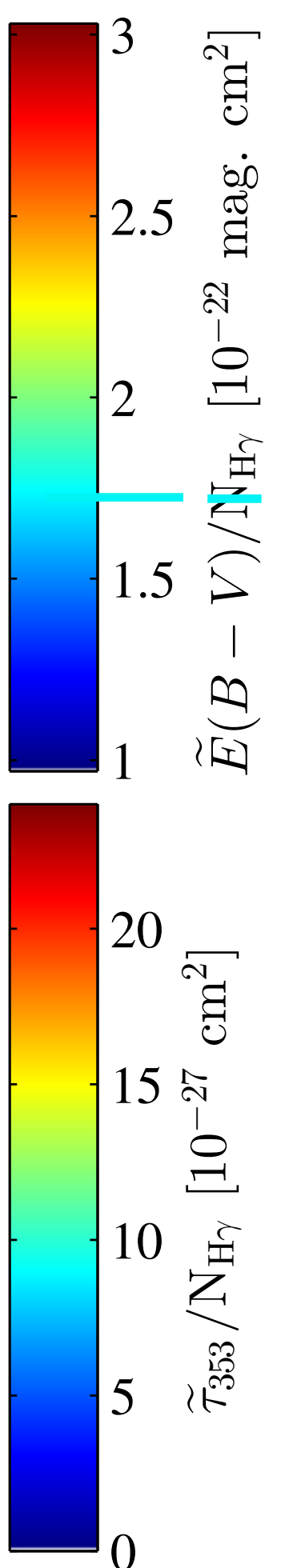
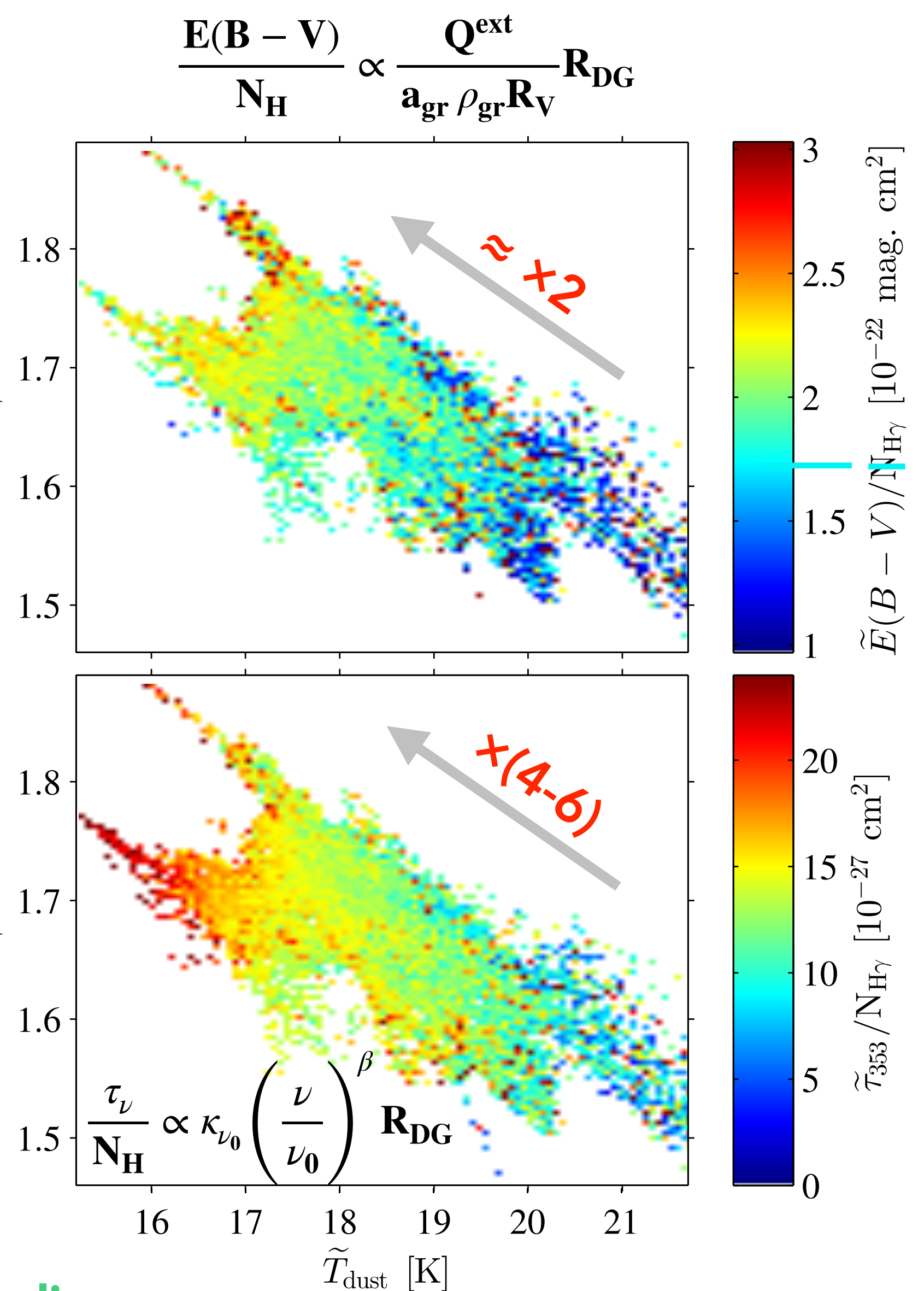
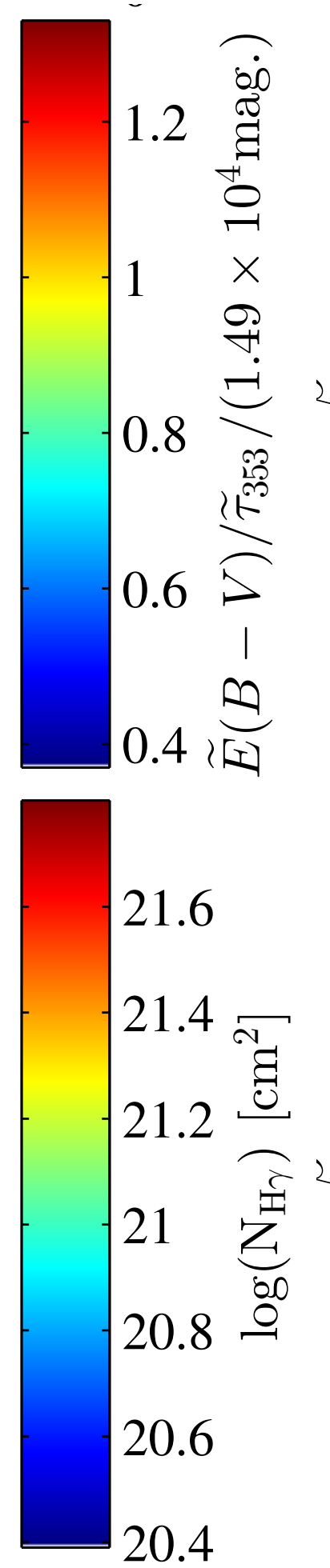
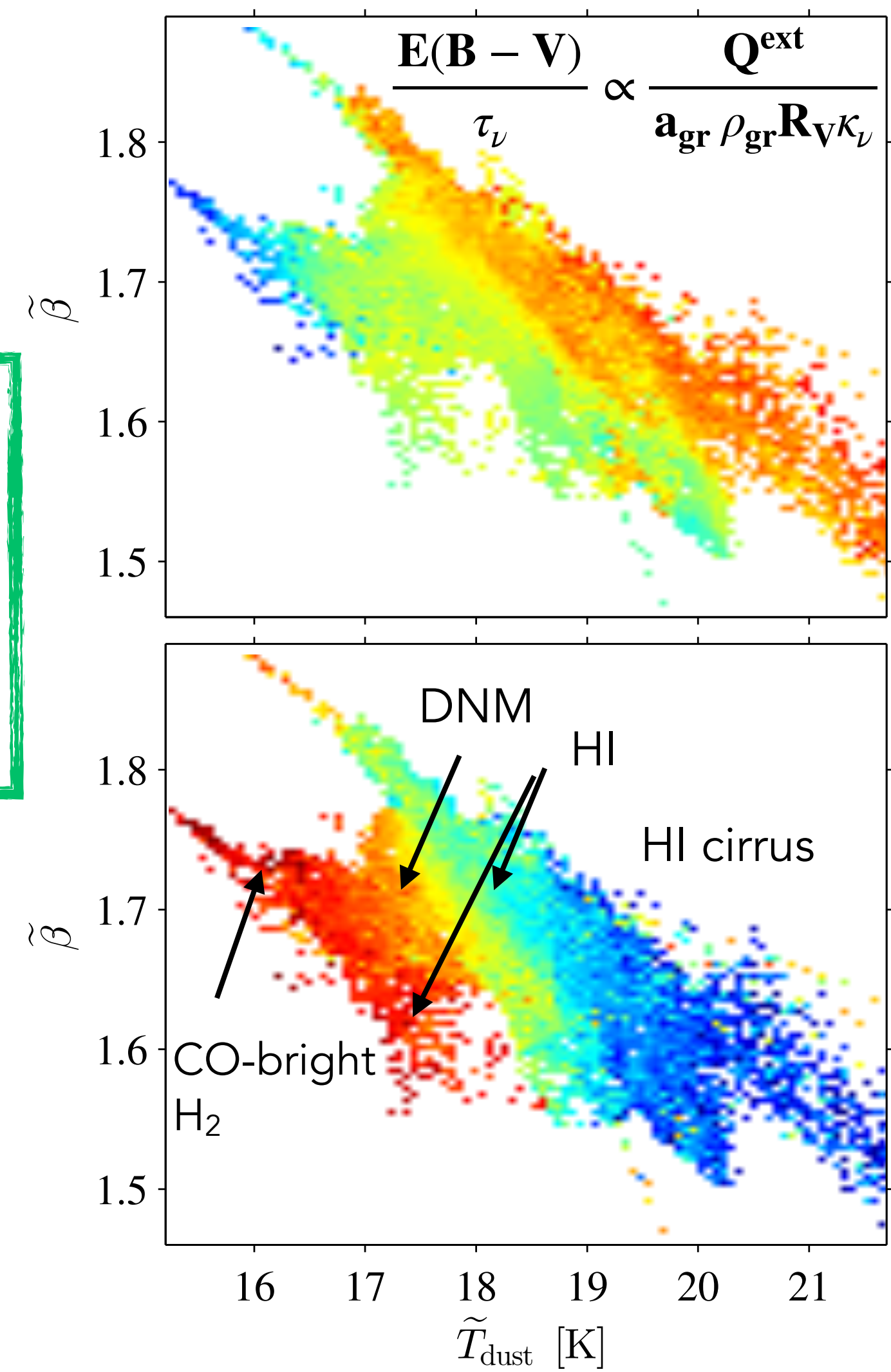


dust grain evolution

- changes in dust properties per gas nucleon
- large increase in emission opacity $\tau_{353\text{GHz}}/N_{\text{H}}$
- modest increase in specific reddening $E(B-V)/N_{\text{H}}$

dust = non-linear,
 environment-dependent
 gas tracer
 linear gas tracing
 if $N_{\text{H}} < \text{few } 10^{21} \text{ cm}^{-2}$

- R_{DG} = dust-to-gas mass ratio
- κ = emission cross section
- Q_{ext} = extinction efficiency
- $R_V = \frac{A_V}{E(B-V)}$
- a_{gr} = grain radius
- ρ_{gr} = grain mass density



1-3 pc sampling

γ-ray versus dust of X_{CO} estimates

● X_{CO} CO to H₂ conversion ratio

$$X_{CO} = \frac{N(H_2)}{W(CO)} = \frac{N(H_2)}{\int I_{12CO(J=1 \rightarrow 0)}(v) dv}$$

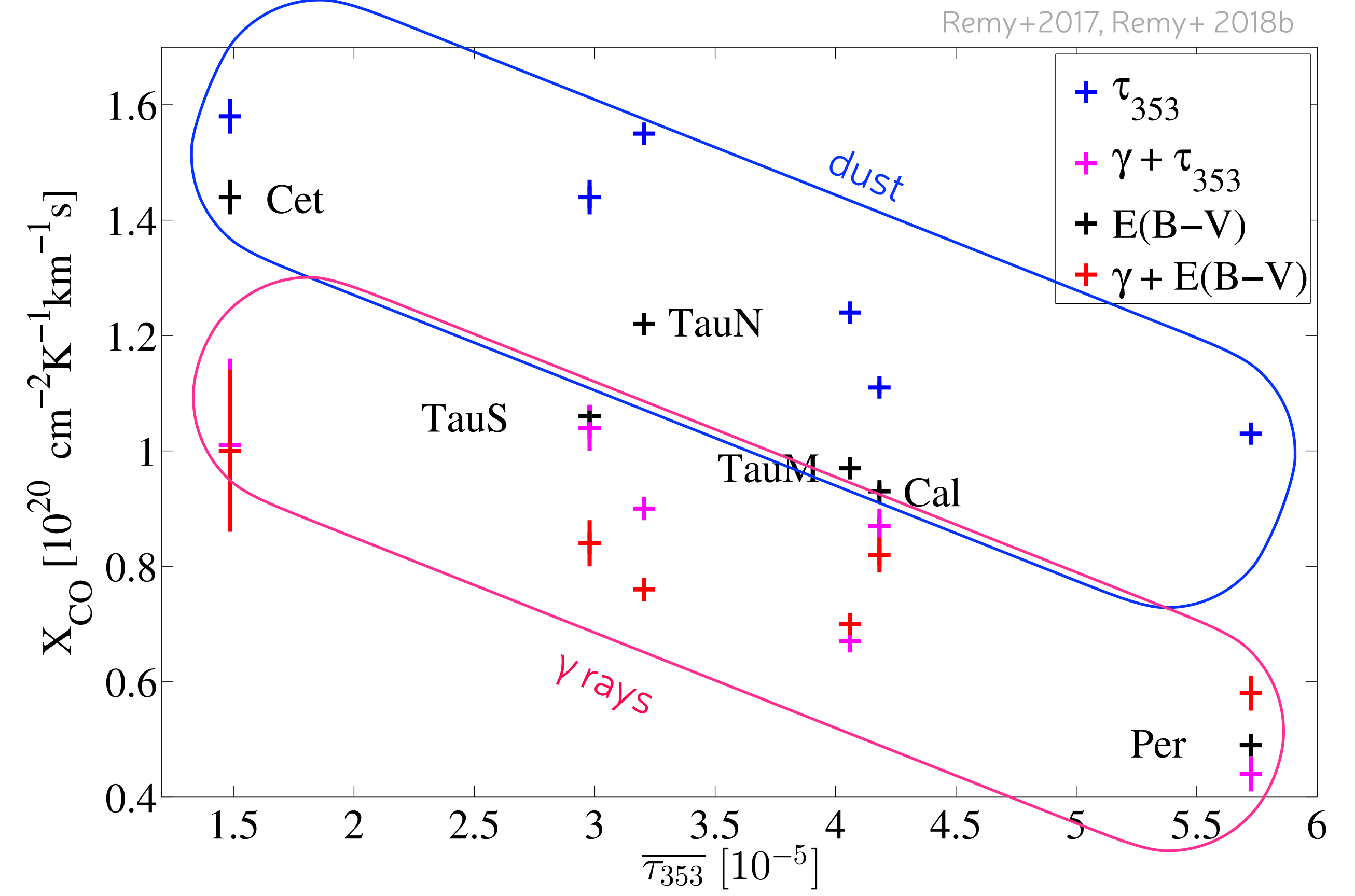
● measurement assumption in **one given** cloud
= same CR flux or same dust/gas in the HI and CO phases

$$X_{CO}^\gamma = \frac{q_\gamma^{CO}}{2q_\gamma^{HI}} \quad X_{CO}^{dust} = \frac{(N_{dust}/N_H)^{CO}}{2(N_{dust}/N_H)^{HI}}$$

● systematic bias in X_{CO}^{dust} due to dust grain evolution

$$X_{CO}^{\tau_{353GHz}} > X_{CO}^{E(B-V)} \gtrsim X_{CO}^\gamma$$

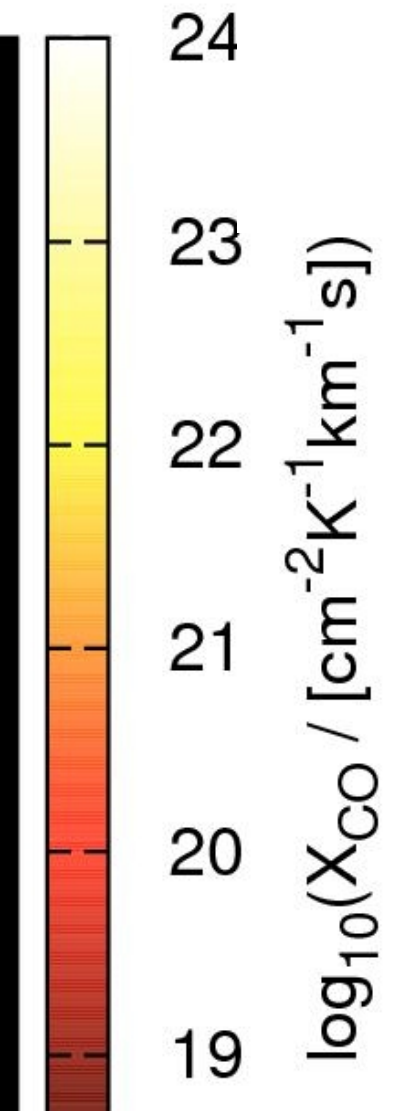
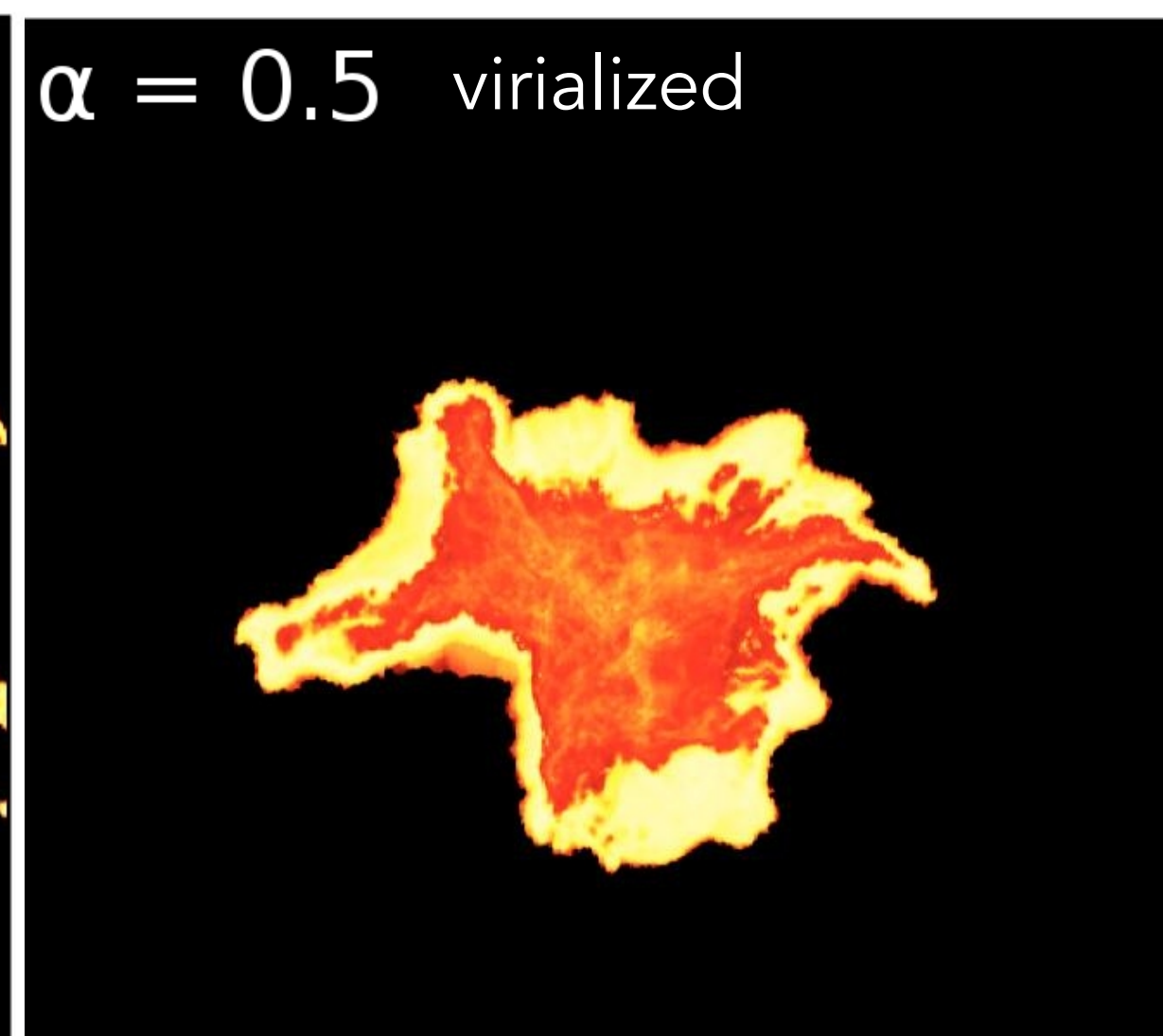
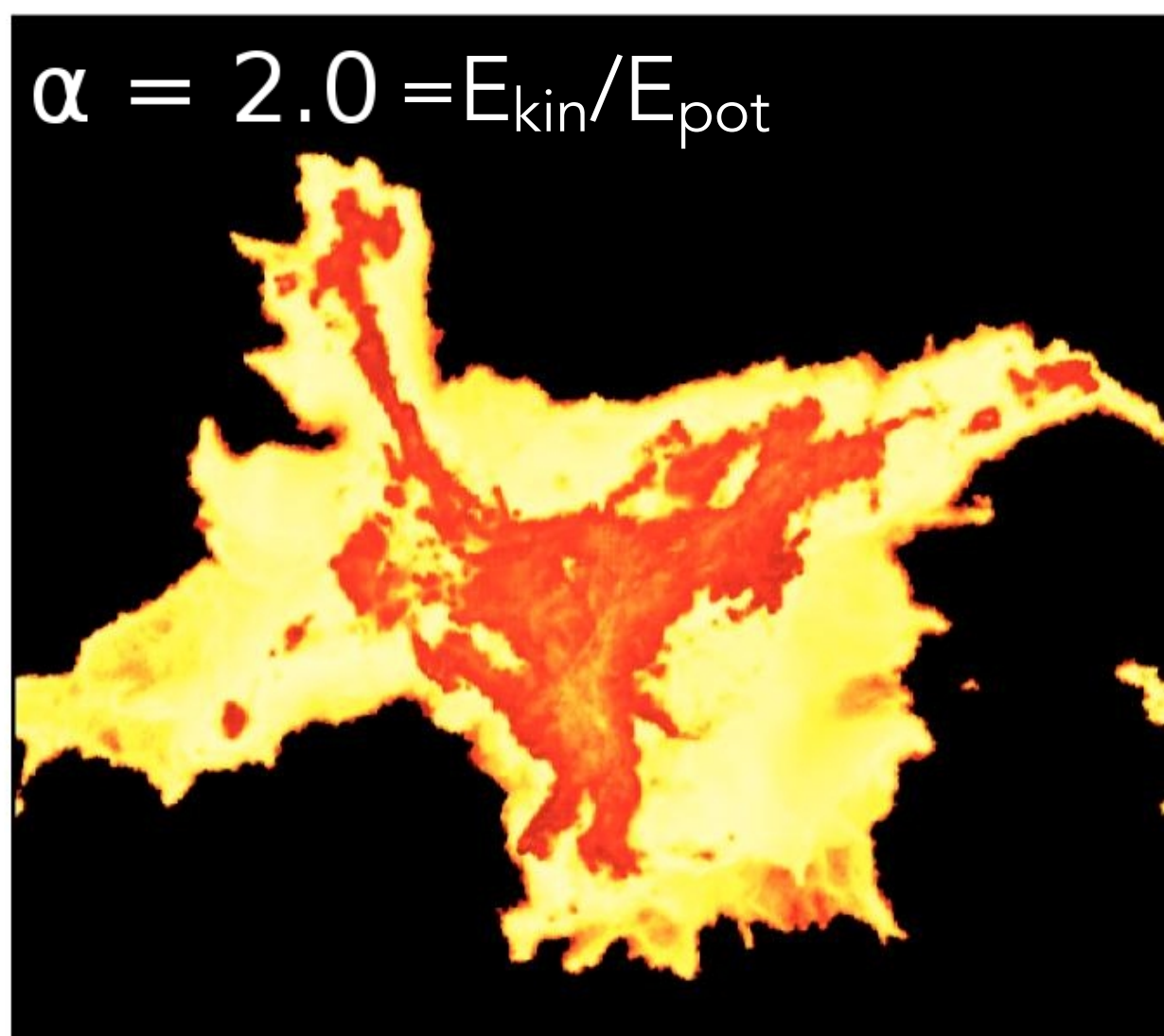
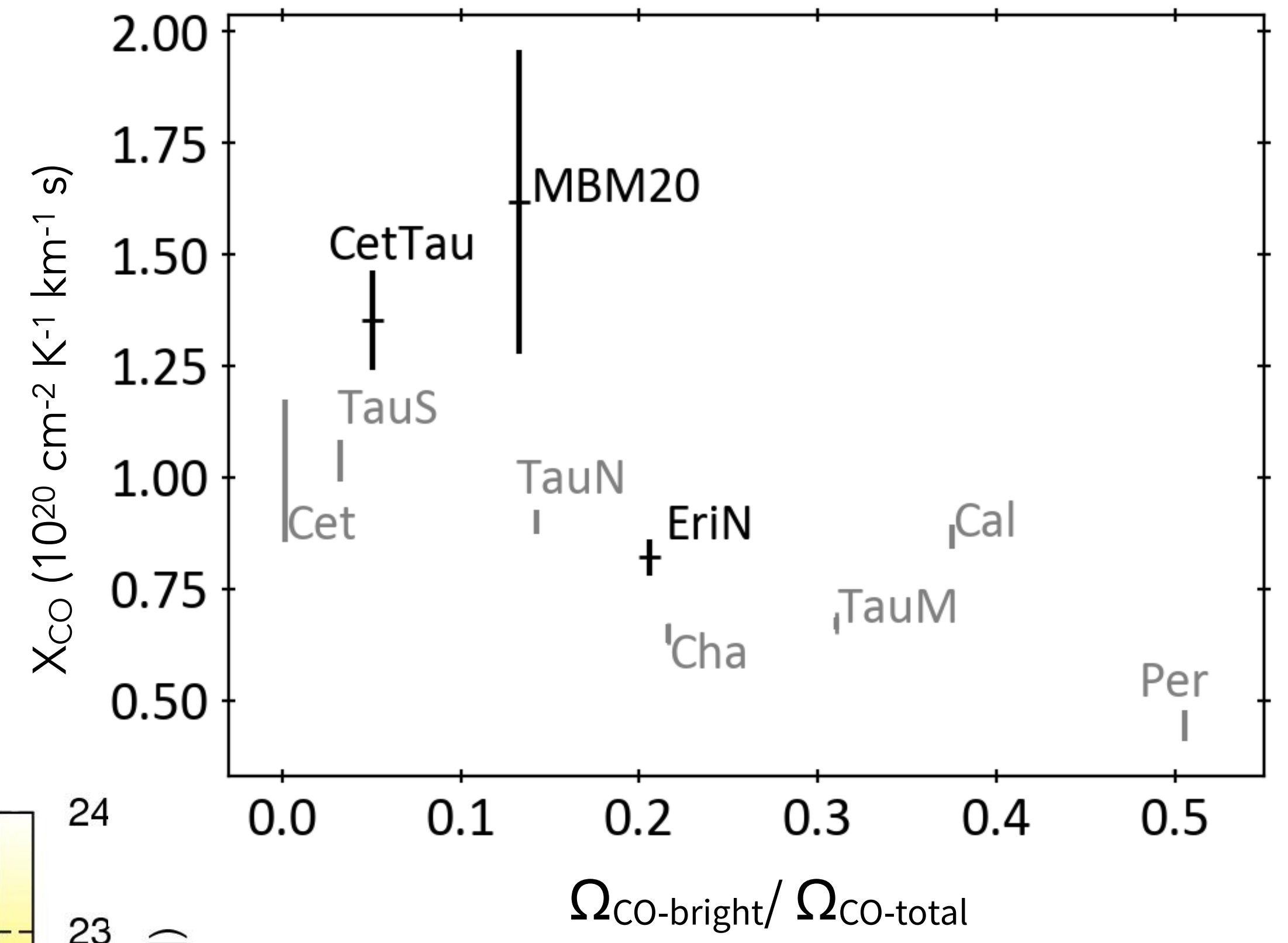
local ISM cloud average
X_{CO} ≈ 10²⁰ cm⁻² (K km/s)⁻¹



X_{CO} versus cloud state

- decrease in average X_{CO} per cloud from diffuse to compact CO clouds
- ok with latest simulations Gong+18
- X_{CO}(kpc) ≈ 2 X_{CO}(pc) ≈ 1.9 10²⁰ cm⁻² (K km/s)⁻¹ Grenier+15

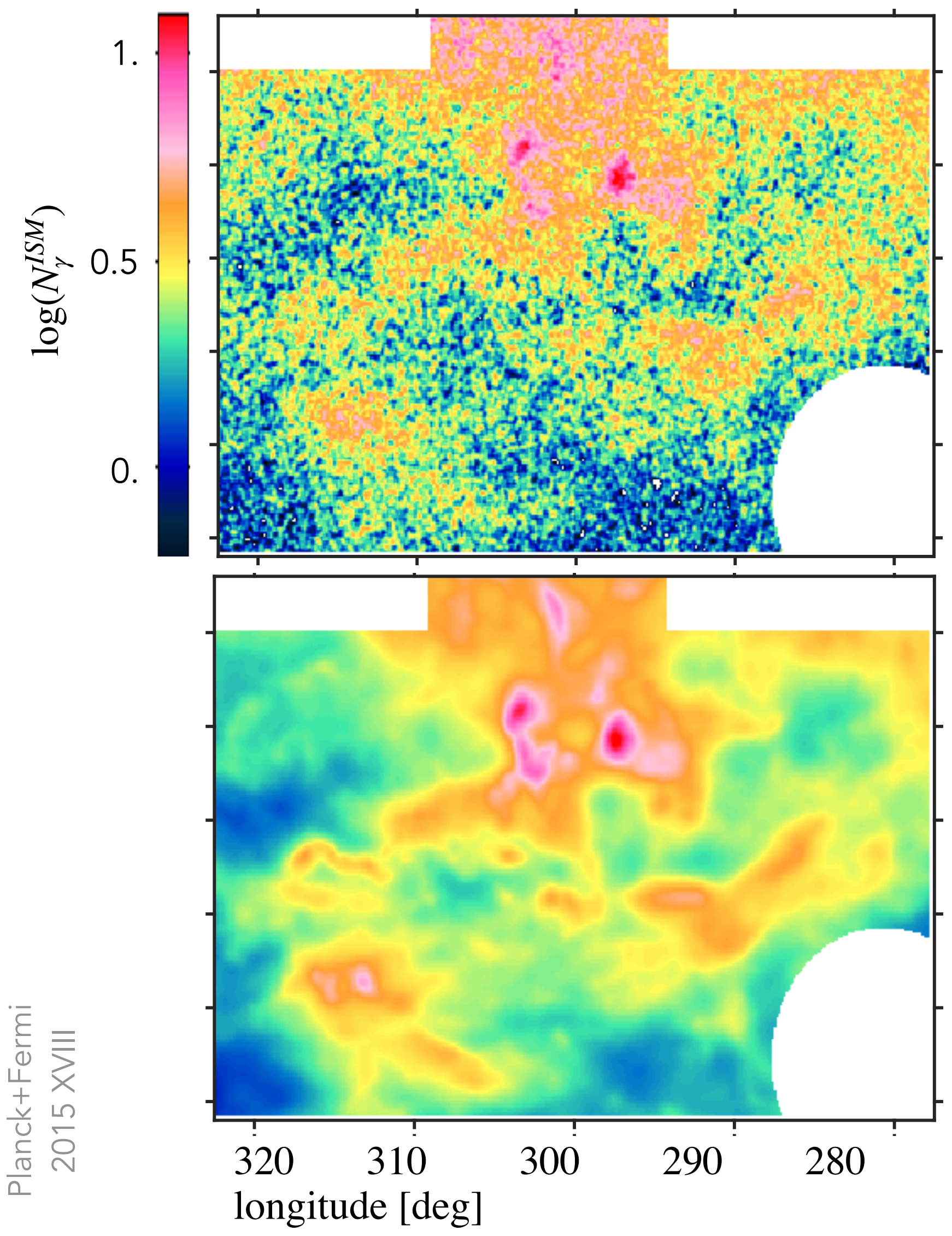
average X_{CO}:
 cloud-state &
 scale dependent factor



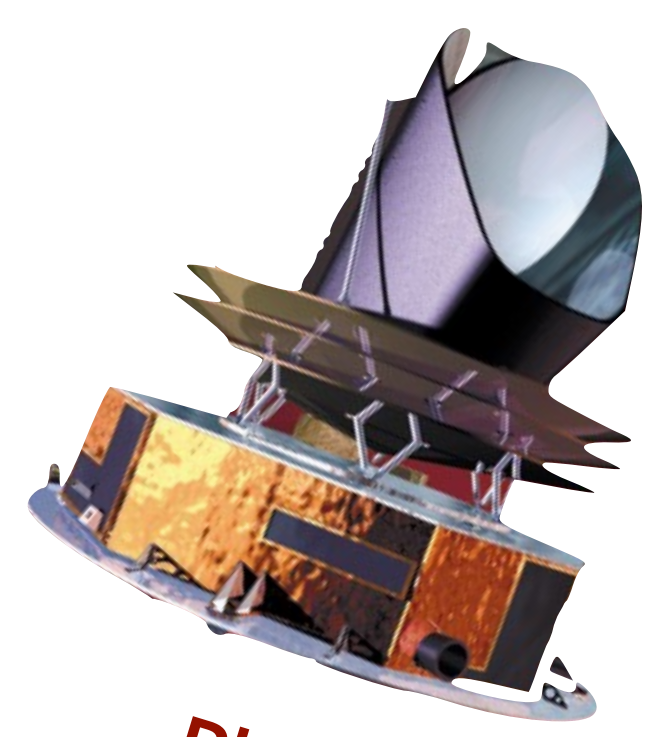
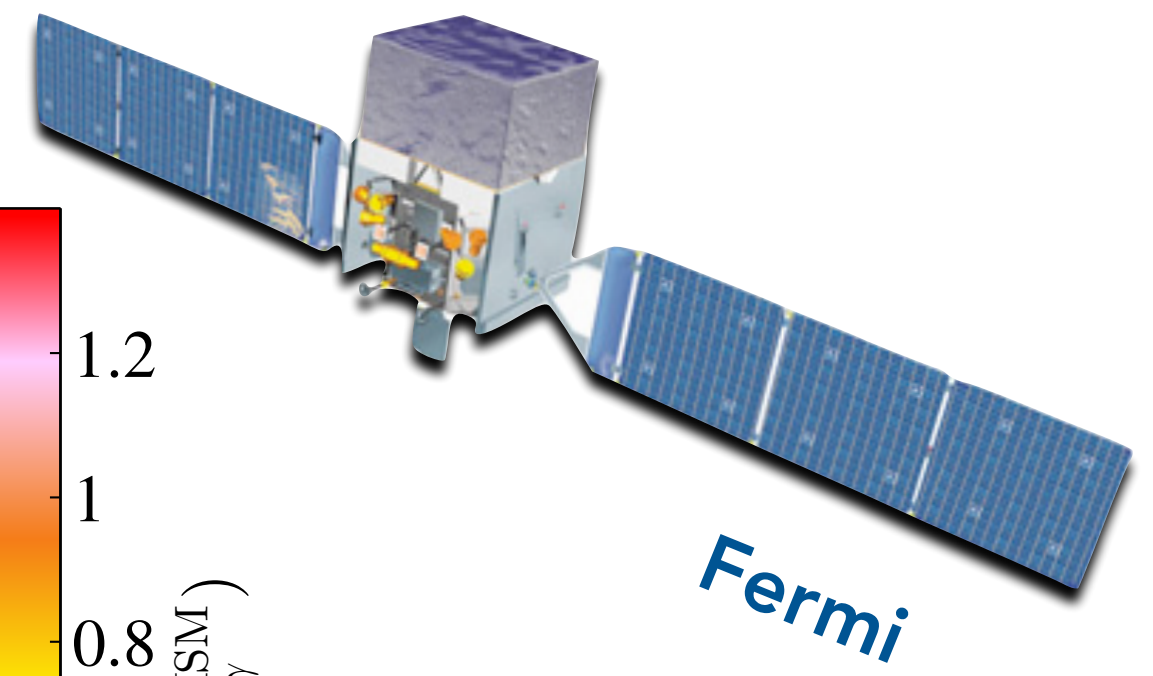
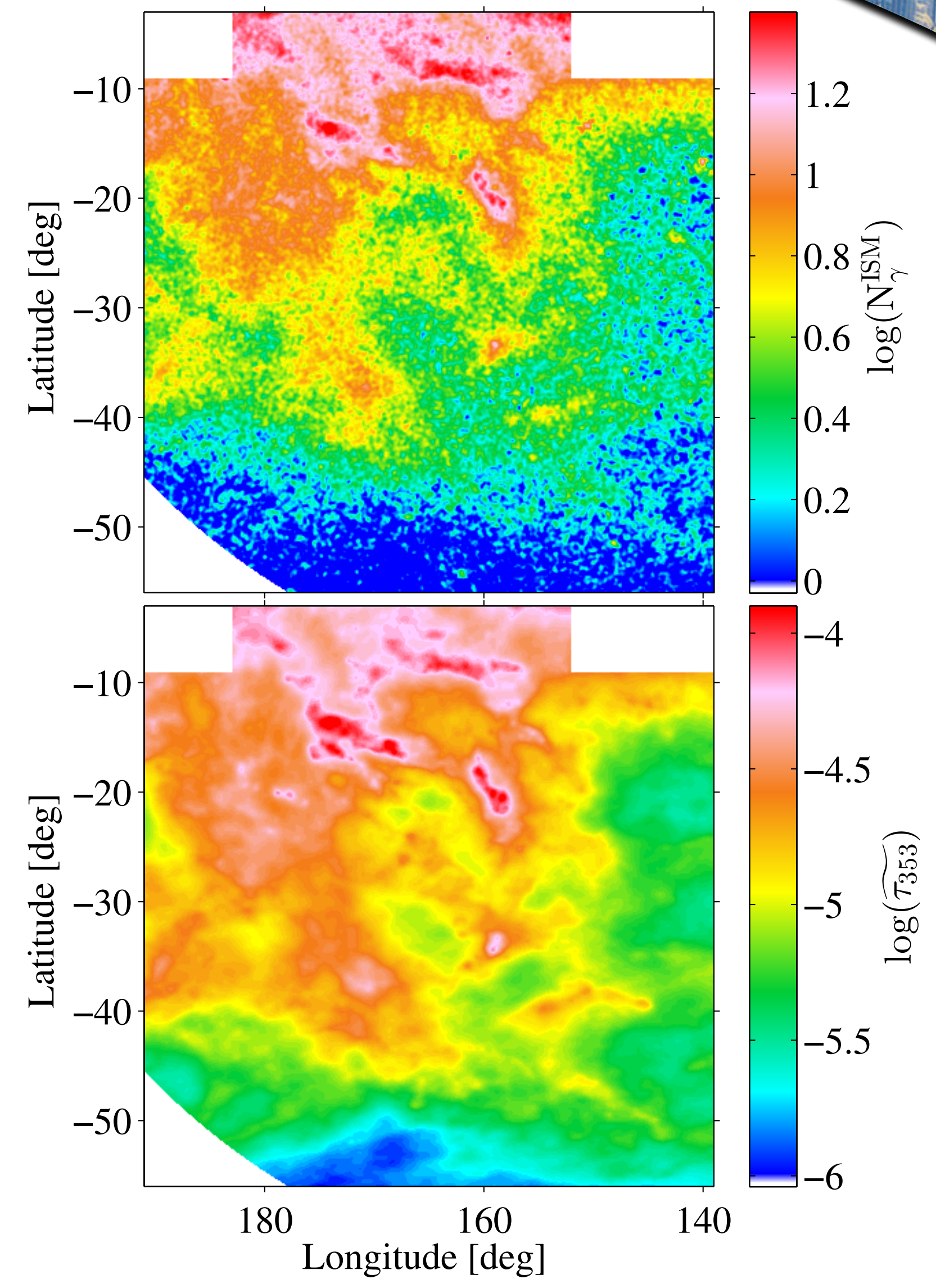
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Chamaeleon



Anticentre



Planck
+IRAS

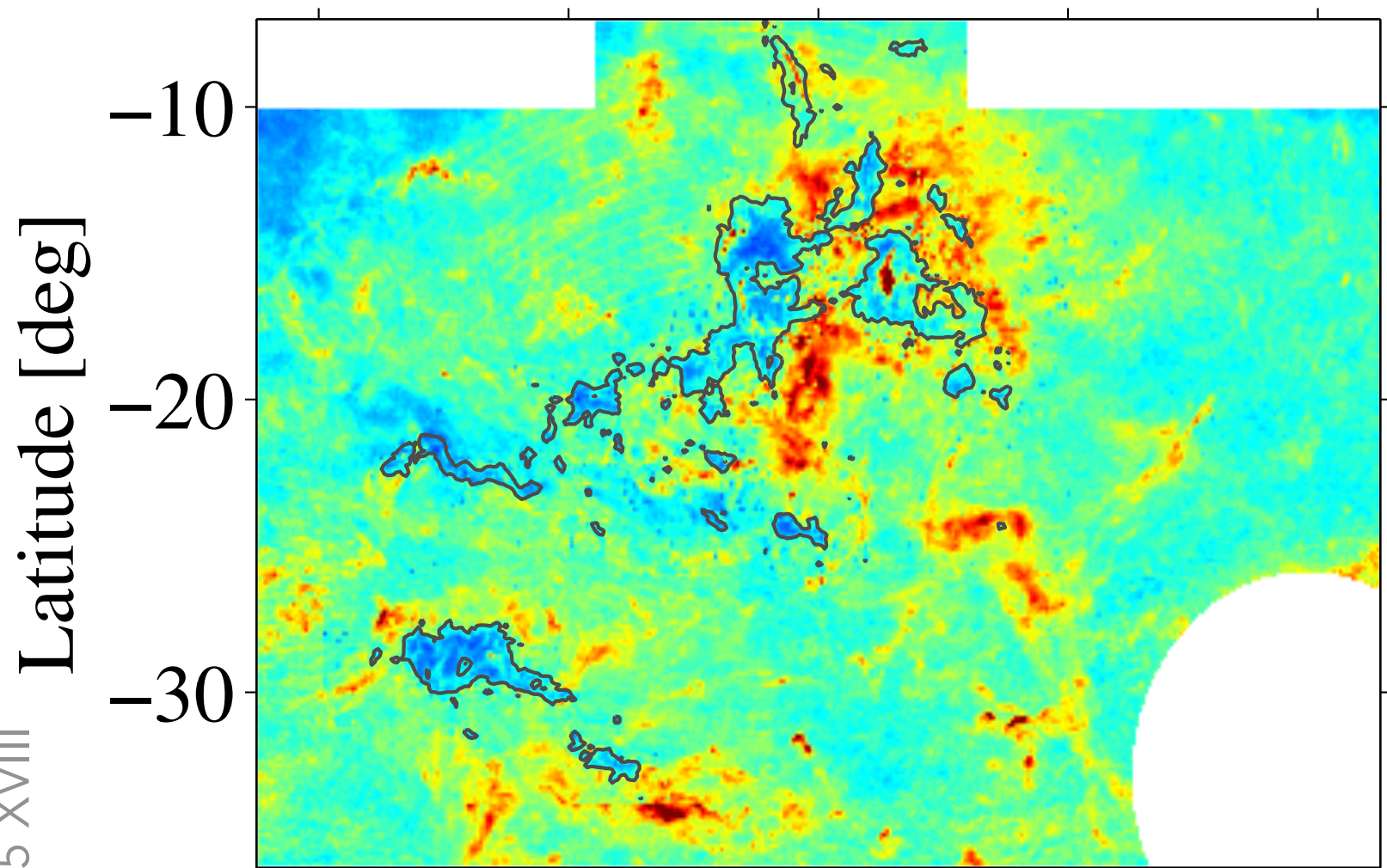
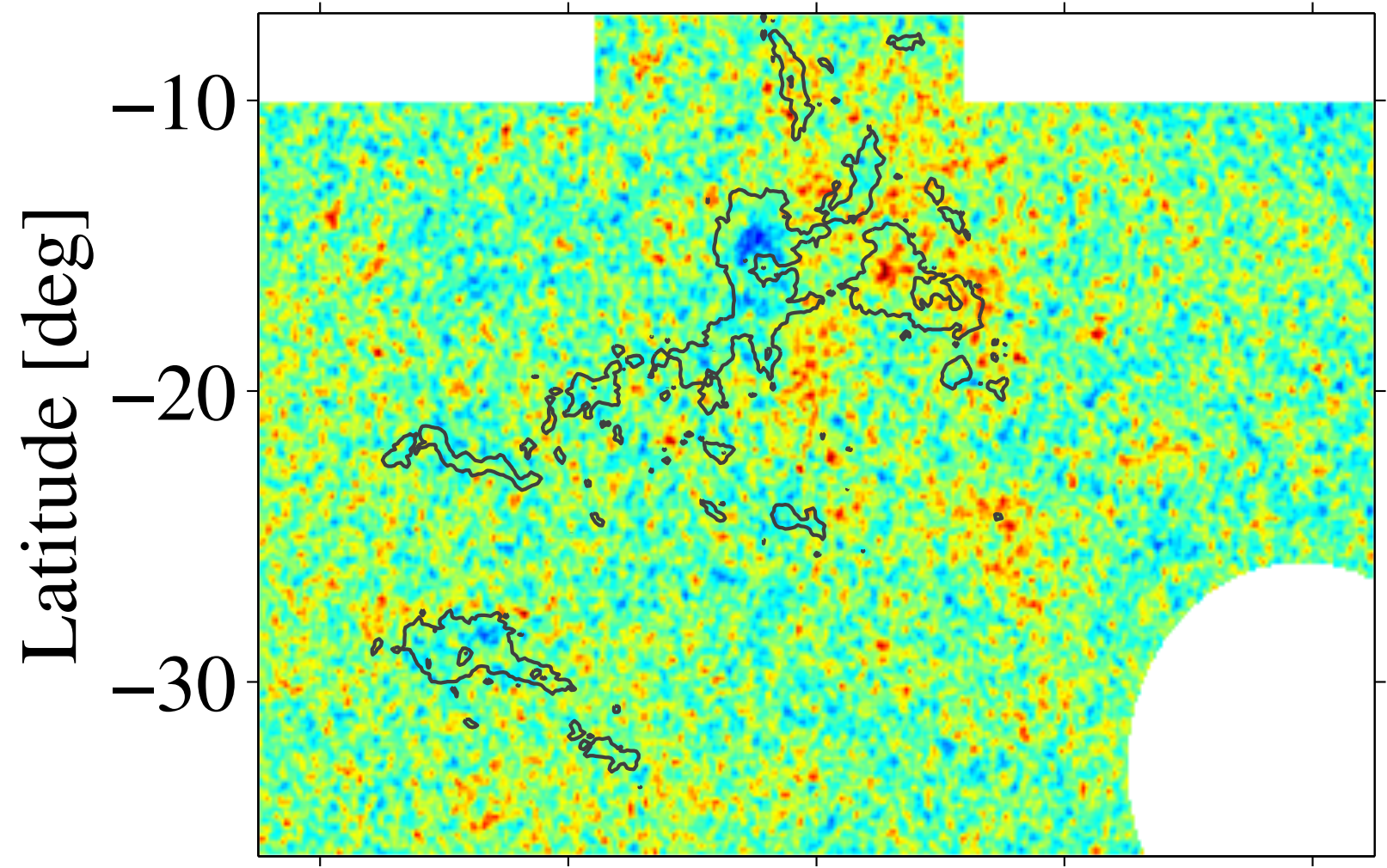
Planck+Fermi
2015 XVIII

Remy+ 2017

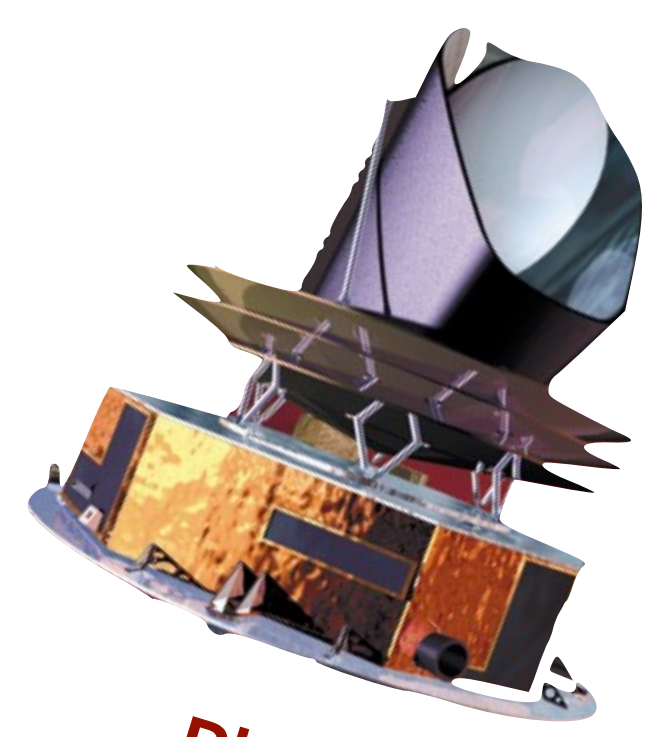
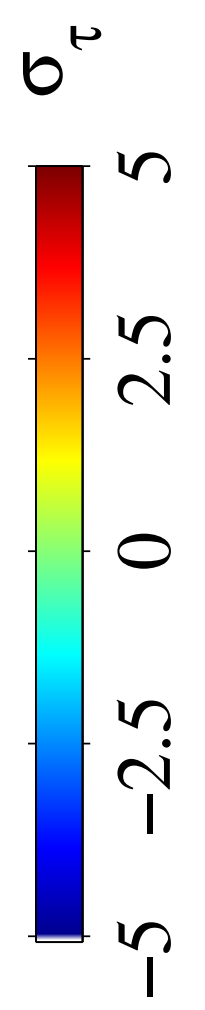
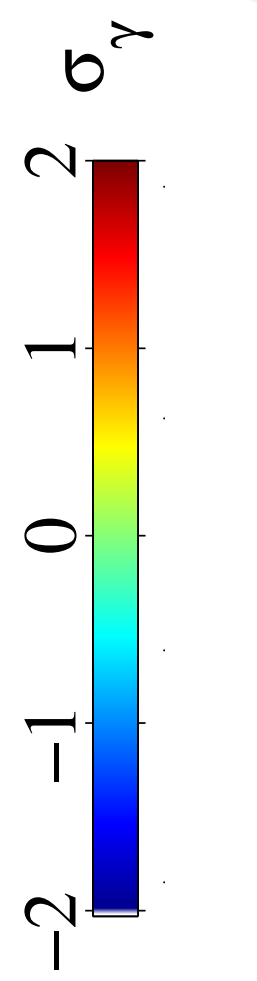
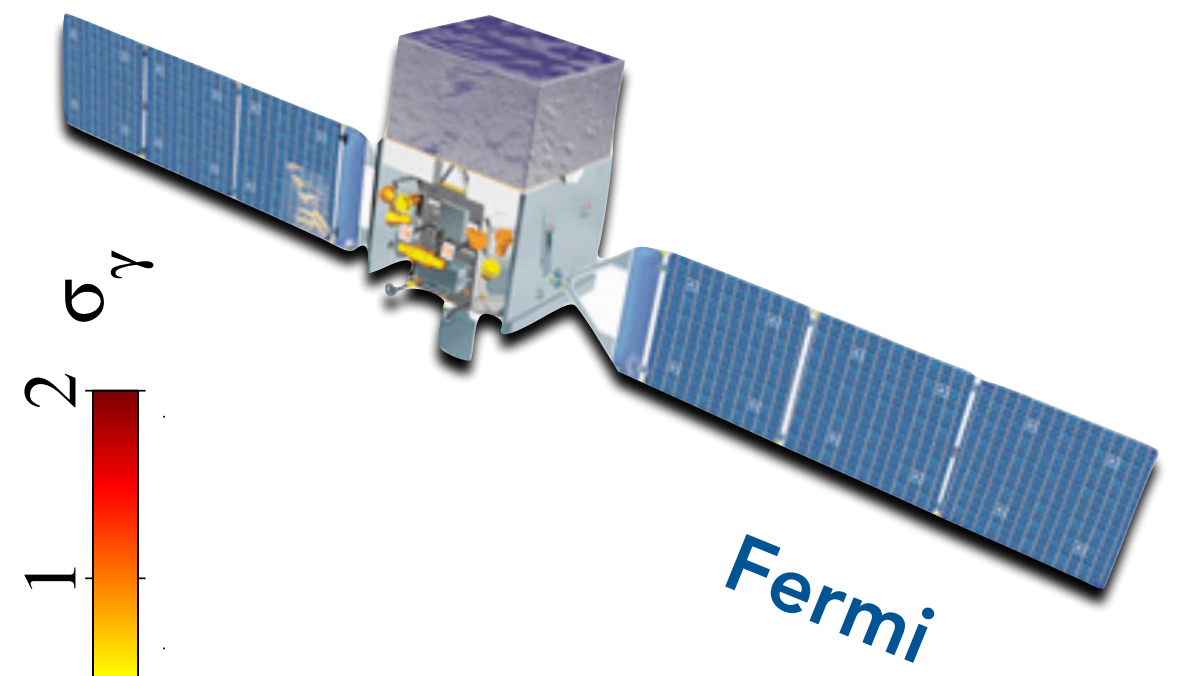
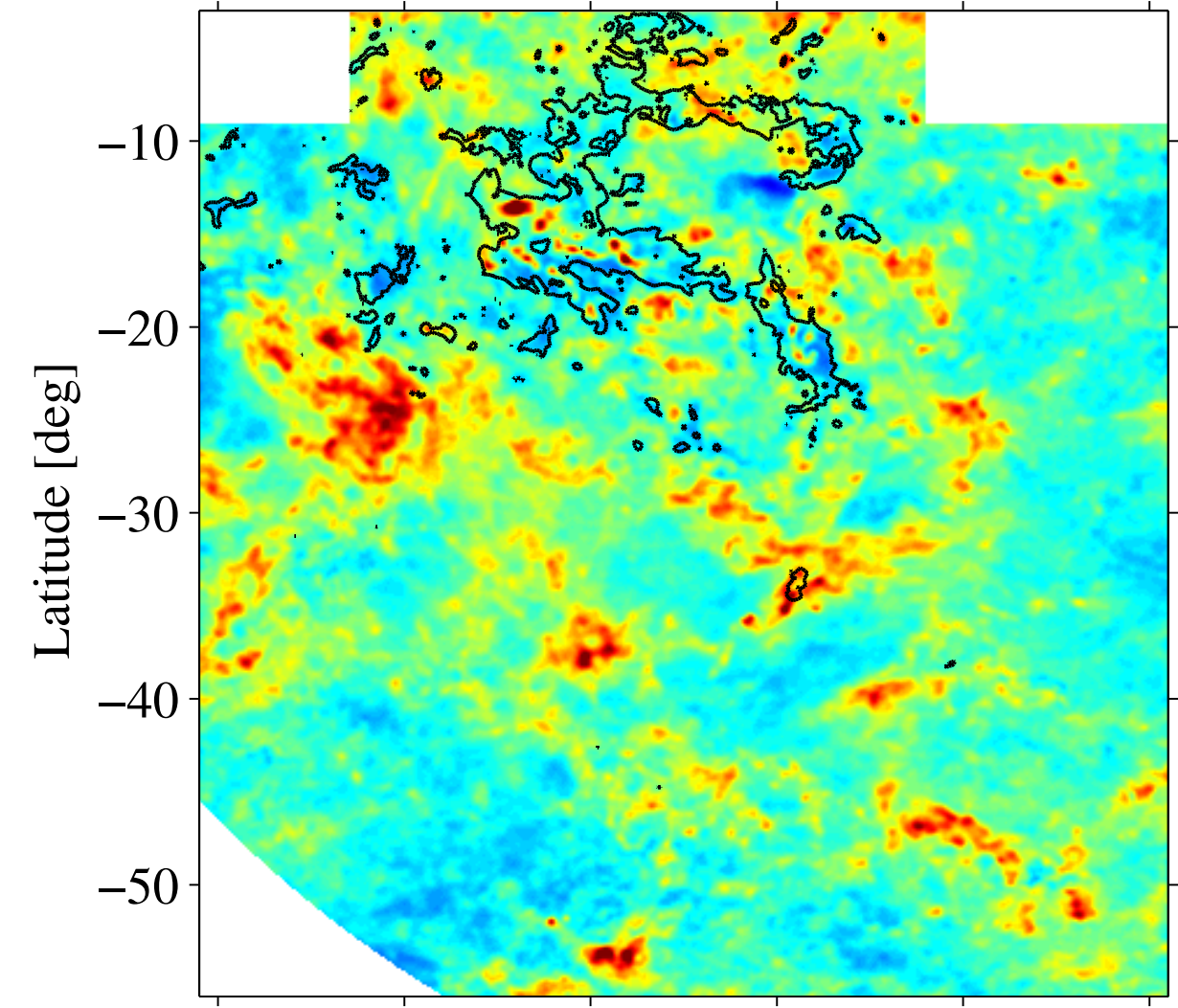
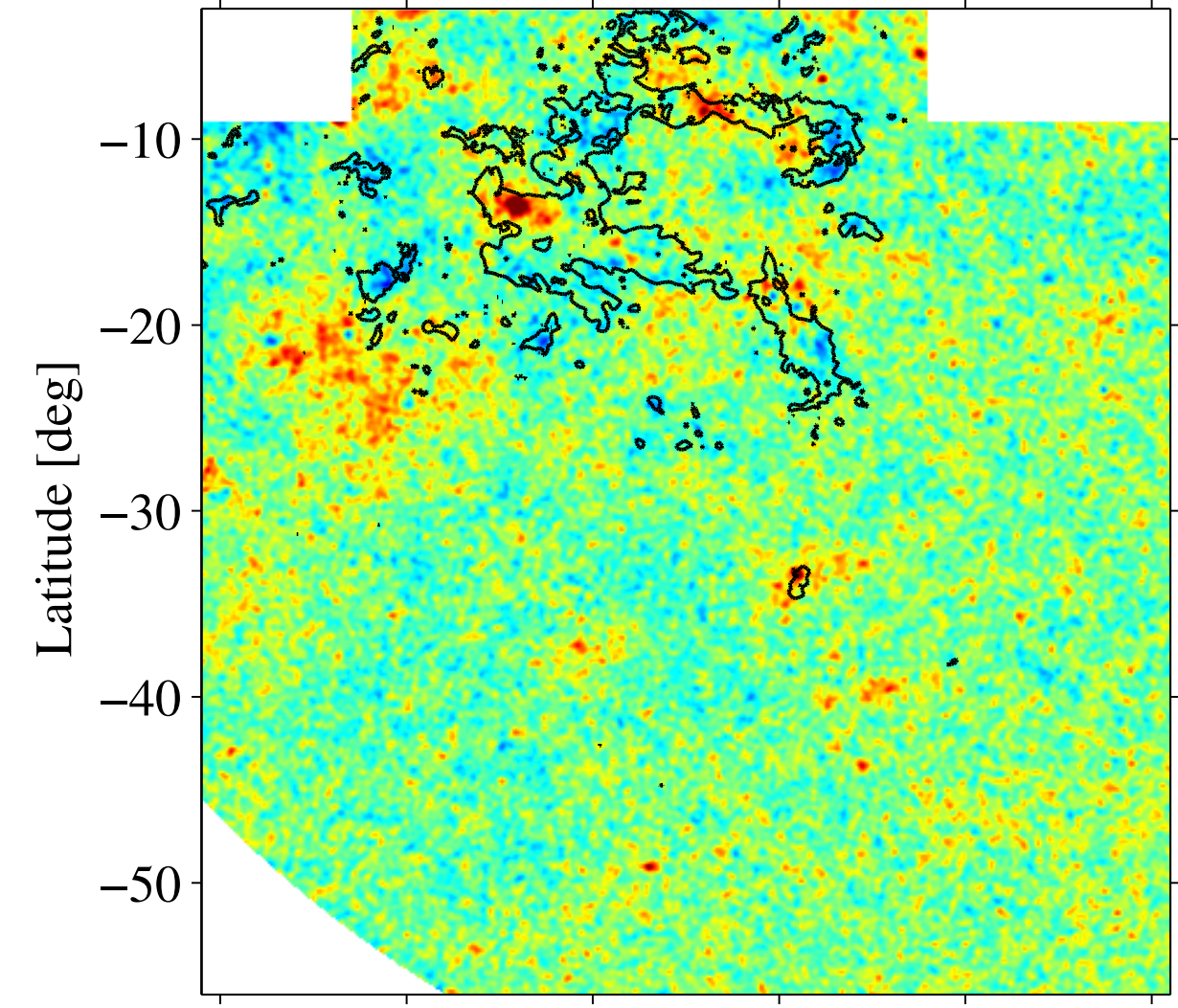
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Anticentre



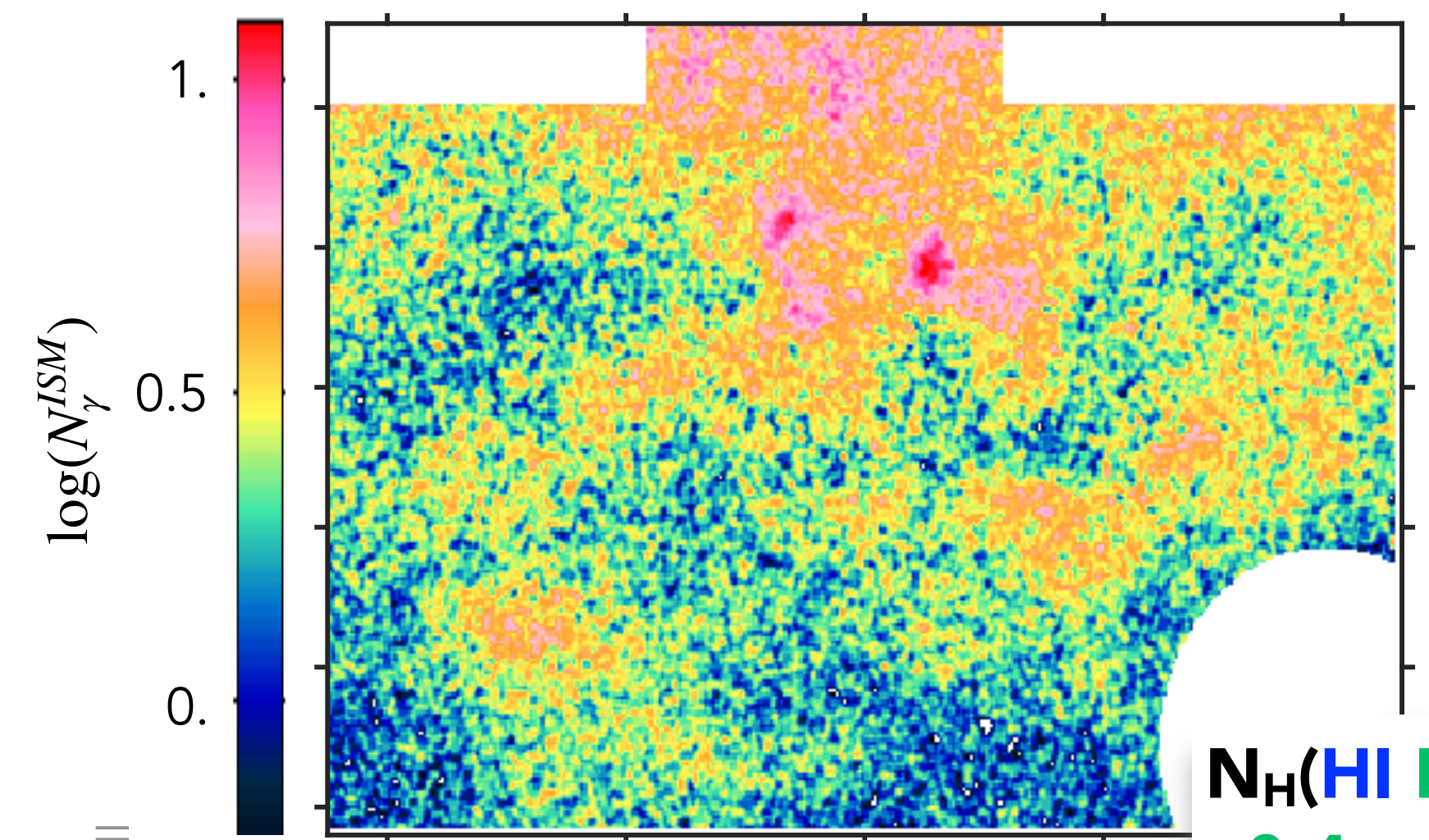
Planck+Fermi
2015 XVIII

Remy+ 2017

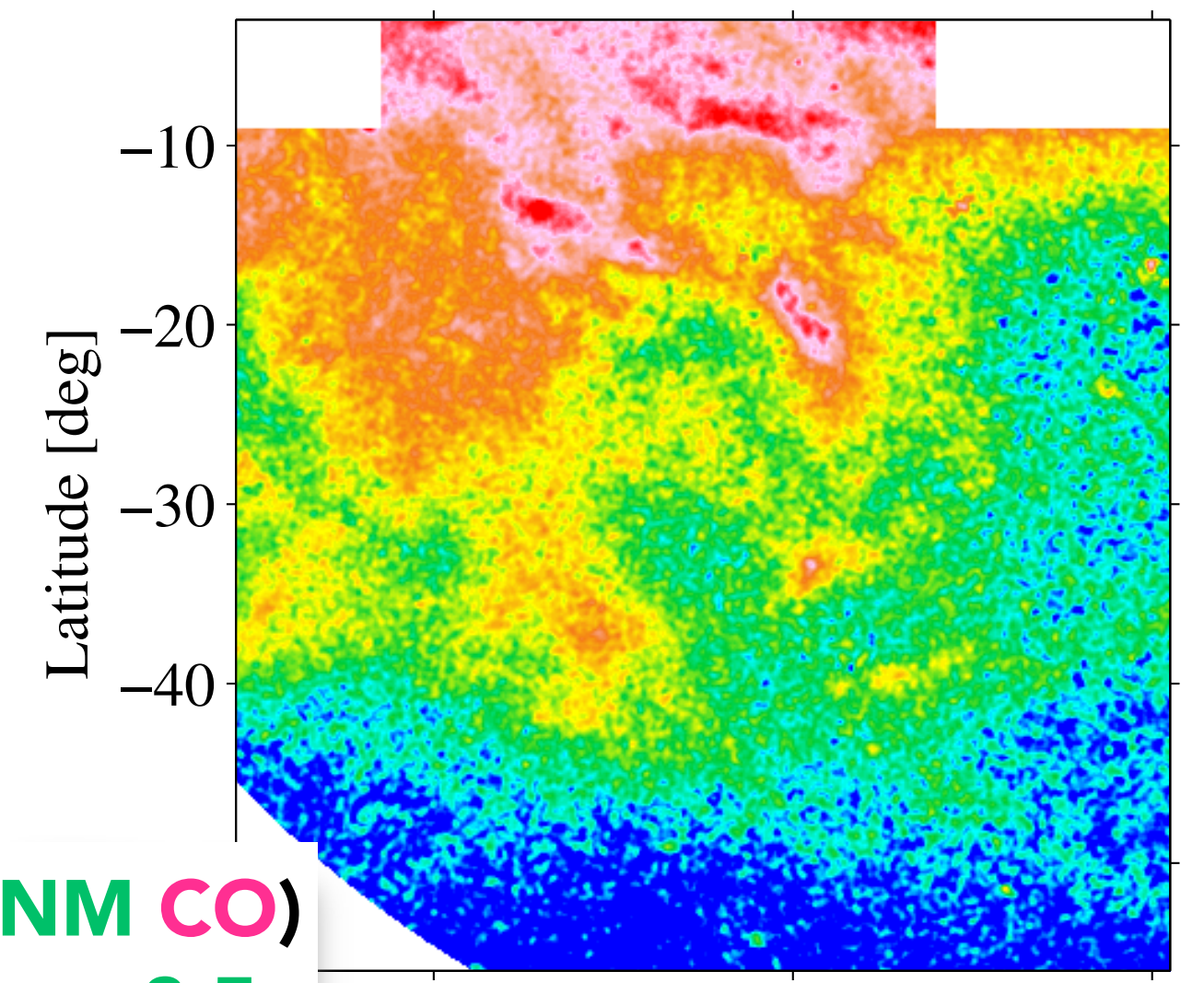
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Chamaeleon



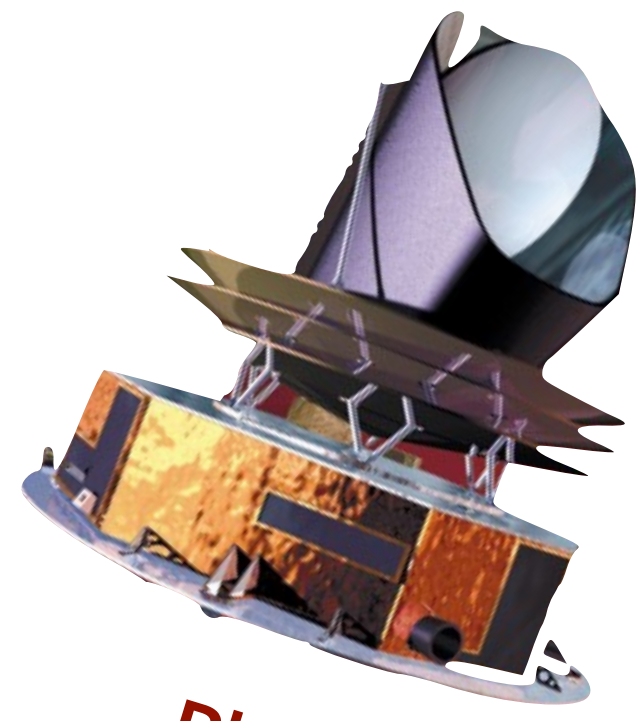
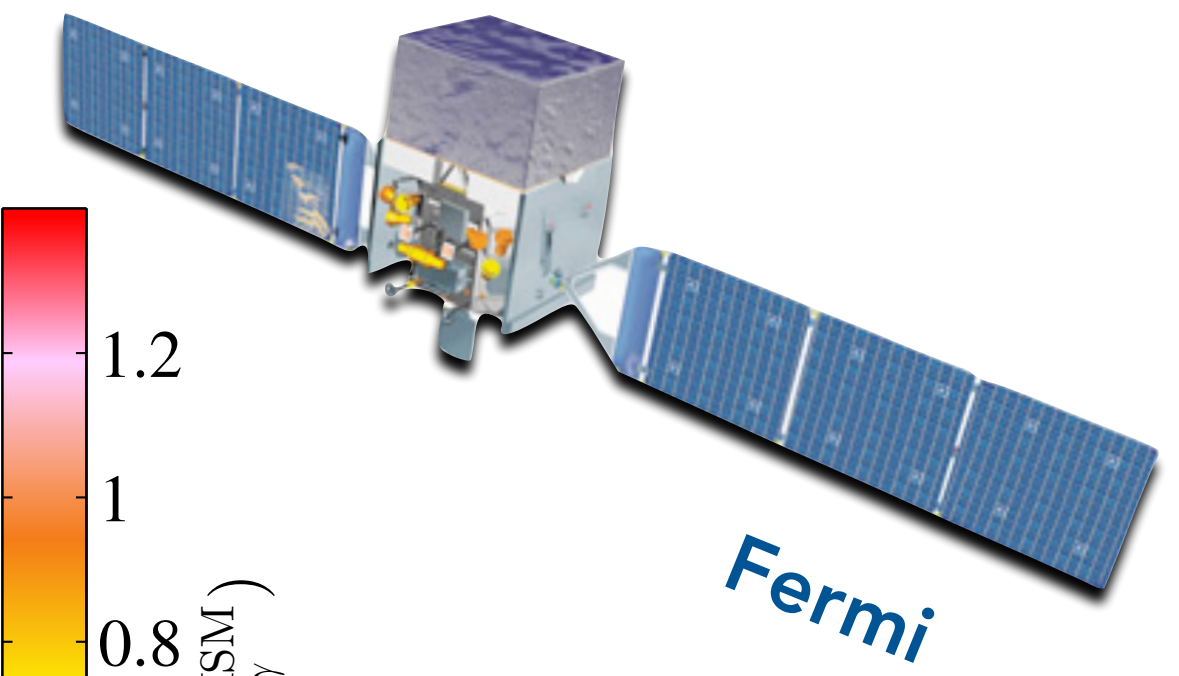
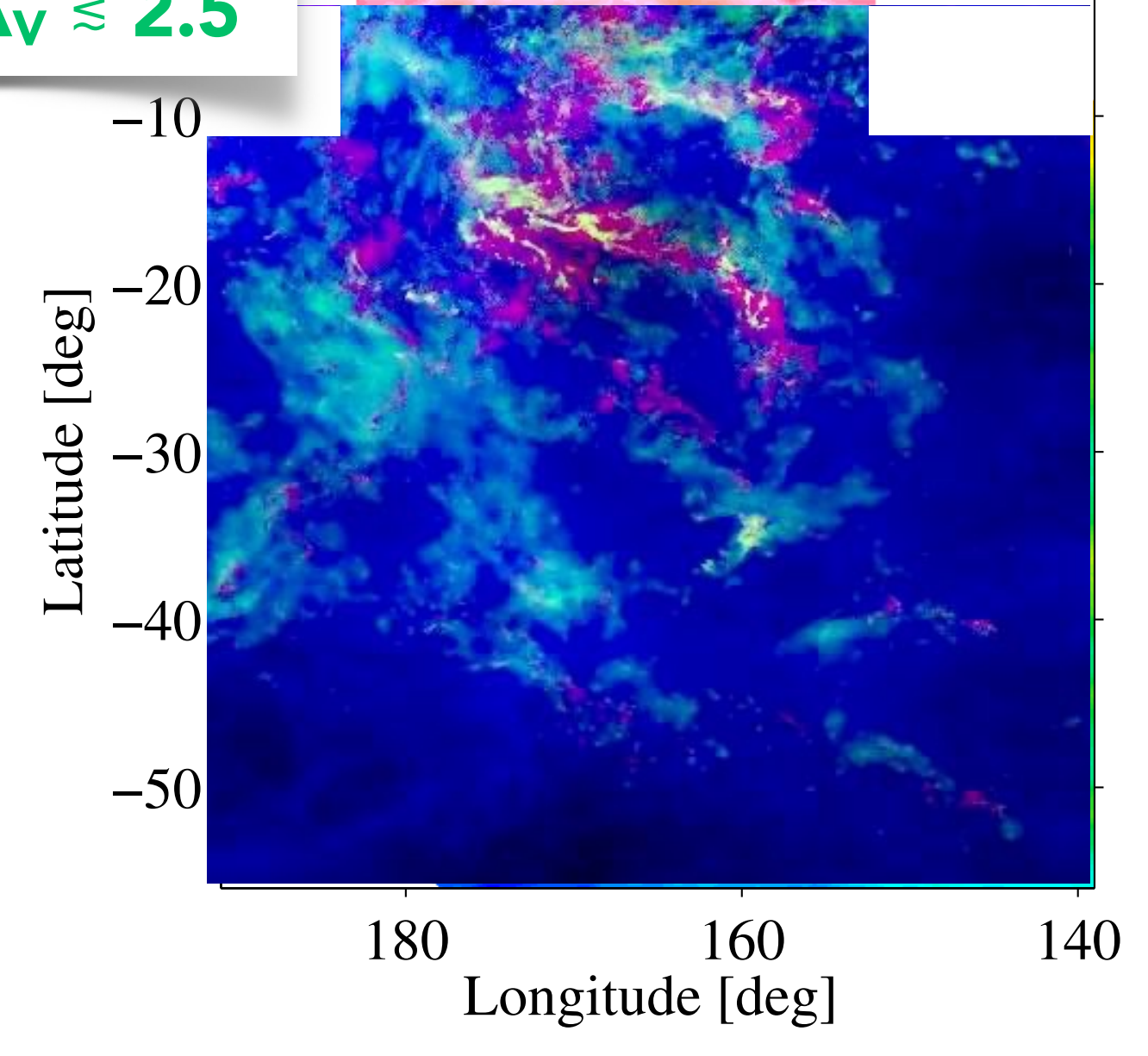
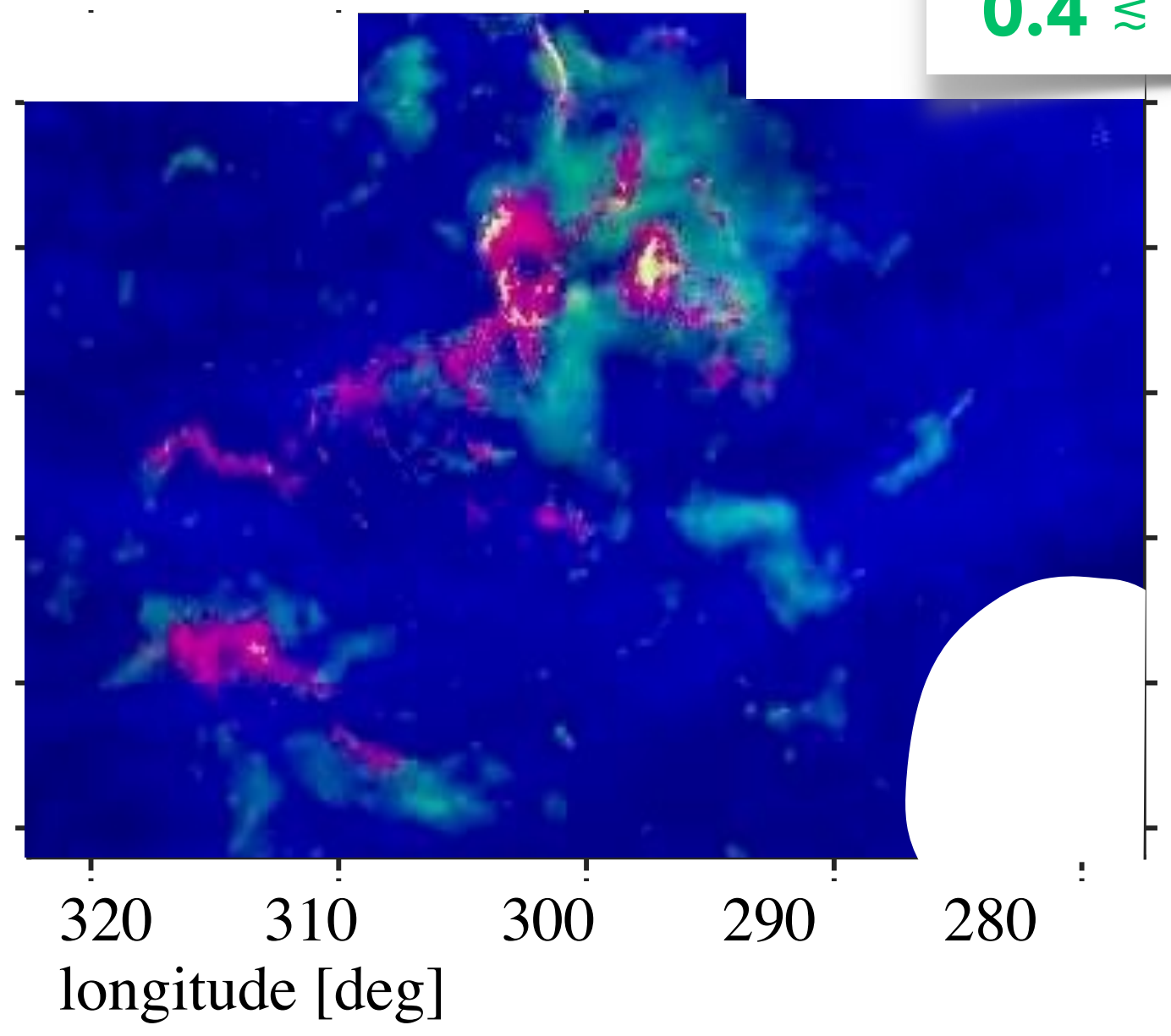
Anticentre



$N_H(\text{HI DNM CO})$
 $0.4 \lesssim A_V \lesssim 2.5$

Planck+Fermi 2015 XVIII

Remy + 2017



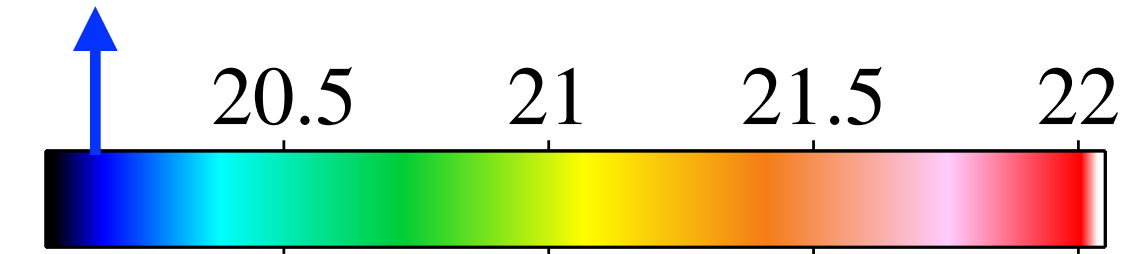
Planck
+IRAS

dark neutral medium

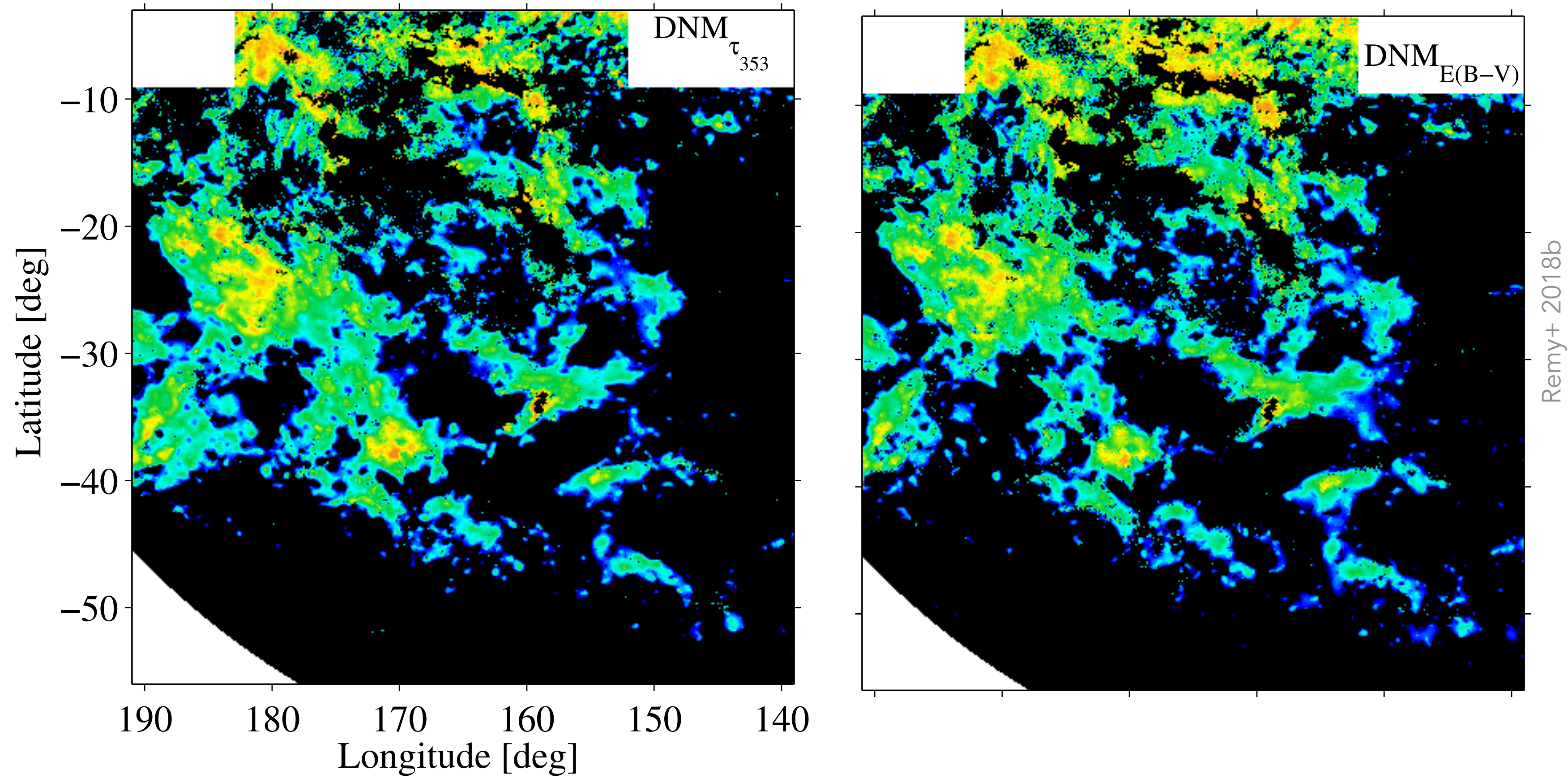
- $N_{\text{H}}^{\text{DNM}}$ rather independent of the dust tracer coupled to the γ rays
- not due to CO sensitivity threshold

$W_{\text{CO}} > 1 \text{ K km/s}$

$\log(N_{\text{H}}^{\text{DNM}}) [\text{cm}^{-2}]$



Anticentre



- CO in absorption

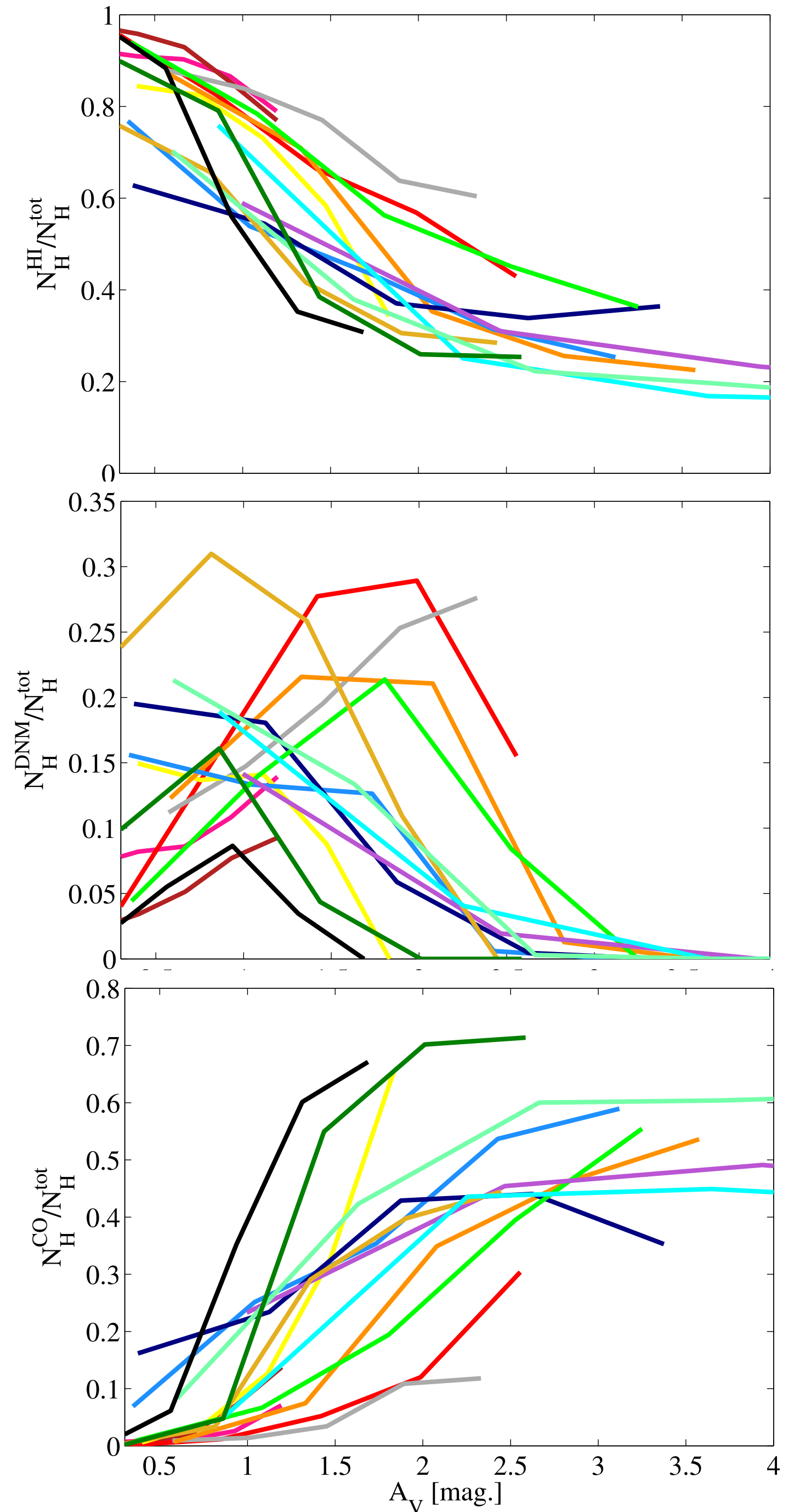
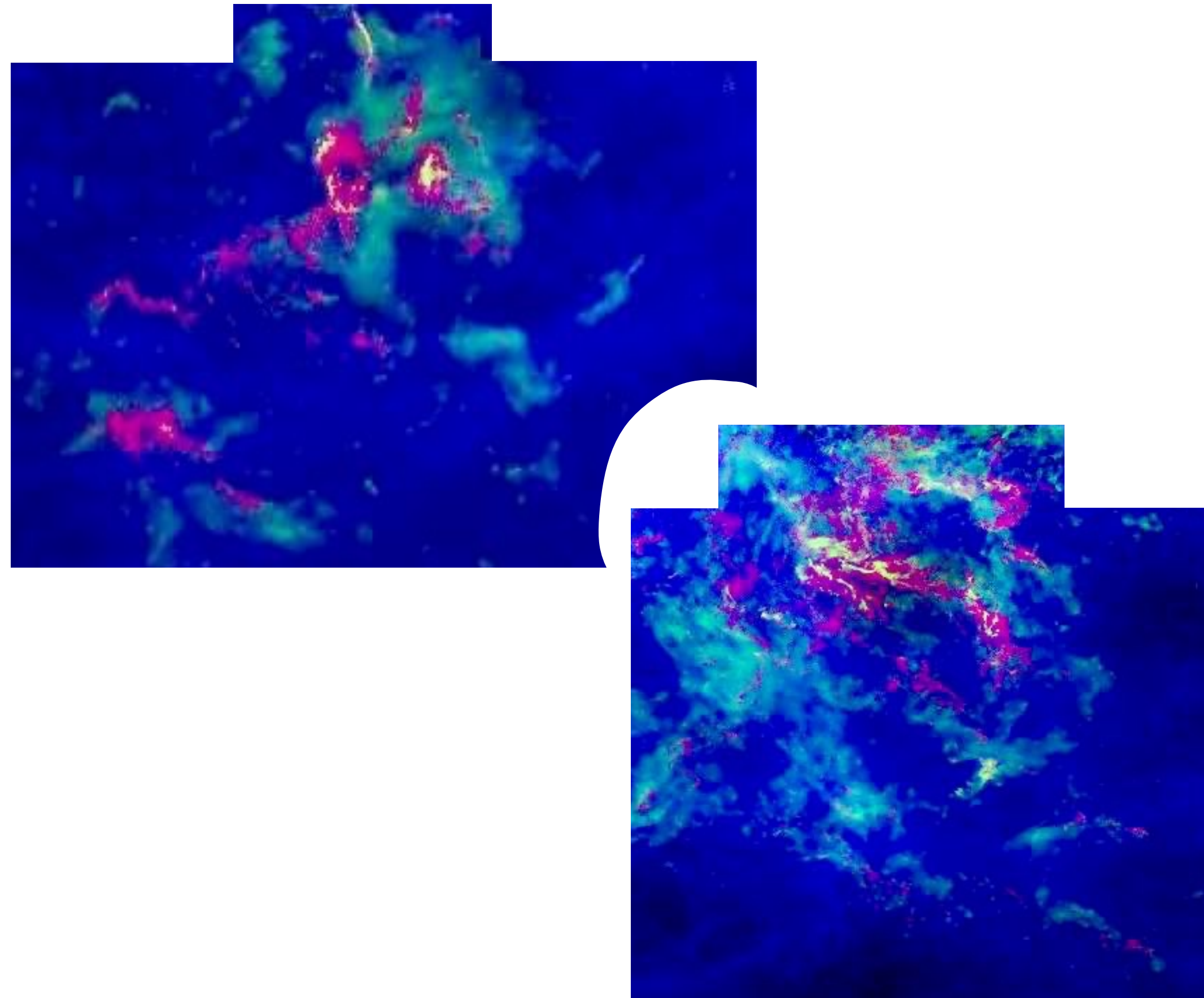
$$4 \cdot 10^{13} \lesssim N(\text{CO}) \lesssim 1.2 \cdot 10^{15} \text{ cm}^{-2} \Rightarrow 0.04 \lesssim W(\text{CO}) \lesssim 1.2 \text{ K km/s}$$

Liszt+ 2019

dark HI-H₂ transition.....

● at pc scale in nearby clouds:

- HI to DNM transition at $N_H = (8.0 \pm 0.6) 10^{20} \text{ H/cm}^2$
or $A_V = 0.4 \pm 0.03 \text{ mag}$
- DNM spans the CO-dark H₂ range in A_V
- DNM fractions < 30% because $N_{H^{\text{tot}}}$ includes the extended WNM HI envelopes

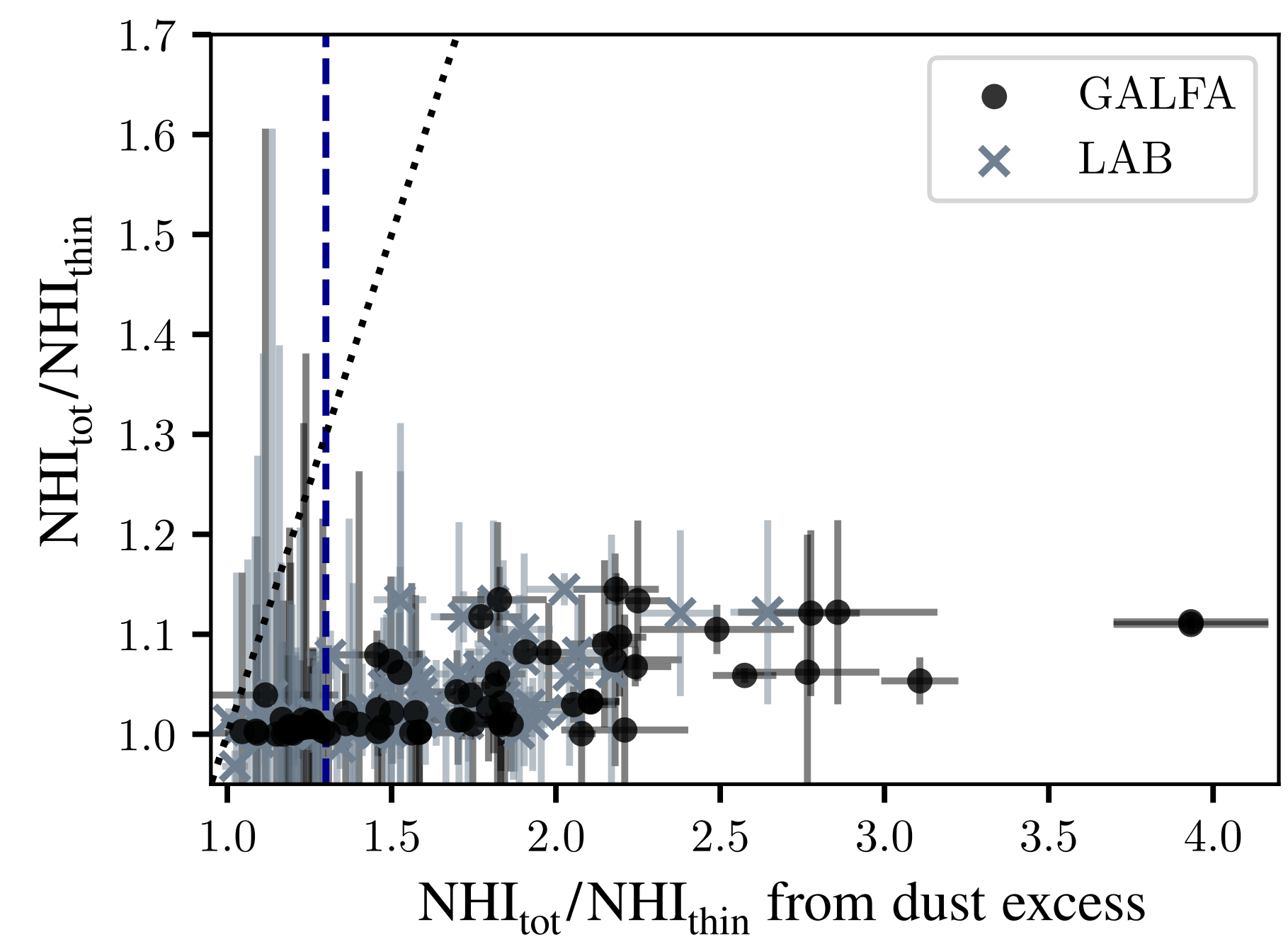
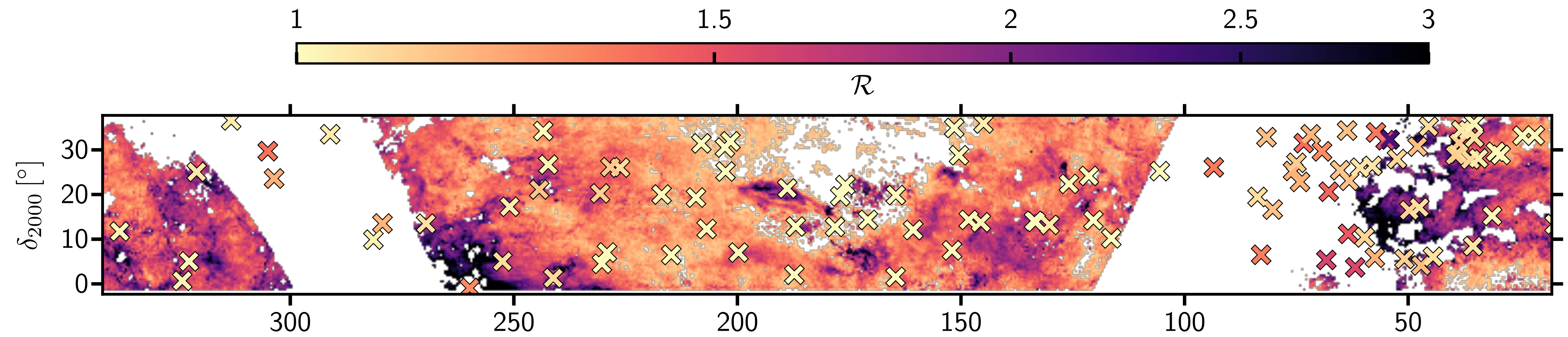


Remy + 2018b

Anticentre+Chamaeleon

not purely thick HI

- dust excesses cannot be explained by opt-thick CNM HI column densities => dust evolution
- small contribution from thick HI
- unrealistic pressures if thick HI blobs



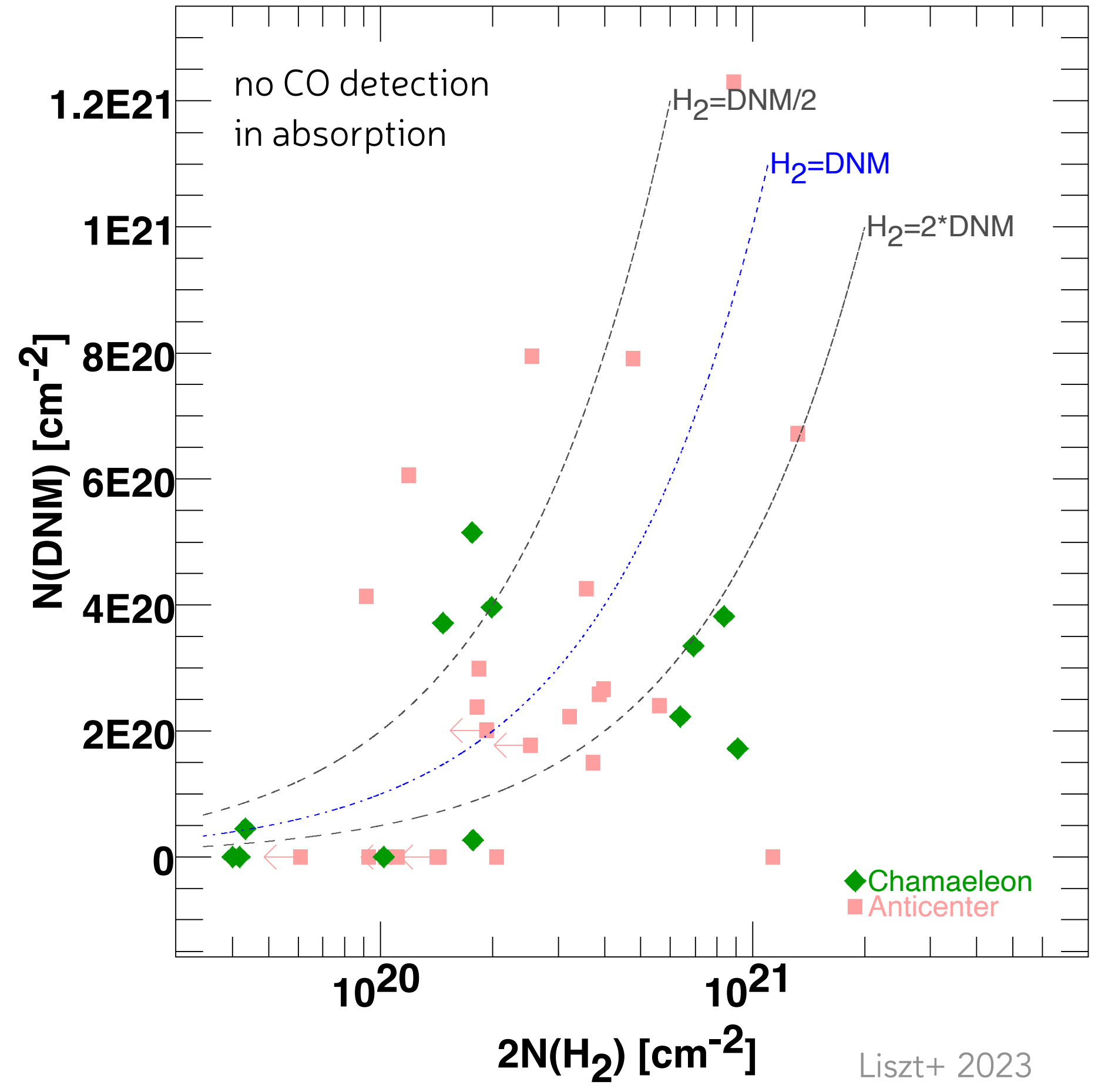
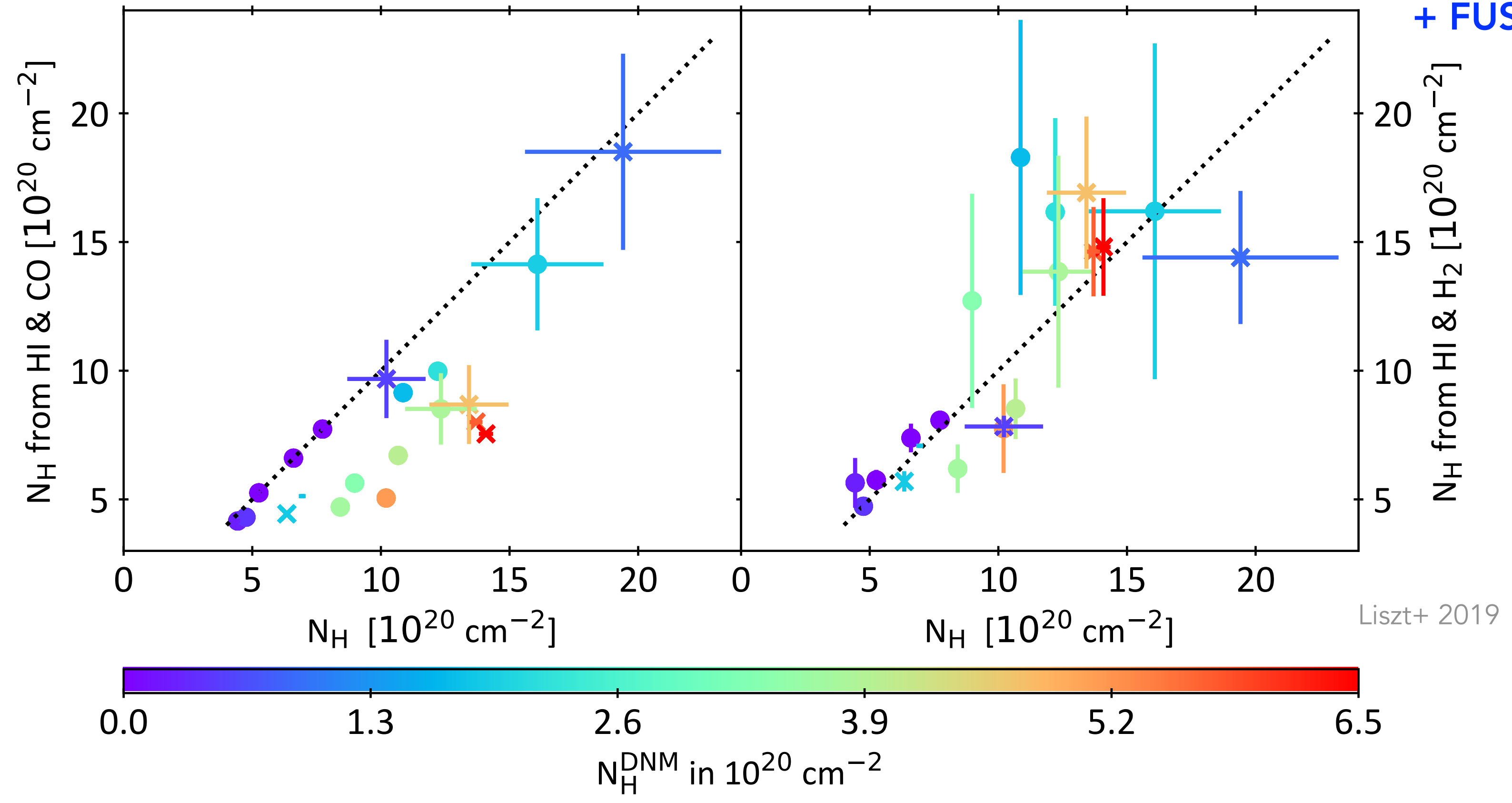
Murray+ 2018

diffuse H₂ around the Chamaeleon

$$4 \cdot 10^{13} \lesssim N(\text{CO}) \lesssim 1.2 \cdot 10^{15} \text{ cm}^{-2} \Rightarrow 0.04 \lesssim W(\text{CO}) \lesssim 1.2 \text{ K km/s}$$

- very faint CO
- diffuse H₂ accounts for the whole DNM gas along most sightlines
- no reservoir of dark H₂ undetected

$N(\text{HCO}^+)/N(\text{H}_2) = 3 \cdot 10^{-9}$
+ FUSE



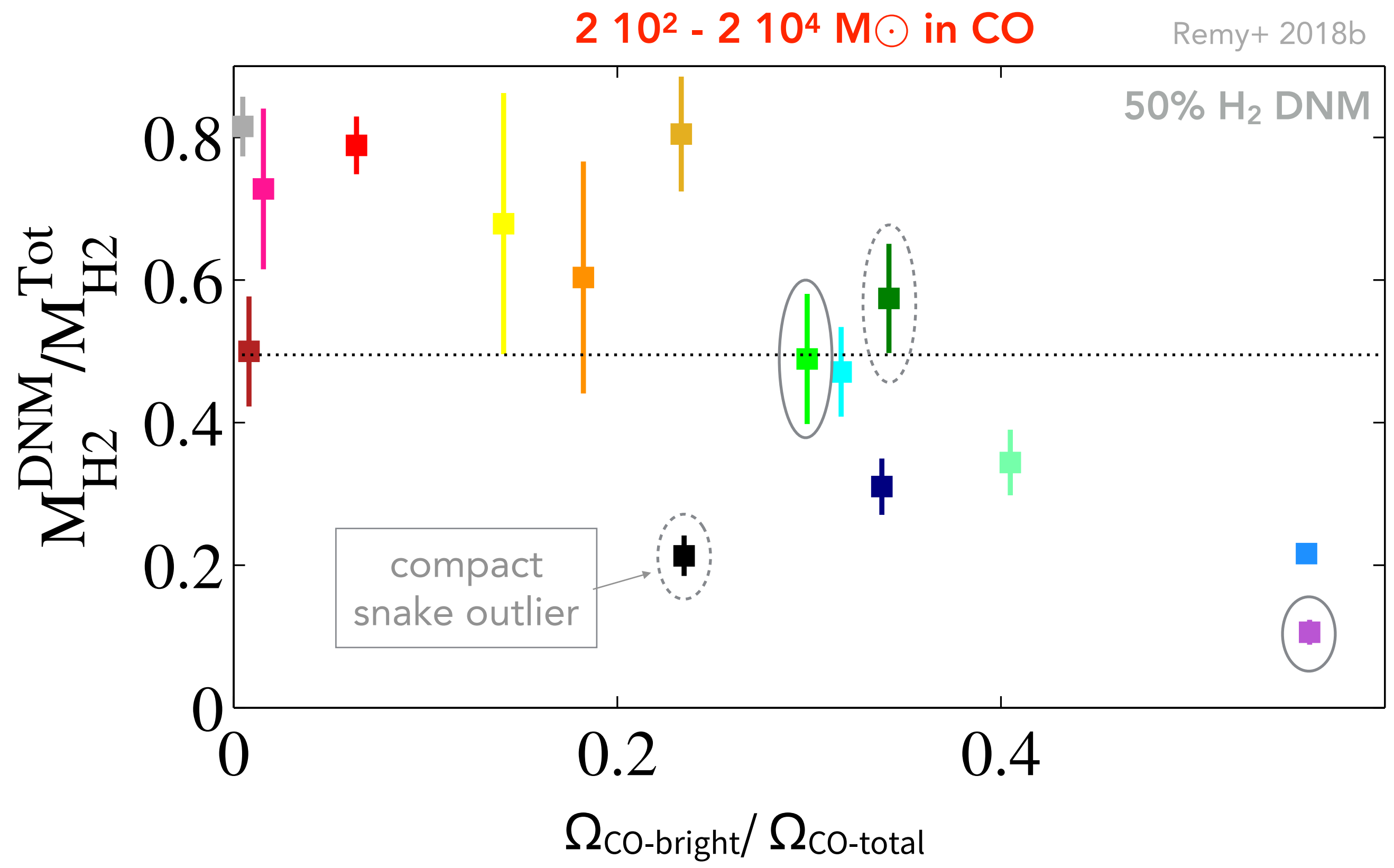
- challenges:
- find more mm-bright background sources
 - join absorption observations in HI and molecules (\Rightarrow radio+mm bright sources)

DNM fractions with cloud state

- more abundant DNM in tenuous CO clouds
- $M(\text{CO-dark H}_2) > M(\text{CO-bright H}_2)$ for clouds with peak $W_{\text{CO}} < 15\text{-}20$ K km/s
- large fractions wrt predictions
 - $\langle f_{\text{DG}} \rangle_{\text{Wolfire+2010}} = 0.25\text{-}0.33$, $\langle f_{\text{DG}} \rangle_{\text{Levrier+2012}} = 0.32\text{-}0.36$
 - $\langle f_{\text{DG}} \rangle_{\text{Gong+2018}} = 0.26\text{-}0.79$, decreasing with $A_V(\text{CO})$

- theory: little dependence on cloud mass or ISRF
- yet environmental differences in the same cloud complex

**DNM mass fraction variations due to UV screening/porosity ?
 time evolution? E_{grav} ?**



further reading

- low-energy cosmic rays : Padovani et al. 2020, Space Science Reviews 216:29, [arXiv:2002.10282](https://arxiv.org/abs/2002.10282), Impact of Low-Energy Cosmic Rays on Star Formation
- cosmic ray physics : Zweibel 2013 Physics of Plasmas, **20**, 055501 , The microphysics and macrophysics of cosmic rays
- GeV cosmic rays and the ISM : Grenier, Black and Strong 2015, Annual Review of Astronomy & Astrophysics, 3, 199–246, the nine lives of cosmic rays in galaxies, <https://www.annualreviews.org/doi/10.1146/annurev-astro-082214-122457>
- cosmic-ray transport and feedback on galaxy evolution : Ruszkowski & Pfrömmer 2023 eprint [arXiv:2306.03141](https://arxiv.org/abs/2306.03141), Cosmic ray feedback in galaxies and galaxy clusters
- the origin of Galactic cosmic rays : Gabici et al. 2019, International Journal of Modern Physics D, Volume 28, Issue 15, [arXiv:1903.11584v1](https://arxiv.org/abs/1903.11584v1), The origin of Galactic cosmic rays: challenges to the standard paradigm
- cosmic rays in super bubbles : Bykov, A et al. 2020, High-Energy Particles and Radiation in Star-Forming Regions, Space Science Reviews, Volume 216, Issue 3, article id.42, [arXiv:2003.11534](https://arxiv.org/abs/2003.11534)